

*Capital*



*Eighty Six*



Have a licker summer and be sure to  
get drunk and stoned plenty enjoy yourself  
Dave Coates

Matt. Wasn't  
but was a  
cool class  
that was  
stupid  
James

Matt  
have a great  
summer and party  
before I leave to see you  
Nancy - you better call dude!

Me Sam Danning  
a keg in August and fucked up students. I  
hope to see you there so we can  
have a lot of fun. I mean like party hardy.

James

Hey man,  
It's been a great year  
hesh't it. Well have  
to get together sometime  
this summer. Have a  
great year  
Kick and #1  
are

Robert T. Preston

Matt don't party too  
much this summer. &  
don't try too much. Great  
to know this year. See you  
next year. Maybe see you at  
a party this summer.  
Ken Bowen

Don't get too  
stoned this summer.  
well, never mind  
cause I plan to get  
stoned every weekend.  
anyway, get your car  
painted and have a good  
summer. IT was great  
knowing you. stay cool.

Mike Yo/Matt

Matt, I really a sweet  
person with a good  
party that was  
shredding



Long  
Love  
Tanner '86



Matt,  
Had fun  
with you in  
PE. This was a 52.  
great year our  
year will be better  
love  
Amy  
Rhealman

Matt  
What's up? Stay cool  
and start taking more and more  
Drugs, Drugs, DRUGS.  
Paul

Matt, have a  
killer summer  
Get fired, big time  
Pat & having

Matt,  
you are one hell of  
a guy stay in touch  
if ya don't ill hunt  
ya down. call me sometime  
(376-8001)  
love Shauna  
Blair

Matt,  
it was good to know  
you! We didn't  
get in enough  
trouble together  
or party enough  
so will have  
to make it up  
this summer.  
stay cool  
from  
Hallenbergs

## TALON 1986



Student Life

8

Organizations

28

Sports

78

People

130

One Word Says It All



Mathew

English & Gen  
have been a blast. Bio.  
was to when I was in there.  
I always <sup>remember</sup> you'd go for  
the wild one. Well, maybe  
see ya this summer. Have  
a great life. your friend  
ZyDing

hey dude  
to go do some part  
next year or during  
the summer or see  
you later  
c. Huck DeLano

math,  
it was fun being  
your next door neighbor.  
Have a super summer.  
Stay cool dude.  
Kim Smith  
"86"

math,  
you're a real sweet guy  
even though I haven't seen  
the inside of your car.  
Stay cool! I want you  
to know I have a phone  
so call me.

P.S. Love,  
Andrea  
322-5593

math!  
it was wonderful  
having you in Biology!  
I never would've passed  
without you! (Haha!) thank  
for being so cool! See ya next  
year when I'm a SENIOR!!

Later  
Babe!  
Radical  
Shelley '87!  
Rice



# TALON 1986

*Capital High School  
8055 Goddard Road  
Boise, Idaho  
Volume Twenty One*



CALL ME SOMETIME  
SO WE CAN  
DO IT TOGETHER!

375-2347  
DANA QUINN

25. FRODO  
LET A LOT OF LIVE  
YOUR LIFE  
RIGHT!



*The Spirit of Excellence Generates Feelings of  
Warm Camaraderie*

*The second hour bell rings; a calculus student sighs in relief, "Finally, my test is over," He leaves Mr. Kluksdal's class for his locker, glad break has finally arrived. "You want to go to the cafeteria for a cinnamon roll?" a friend asks. "No thanks, I have to study for an AG test," the calculus student replies turning to his locker for his books. Elsewhere in the school, a Sophomore Student Council member phones her mom. Guess I won't be home after school. I have to make posters for the game."*



AFTER A BIG dispute, Brian Fidler evenly divides the candy bar between Ron Wardle and John Richardson.





AWED BY THE selections listed, Derin Dildine can't decide between all the Coke products.

Matt; well dude its been fun. your love by  
-sue & Andy, so it will more than ~~see~~ likely  
see you again sometime. *Downy Philly*



AWED BY KEVIN Dibelose's decision, Eric Sheesley listens to Kevin intently-after taking the Pepsi Challenge.

HOPING IT WILL balance by itself, Mike Rishel weighs his bowl of Chicken Noodle Soup



LET THE GOOD  
TIMES ROLL!  
WEAVE  
KNT

Matt -  
Camaro and get  
fucked up over the  
summer long party  
high school

Matt - Hey we've had some  
great times in class being tardy -  
 goofing off - writing notes - getting  
 into trouble! You know the drill every  
day BS. Hope ya have fun in grad  
car and don't forget to give me  
a call when ya ready! My parents  
should be gone abt this summer (known)  
Partytyme! Love Melissa (5738)



DURING GERMAN CLASS, Doug Gamel proves he has the fastest shoe in the West.



*"O.K." her mom replies, "Have fun, try to be home by five." "Sure, Mom, see you later." Something was different about Capital this year. There was a new attitude and everyone liked it. Students were working and achieving together. Excellent or first-rate as a definition for "capital" just didn't suffice. Together, students supported their teams, their clubs, and most of all, their school.*



CAPTIAL'S MARQUE EXPRESSES the view of hundreds.





BEFORE A BIOLOGY quiz, Mark Jensen tries to remember where the nucleus is on Matt Simco's cell cake.



NOT UNDERSTANDING THE question asked of her in chemistry, this unknown junior calls the information operator for assistance.



AFTER HEARING WHAT was in the lunch she ate, Sara Pursley knew it would be a bad day.



DECIDING WHETHER TO WRITE a story or a letter, Margaret Callao's mind wonders aim-  
[away]

TRYING TO DECIDE whether or not the specimen in the slide is a cell or a bubble, Brett Plummer investigates while Kyna Swanson awaits his decision.



TRYING TO BUILD THE perfect pyramid, Jennifer Keenan and Gina Masgrove find out it takes more than two people





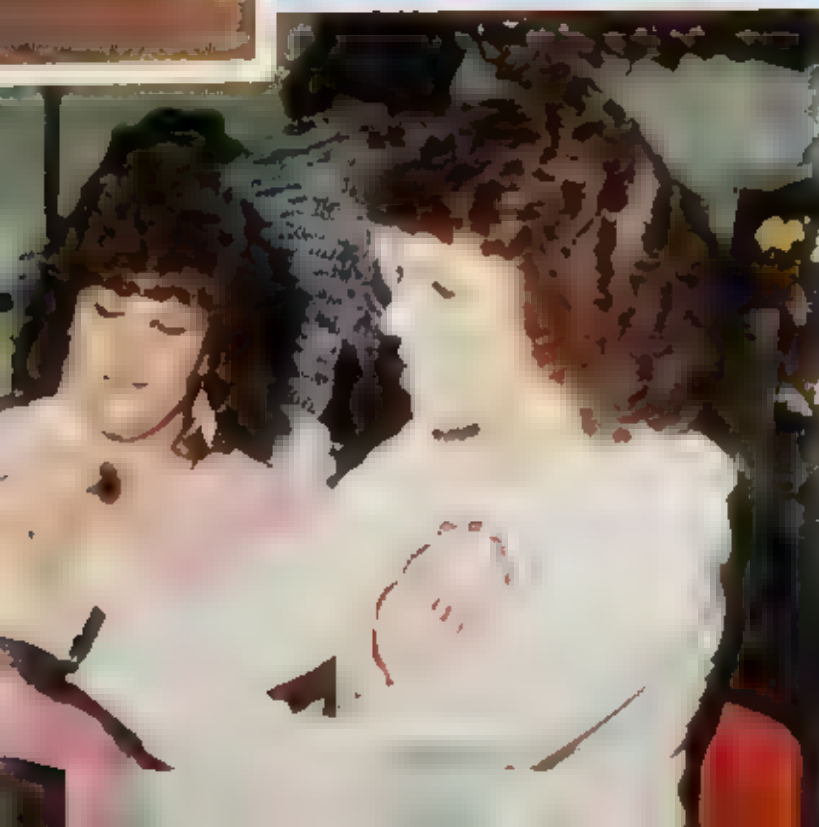
*"No one knew why the school united into a "family." It was a feeling in the air-an air of excellence; an air of superiority. It was people recognizing the "C" on a letterman jacket and saying, "Look, Capital." Most of it was knowing we were the best. Because, one word said it all-Capital!*



WITHOUT LOOKING Dan McLaughlin decides which of the Dating Game contestants he will ask to the Prom

DURING CLASS, Niki Grimes and Cheryl Harding try to decide which of their boyfriends will receive their project

One Word Says It All  
CAPITAL





# Student Life

Hey John, I'm having a party this Friday at my house after the game. It will probably start about 10:45. Be there if you can." "Kelly, do you remember when Forester comes to Boise? Let's see if we can get tickets." "Say Jan do you want to go with me to dinner and the Christmas Dance." "Mark, let's go eat pizza today at lunch." Sound familiar? For students at Capital, it was our way of life—our social way of life. From a midnight movie at the Mann Theater to a weekend ski party in McCall, every student participated in as much outside activity as possible.

But the social life of a student wasn't always outside school. Many students supported the Eagle teams by going to games and meets, standing through football and basketball skirmishes. Dances, concerts, drill team shows, car caravans, and spirit days all drew enthusiastic backing during our high school career. We wore black and gold and proudly let people know we were Capital High. We had spirit, yes we did!

While a very important part of school, extra-curricular activities didn't consume all our time. Many of us had jobs that took several hours a week. Most importantly, we spent many hours of hard work with the books, trying to maintain good grade point averages to prove our academic ability and to justify the high expectations of our parents.

SEEING THE SCORE the fans thought that the game against Bonneville would be more of a challenge.

A VOLKSWAGON BUG always has the chance to show off its new paint decoration to the rest of the school.



## THE CURTIAS HOP

NG for t

2000

2001

2002

2003

2004

2005

2006

2007

2008

2009

2010

2011

2012

2013

2014

2015

2016

2017

2018

2019

2020

2021

2022

2023

2024

2025

2026

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2032

2033

2034

2035















DURING THE MEETING, A GROUP  
 OF STUDENTS WERE AWARDED  
 AWARD FOR THEIR  
 SERVICE TO THE COMMUNITY



SHOWING OFF THE SPOTLIGHT ARE A  
 MISC. TOP THE STOR





# Football Bustle

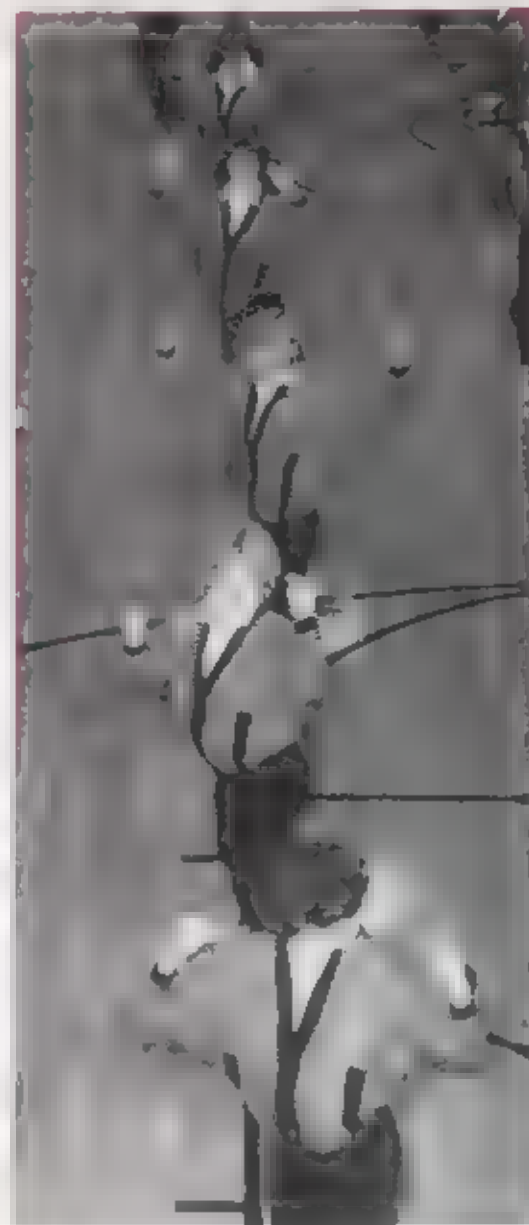
Before first period, Suzie knew it was a special day. She noticed many students clad in black and gold, just plain sight for a Friday. Seeing numbers on the jerseys, she soon remembered it was Friday night football. Teachers and students were all excited to see the football assembly. Youth was the first and future reference. However, Mr. Johnson's voice over the PA. Again, Suzie smiled, anticipating a change in her daily routine.

THEY WERE ALL HERE FOR THE FOOTBALL ASSEMBLY.

Between the amusing skits at the football assembly, the assemblies were always entertaining.

Time passed quickly and the bell at the end of first period awakened Suzie. She realized that's how the excitement of a game was would begin. Mr. Johnson's welcome voice came over the PA, directing the students to the gym. As Suzie walked to her locker, she signed happily for Friday night football.

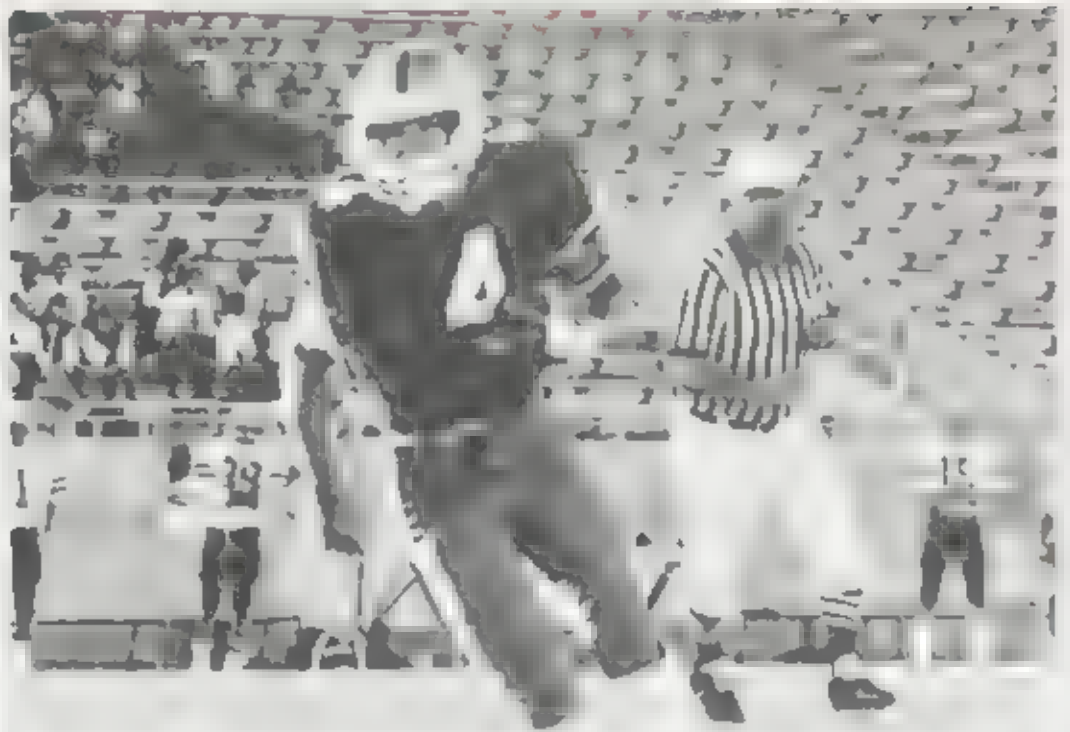
THEY WERE ALL HERE FOR THE FOOTBALL ASSEMBLY.







SEVERAL OF THE ROWDIES  
KICKED OFF THE  
AFTERNOON



THE CAPITAL CROWD WAITS patiently for  
the arrival of the Capital High students  
from

SEVERAL OF THE ROWDIES hit the streets to  
show Capital High is #1





323 1228  
 is with  
 even better  
 slowly  
 common  
 7

# Steppin' Out In Fashion

The different colors leaped out at me as I searched through the many racks of clothing to find exactly what I was looking for—a white, short-sleeve shirt. Finally after a long and fruitful search, I found it amidst the floral jackets and neon sweaters. Now I can look good for school tomorrow.

Shopping has become an ordeal. Stores race to display the latest fashion before their competitors. Tons of people, in a small store, search through and inspect every piece of merchandise to ensure they purchase up-to-date clothes. The fads change with every season but the different groups of people that make or break the fads remain relatively the same.

There are as many types of clothes as the people that wear them. They range from the trendy to the conservative followed by the mod. The trendy wear anything shown in magazines to stay on top of the fashion scene. The conservative aren't so obvious with their dress wearing "low key" clothes. Finally, the mod wear whatever they feel and display the "care free" style.

These groups come together to form an "All American" style. People, now, are able to show their personality through the clothes they wear.

## CONSERVATIVE

Digital watches  
 Thin, gold chains  
 Argyl sweaters  
 Crew-neck sweaters  
 Sweater vests  
 Sweat shirts  
 Oxford shirts  
 Polo shirts  
 Athletic socks  
 Topsiders  
 Tennis shoes

REALIZING HE MAY GO to B.S.U. instead of U. of I. John Eidam concentrates harder on aceing his exam.



## TRENDY

Swatch watches  
 Fluorescent wrist bands  
 Faux-pearls  
 Paisley  
 Mixed Plaids  
 Coca-Cola clothes  
 Striped pants  
 Big shirts  
 Stone-washed, printed jeans  
 Colored S.O.'s  
 Colorful, printed socks  
 Hawaiian shorts  
 Bi-level hair

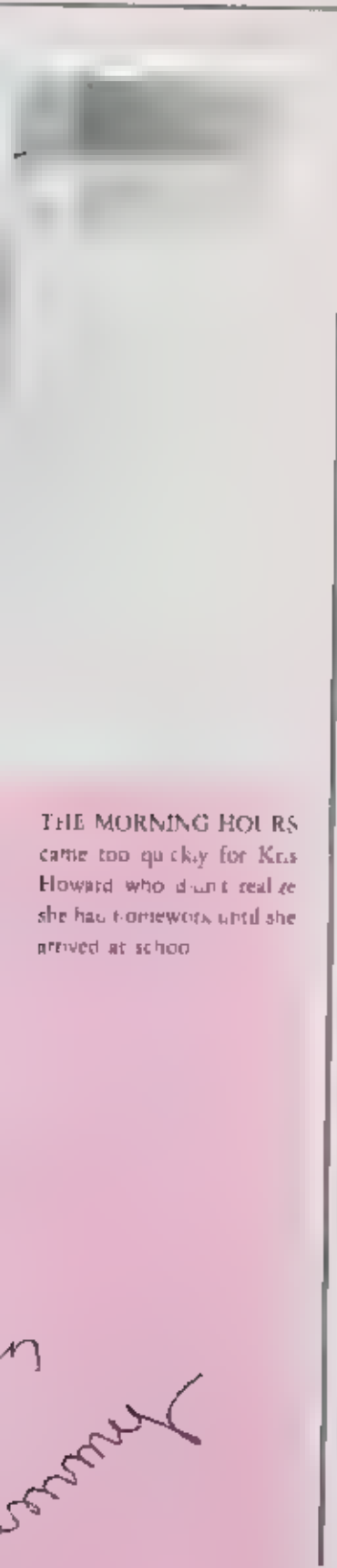
mate  
 Jessie - real open  
 guy and people  
 real sweet man  
 he did see you  
 then summer  
 when I'm in there  
 in my dad's  
 father's car  
 L.A.





Wind-up watches  
Long earrings  
Layers of faux jewelry  
Pasties  
2nd-hand clothes  
Bermuda shorts  
Cut off 501s  
Baggy men's shirts  
Long, flowing skirts  
Brokenstocks  
No socks  
Short, Asymmetrical hair

AFTER CLEANING HER locker Lisa Gabbert discovers the moldy sandwich from her lunch last month



THE MORNING HOURS  
came too quickly for Mrs  
Howard who didn't realize  
she had homework until she  
arrived at school

Thank you  
for the  
information  
provided  
regarding  
the  
moldy sandwich  
found in  
my locker  
last month  
Cheryl

James









DOING HIS BEST — Grand J. Mr. Schmitt, Max  
Bader at the ... ..

SINGING HERE ON ... ..  
Takes ... ..



... ..  
... ..  
... ..



*Foreign clubs, Band, Drill Team, the ASB*

*and the Choirs carry out the tradition of*

## **OKTOBERFEST, 1985**

As I approached the school's cafeteria, sounds of very loud laughter and music could be heard throughout the corridor. I had no idea what to expect from this year's Oktoberfest.

I was standing there and observing the scene, when a friend, Mark, came up to me. "Hi Karen, how are you? Come over here with me." I followed him over to the corner where the Capital Singers had their booth. Several guys were sticking their heads through a hole in a cardboard box only to be bombarded by very wet sponges thrown at them. Occasionally, one of the Drill Team's cakes would be substituted for for a sponge. I laughed to myself and concluded that this was going to be one very fun filled evening.

Like the Capital Singers, several clubs participated in the fun activities of Oktoberfest with their games and food stands. Each foreign language club had food representing their specific country's culture. The German Club had their traditional German Sausages, Spanish Club had Nachos, and the French Club had crepes. But it wasn't all food, each language also had an entertaining game for spectators to play, from the French Club's Palm Reading, to Spanish Club's Bee Bee Shoot. The German Club even had a Ping Pong toss. The Drill Team, Band, and the ASB also contributed to this year's Oktoberfest. The Drill Team had a Cake Walk, the Band sold Eagle Pride sweatshirts, and the ASB sold rootbeer left over from the day's Homecoming activity.

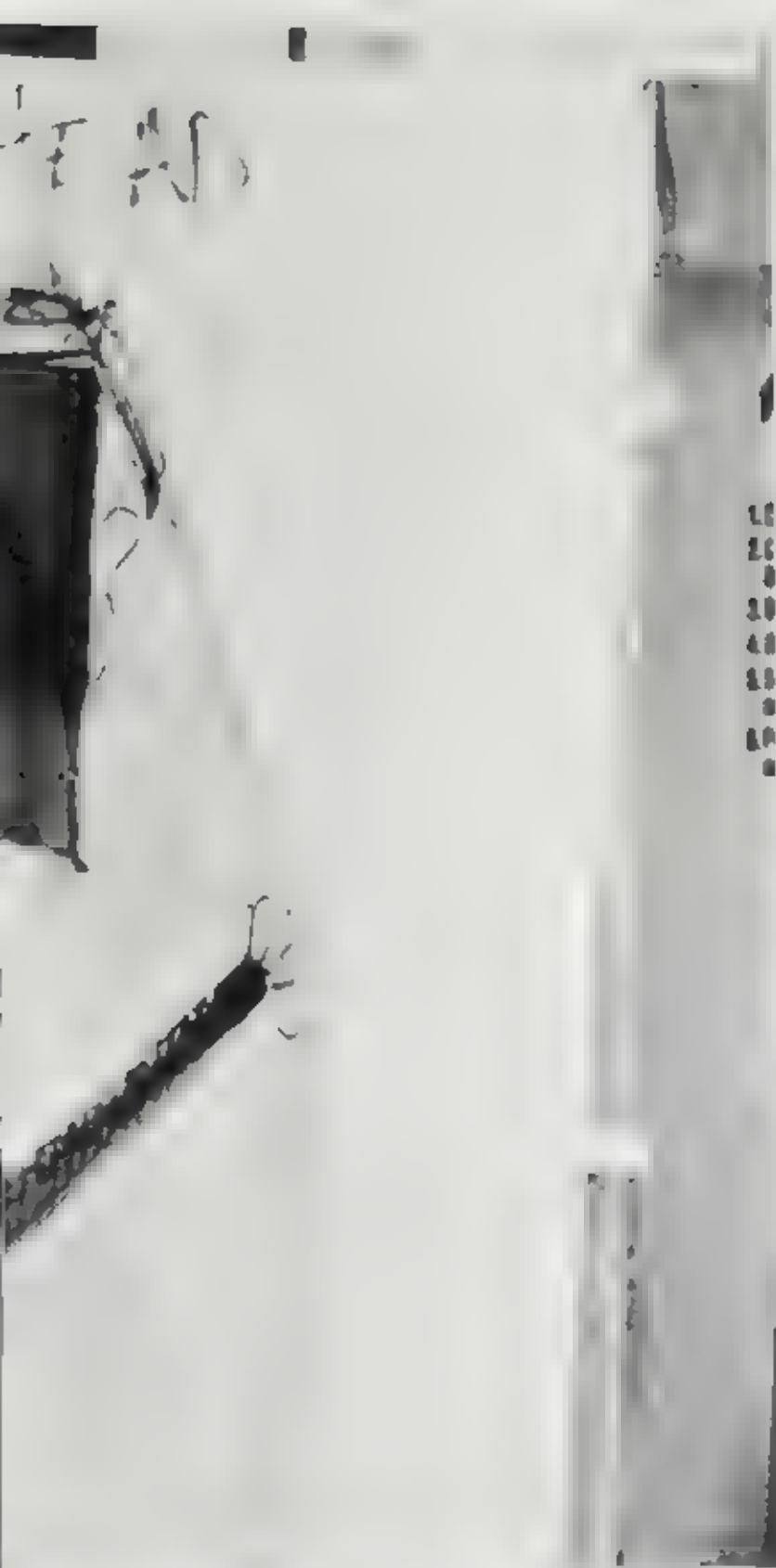
So as the laughter proceeded and the fun went on, I smiled. It was Oktoberfest 1985, Capital Style.



PRESIDENT OF FRENCH CLUB MARY







BELOW: SENIOR PAULINE A. BROWN, JR. SENIOR IN WAY OF THE FUTURE



SENIOR IN WAY OF THE FUTURE

SENIOR IN WAY OF THE FUTURE

## *Record Lows, Icy Streets, Smog: Christmas in Boise.*

Shivering students decked the halls of Capital during the Christmas season. The annual hall decorating contest helped promote the holiday spirit. The theme of the sophomore class' hall was Christmas Around the World. The Senior's intended theme was Christmas in Cambodia, but they were not allowed to use their idea. The winner of the hall contest was the Junior class with their theme of "Christmas in Boise".

A great disappointment of the season was the cancellation of the participation of all bands and drill teams in the Holiday Parade due to icy streets and cold weather.

Some students felt as if Christmas came too early this year. This may have been because there were only three weeks between Christmas and Thanksgiving. As students were out shopping and making their lists for Santa, the Capital choir was busy preparing for the Christmas Assem-

bly. This year the assembly was, as always, terrific. The choir's hours of preparation paid off in their performances. Dana Hardy's "silent" solo stunned the audience, while Shannon Walker, Matt Shona, Kevin Torrey, and Bryan Ropp made a great quartet singing "The Book of Love".

The assembly ended with a visit from St. Nick reading his list of wishes.



THE GOLDEN GIRLS GAVE A stunning performance during a Christmas basketball game.







EDUCATION OF THE CHRISTIAN ASSOCIATION  
SHEPHERD OF THE LAMB

AFTER FOUR YEARS OF TOURING THE  
COUNTRY OF THE LAMB



EDUCATION OF THE CHRISTIAN ASSOCIATION  
SHEPHERD OF THE LAMB

AFTER FOUR YEARS OF TOURING THE  
COUNTRY OF THE LAMB

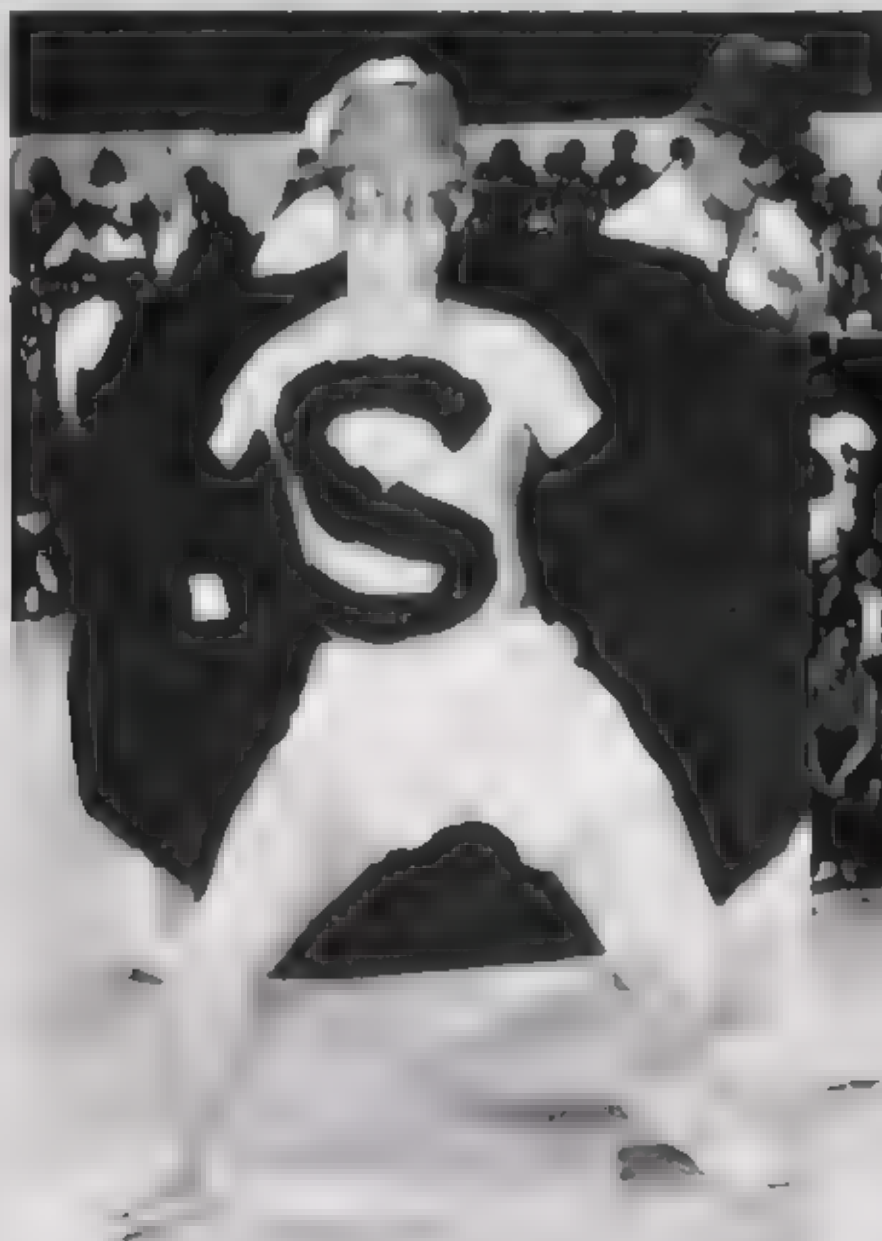
*After the  
assembly, the students fly high with*  
***The Spirit of '86***

The day had finally come. Tonight there was a basketball game against our biggest rival and today, a pep assembly during school. My fellow student body officers and I had worked hard organizing this assembly. The bell for dismissal rang and everyone crowded into the hallway on the way to the gym.

This assembly was put together like other basketball assemblies. The Pledge of Allegiance followed by the National Anthem would officially start it off. Cheerleaders would give a cheer to get everyone enthusiastic before the coaches thanked the students for their support and congratulated the teams on their ef-

forts. The best parts of the assembly would be the skit put on by the student officers and the class competitions. Students always enjoyed seeing people from their own classes compete with other classes in a mock game made up by the officers of the school. Last would come the spirit war shouted between one side of the gym and the other until the cheerleaders threw candy in to the excited crowd.

The gym was almost completely filled by this time with students waiting for the entertainment to begin. I hoped this basketball assembly would go well. But why shouldn't it?



ONE OF THE Eagle streakers Brian Edler flashes the camera a smile. AT THE END OF THE ASSEMBLY, cheerleaders throw candy to the pepped



MEMBER OF THE PIP CLUB Shar Bach offers basketball player K. Andrus a warm welcome. The cheerleaders flash the unexpected crowd.



DURING THE CLASS competition, the cheerleaders help getting the spirit of the class. THE CHEERLEADERS TOWER used the same as building a human pyramid.



## Trumpeter Gets Honors

The audience sat on the edge of their seats as the soloist started his recital. The last clear notes hung in the evening air as the crowd left to their feet and applauded loudly for the Capital High School senior. Jason Parra had once again dazzled the listeners with another stunning performance.

Parra, who has been playing the trumpet since only the ninth grade, has been given one of the greatest honors that a high school musician can receive. He has been chosen out of thousands of

entries to march in the McDonald's All-American High School Band. He and 103 other students from all over the United States, Puerto Rico, and the Virgin Islands participated in major parades such as Macy's Thanksgiving Day Parade in New York and the Tournament of Roses Parade in California.

Parra was involved in Pep Band, Band, Brass Choir, Jazz Band, BSH Jazz Band and was a musician for Capital Singers.

## '85 Memories

### The Infamous Disease

AIDS, the acronym for Acquired Immune Deficiency Syndrome, has been around for a long time, but has just begun to surface. Most doctors, let alone the public, had never even heard of AIDS before. All of a sudden there was a deadly disease that no one knew about. An epidemic of fear raced through the nation. Information and misinformation about the disease were everywhere. The uncertainty about AIDS led to some major changes in society. New methods of technology have been invented to test blood for the AIDS virus. As fear increases, segregation of homosexuals increases. Advertising and protest marches try to dispel unreasonable fear and educate the public. There are those who talk about making AIDS obsolete and there are those who act. For example, Burt Bacharach, composer and musician, wrote a song sung by Dionne Warwick and Friends. All the proceeds went to the effort of finding a cure for AIDS.

## What A Novembrrrr!

I had just gone upstairs to hop into a nice warm shower when my mother called my name. "Rachel, come here!" she yelled. I yelled back that I was going to start my shower. "No, sorry!" came the reply. "We have to save the bushes!" Unfortunately I knew what this meant so I put layers upon layers of clothing on my body and grabbed an old broom. Then I went out to save the bushes, which meant I had to knock five inches of heavy snow off of, what seemed like, 50,000 bushes. Those 2½ hours of manual labor were a pungent reminder of the coldest November in Boise history.

Even though there was still a month and a half until winter, Mother Nature didn't hold back. Her impatience to start winter was displayed by giving Idaho's State Capital the coldest and snowiest fall that has ever been recorded since 1864. In November, alone, ten record-low temperatures were recorded and nine records were set for lowest maximum temperature. The average temperature during November was 27.7 which broke the 1880 record of 31.5 degrees. Only one below zero temperature November date had

been recorded before. November of '85 recorded three below zero temperatures. After the temperature plummeted below freezing on November 17, the temperature remained below freezing for the remainder of the month.

Snowfall also set a new November record with a total of 18.6 inches, burying the previous record of 14 inches in 1896. And yet another record was broken: that of greatest snow depth at any one time. The old record, which was estimated at ten inches in 1896, was broken with the measurement of twelve inches this November.

As I came in from outside, sweating despite the freezing weather, my mother tried to console me by telling me what fun I'd have recollecting this experience to my grandchildren. As I peeled the wet layers of clothing off, I told her that I'd tell them. But I'm going to tell them in California.



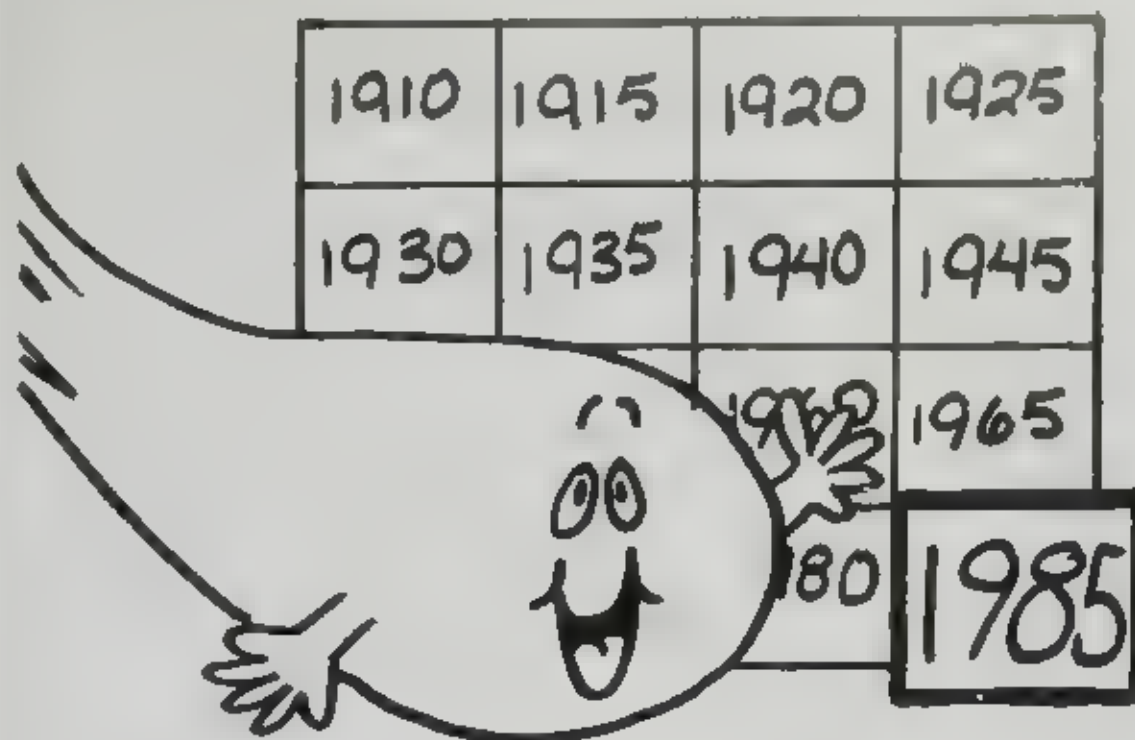


# Player of the Year

Once again Capital High School has proven that it produces some of the finest athletes in Idaho. This year Mike Swindell was named The Idaho Statesman 1985 A-1 Football Player of the Year and National High School Football Scholar-Athlete of the Year. Not only receiving those honors, Swindell was also voted first-team linebacker and second-team tight-end. The list of Swindell's achievements for 1985 is impressive: 66 tackles, 3 blocked kicks, 3 interceptions, 3 fumble recoveries, 2 deflections, started three games at tight-end, 9 receptions and 176 yards. His career stats include 89 tackles, 7 interceptions, 9 deflections, 7 fumble recoveries and three year starter.

This 6-2, 215 pound senior not only excels in athletics but also maintains a 3.97 average. Swindell started three years for the Eagles playing offensive guard first and later taking on duties at tight-end and, his natural position, linebacker, where he played all but one game.

Swindell would like to attend Stanford University and major in pre-med or engineering.



## All Hail Halley's

It is nearly impossible to recapture the awe that Halley's Comet once inspired back in the days when it was thought that the future of men and empires could be read in the night sky or a new star. But since the most famous comet's first heralded appearance, that also coincided with the defeat of the Saxons by William the Conqueror in 1066, we have tamed the skies. In these times we have domesticated the heavens with our satellites and spaceships. Yet even though Halley's Comet has lost some of its power of prediction, it still has a mystical hold on human imagination.

With a history of appearing in our skies at intervals of seventy-five to seventy-six years, a person gets to see it at least once in their lifetime. For astronomers, the comet is the opportunity to study what is believed to be the raw material of the solar system. Contrary to popular belief, Halley's (rhymes with alley) Comet will not streak across the heavens as one might think. It will be visible, at first, only through powerful telescopes, but it will gradually brighten until it can easily be seen by the naked eye. It will be fairly low in the sky from most vantage points in the Northern

Hemisphere and its tail will be short of spectacular, unlike the dramatic 1910 apparition. During that visit, Halley's Comet glowed brighter than the North Star, its tail swept across more than half the sky, and could be heard, by some, whooshing by.

The return of Halley's Comet will be a cultural and intellectual event. In the cultural category, the comet will be celebrated in a show of comet art at the Smithsonian's National Air and Space Museum. It is sure to bring a deluge of intellectual commentaries from the editorial pages. But Halley's arrival is primarily a scientific event.

Comets seem closely related to meteors and perhaps asteroids. The head of the comet may consist of ice and meteoric particles. Their tails consist of exceedingly fine gases and dust, expelled from the head of the comet. Comets shine partly by reflected light and partly because sunlight causes the comet's gases to glow.

Since Halley's Comet first shone down coldly on the defeat of the Saxons, the fortune-telling ability of the comet has disappeared, but the wonderment of it still remains.



# Learning and Working Closer With People

The following weeks I worked hard with the others involved for a successful show. The fear, uncertainties, and long hours were worth it for the friends I had made working closer with people.

smoothly. "It was hard work to write the script, but once you get it, it's exciting," Diana said. Hard work was also a key ingredient behind the scenes, but most performers felt the rewards had been worth the work. The rehearsals can be hectic yet it's exciting when building new friendships. This was Pam Reeves' sentiment when asked if it really was worth it all. Apparently it was, for the musical revue proved quite entertaining for audiences.





# Organizations

An announcement rose over the noise of the cafeteria. "There will be a Key Club meeting in five minutes. My friend, across the lunch table, motioned me to eat faster. 'Come on! Hurry with your lunch. This is going to be an important meeting,' she said. Choking down the last of my sandwich, we rushed to the meeting. Once there, we talked with friends before the commencement of the meeting.

Nathan says it better than the sign painted on one of the stairways: "Be in organizations and activities. Make high school meaningful." Clubs are an important part of the high school atmosphere. They create a sense of satisfaction and provides a training in self-discipline. All clubs are advised by a teacher, though the students run the show. The officers, chosen by fellow members, organize and run the meetings and activities of the organization. Those who are not officers are also important parts after all, what would a club be without members? Clubs and organizations require a lot of time outside school hours. Many clubs organize fund raisers to earn money for their activities. But clubs aren't all hard work. Many friendships are started through club activities and periodic meetings which always involve some joking-around.

Capital's clubs receive support from students, teachers and parents alike. The range of clubs is diverse enough to satisfy most interests. So, every club, make high school meaningful.

RAISING CHRISTMAS SPIRIT: the choir for the auditorium with their lights.

DURING THE HOMECOMING ASSEMBLY: the senior class officers representing impressions of the football season.



THE KEY CLUB

Key Club is a service organization that provides a training in self-discipline.

Key Club is a service organization that provides a training in self-discipline.

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*One Word Says It All*  
**CAPITAL**

*Out of the Dark of Night, They Proved . . .*

## *Practice Makes Perfect*

After an hour and fifty-three minutes of drilling, marking time, and eight-to-five and as Mr. King yells, again, through his megaphone "off the line" band members begin to wonder why they are out there on the marching field freezing and sweating to death. Their purpose is reassured when Tubas holler "Detail- how do you feel?" and everyone keeping the tradition, responds enthusiastically.

"We feel good, oh we feel so good - uh!" Whether it's the actual truth or not the re-energizing force of the yell gives the members that extra strength to go through it just one more time. The practices gave marching band members the opportunity to get to know each other beyond the average classroom atmosphere. Members learned just how far another member can be pushed physically

before they're no longer the sweet Susy they are in class and, because of that people in band shared the rare experience of really getting to know what each other are like. The practices did create time conflicts and large amounts of stress but the reward they bring was well worth it. They always have and always will do the best they can.



LENN ...  
A ...  
A ...  
A ...







WHEWACHING III JUNIOR HIGH SCHOOL BAND

*Band Members Do It With . . .*

## *Capital Class*

It's halftime and the team leaves the field for the locker room. A quiet hush creeps into the air as a mass of brass and flags enters from the side lines. The crowd waits with anticipation for the opening chords to be played. A quick step off, a salute, and an explosion of color and music. Each formation is picture perfect, each chord is played with perfect on and award winning musical quality that can't be beat. The crowd cheers excitedly as the final

final notes fade off into the cold fall air.

The Capital Marching Band, one of the best in the northwest, performed at the Capital home football games including Borah, Bonneville, Meridian, Twin Falls, Lewiston Homecoming and Boise. At each game, the band also doubled as a pep band in the stands playing songs like Joshua, Championship Horse and On Broadway, to add a lot of spirit to the cheering section. Besides the Capital games performances by the band were also

done for the Boise State-Montana State football game, at half-time and pre-game.

The many long hours of practice, hard work, and dedication, paid off when the spectators applauded for the unbeatable performance. It doesn't take an expert to see that these kids have class, Capital Class.



BOISE STATE FOOTBALL GAME, OCTOBER 1977. The Capital Marching Band performed at the Boise State-Montana State football game, at half-time and pre-game. The band also doubled as a pep band in the stands playing songs like Joshua, Championship Horse and On Broadway, to add a lot of spirit to the cheering section. Besides the Capital games performances by the band were also







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5. WHITE FERTILIZING MATERIALS



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# *The Golden Eagle Marching Unit Does it Again!*

In their inspection formation waiting to perform at the District II Competition, both the drum and band members recalled the previous week-end in Moscow, Idaho. While their trip was catered to the Marching Bands of America Competition, fear of past events warmed the members in the brisk air. During the weeks before MBA, the constant drizzling rain had been a negative contributor toward the unit's preparation, but far beyond the setback of the weather was the fact that the Golden Eagle Marching Unit was smaller than ever before. The Eagles did the best they could in the finals, but there were two other units who were better than they. Everyone's direction reverses as the unit moves, with synchronization toward their off-field position. The drum tap

beats. Hearts begin to pound loudly as the first people step onto the field. The hat comes and the unit in the beginning formation. The majority of the unit knows about the drill and steps while some band members need with their leader. Mr. King is steady and clear as they put their feet in sync and horns together. He had the ability to put a twist in someone's eye at the oddest moments. Captain you may take the lead for competition, blared the loud speakers over the field. Everyone's breathing intensifies. The past months about being too small to wear above the larger units. Inferred in the backs of everyone's mind, it was that dark thought, a thought were the all powerful promises made within the practice field. Were going to be the

best we can' and 'Give 'em fits. That's all that really mattered. Onlookers in the crowd were astounded to see the consistent sharp techniques of the drill team and were blown away with the band's crescendos and 'upfield pushes. Before they realized it, the unit was in its final formation. It was over. The decision was now in the judges' hands. The drum majors and drill team captains were down on the track waiting to receive the results and everyone in the stands who belonged to the Golden Unit joined hands, hoping and praying. They were small and weren't supposed to win, but they did it. They won just about everything.







W. L. ...  
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...



# They raise spirit and applause while . . . Shining Through Music

As a stepping stone to the future, the new wave of music was introduced through a series of workshops where students and teachers expressed their feelings and emotions through music. The workshops were held in the school auditorium and the students were given the opportunity to express their feelings and emotions through music.

Students from the various schools in the district were invited to participate in the workshops. The workshops were held in the school auditorium and the students were given the opportunity to express their feelings and emotions through music.

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THE SINGERS  
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Students Choose  
To Express Themselves  
ugh M

# Students Choose To Express Themselves Through Music

At the same time, a space of imagination had already been performed, and was repeated accordingly. When the 14 people began the cup and the jazz band, the 2 other bands also created by Mr. Jo. King, the evening was that of an interesting representation. It is for the group, as a model, a very pleasant one. But, on the other hand, the two performed the same exercises as the others.

By June 1960, 2000 children away the practice of the total activity as well as the 1000 children who had been put in the 14 way, coming forward to the 1000 children.

It's fourth period for a couple of minutes. Jackie and others will be making a final mass for Orchestra. She puts on her dress and waits for class to begin. The

On these occasions, around a dozen students of all ages, from the age of 10 to the 1st year of high school, come to the cinema directed by the director John King and the film has played in the school festival. A few

*J. D. Roberts*

walks into the  
n she notices the  
a mass strands

It's fourth period for a couple of minutes. Jackie and others will be making a final mass for Orchestra. She puts on her dress and waits for class to begin. The

On these occasions, around a dozen students of all ages, from the age of 10 to the 1st year of high school, come to the cinema directed by the director John King and the film has played in the school festival. A few

4 2 5 7

After he won the space of a magazine, I immediately performed a show to report on records. When the 14 people began the cup with the Jazz Sax. The 2 other bands were created by Mr. Jo. King, the singing group that you are listening to. I was the group's saxophone player. I then, BS, brought them. The show performed at the 1st of 1968, at the 1st.

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*Through their experience and devotion to the school, they became*

## *The Leaders of the Flock*

Monday, Tuesday and Thursday at 7:15 a.m., the schedule was one of the first things, out of the many, that they learned to accept when they became the officers of the Associated Student Body.

Like all other Student Council members, these five seniors and one junior were expected to be in attendance at all major football and basketball games as well as to wear letterman and gray striped shirts to show their spirit during school and at related activities.

As President, Vice President, Treasurer, Recording Secretary, Corresponding Secretary, and

School Board Representative, they were individuals who had to work together effectively to make decisions for the entire student body. Besides planning assemblies and dress-up days, they were responsible for regular student council meetings, dances, an alcohol awareness program, and the All-State Student Council conference. The most important thing projects helped to purchase a bleacher machine and new bleachers for the baseball field. Being the ASB officers was hard and a slow reward, but their determination and spirit was just another form of Capital Pride.



JOHN L. FLORES, JR., VICE PRESIDENT



JOHN L. FLORES, JR., VICE PRESIDENT



The members of ASHA: As Janyssa of President, Kristi Adams of Vice President, Nicole Miller of Secretary, and Matt Law of Treasurer. Also, Janyssa of Secretary, Kristi Adams of Treasurer, Nicole Miller of Vice President, and Matt Law of President.

LEAVING THE BATTLE of Homecoming: Matt Law, Kristi Adams, Nicole Miller, and Janyssa of ASHA. They are in the student court.



ATTENDING TO OPEN: Kristi Adams, Nicole Miller, and Matt Law. They are in the student court.

ANDERSON: Janyssa of ASHA, Kristi Adams, Nicole Miller, and Matt Law. They are in the student court.

CHIEF: Janyssa of ASHA, Kristi Adams, Nicole Miller, and Matt Law. They are in the student court.

## Responsibility and leadership educate ROTC, VOP, OEA

With decisions about careers only a few years off. Students in ROTC, OEA and VOP are getting started in leadership skills and business procedures. ROTC cadets are developing skills in map reading, Drill formation and weaponry is led by Sgt. Dave Tessier, who is in his first year at Capital. Tessier was educated in Military Procedure and Discipline to help students become the officers of tomorrow in one of our country's armed forces.

The OEA stresses leadership among business students and provides competition for the students who have excelled in business skills. Pre-

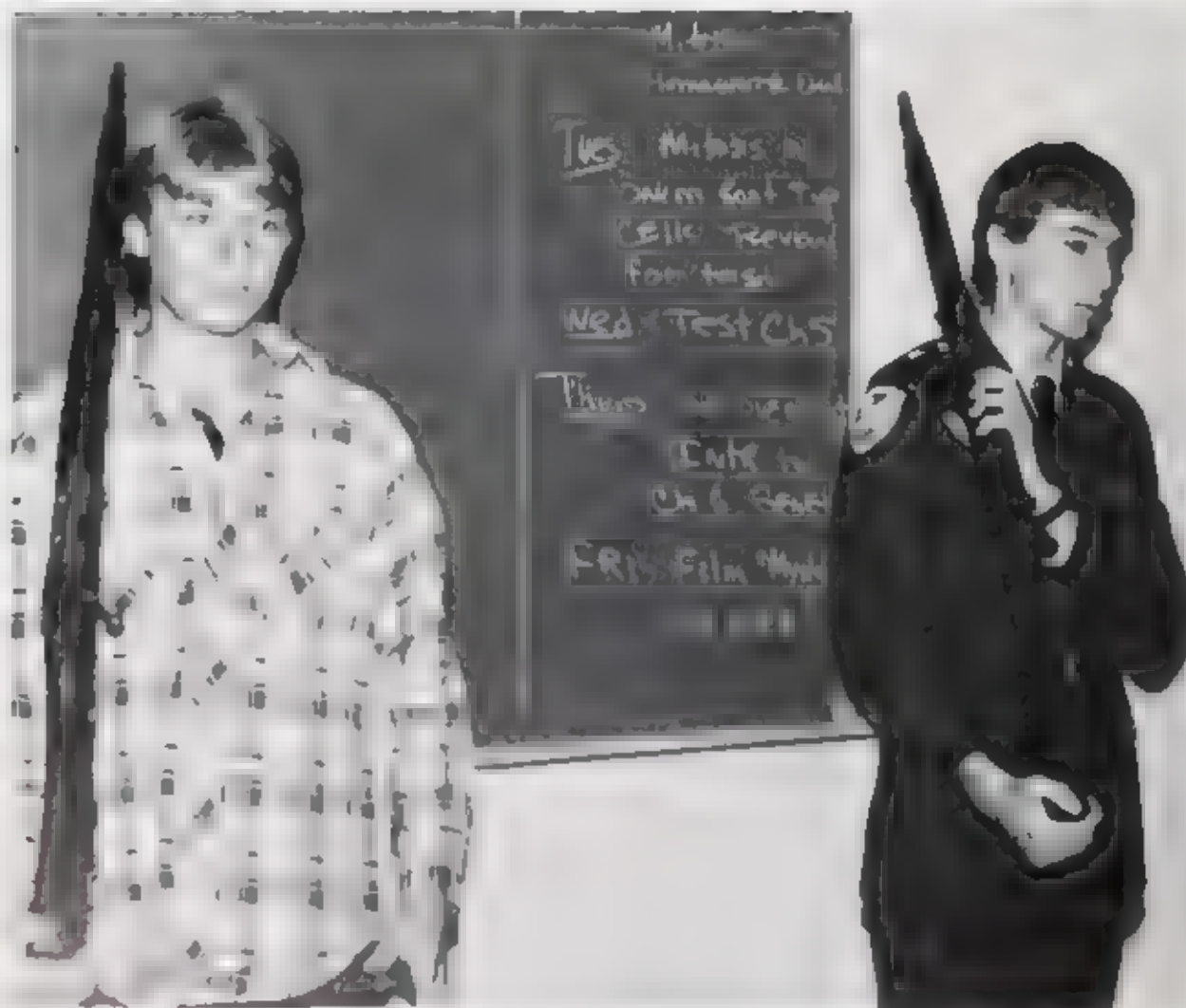
zel sales and other fund raisers within the school, promote school spirit and provide money for competition against local schools.

This year's VOP members are perfecting the talents necessary to compete successfully in the world of business. Each student is employed by a local office. In addition to earning two credits each semester for their work experience, students receive a salary. Employers participating include the Governor's Office, Idaho First National Bank, First Interstate Bank, Blue Cross and the State Commission, among others.

The members of ROTC are: First Row: Mike Ayer, Jeff Keen, Robert Baker, Scott Pro, Robert Rodriguez, Jay Anderson, Sean Pitt, W. Larry Bickler. Second Row: Don Wiley, Don Ricks, James Swan, Chris Cox, Matt Anderson, Scott Rasmussen, Lower: Jeff Ricks, Chris Fox, Chris Rasmussen, Philip Adams, Don Wiley, Chris Adams, Jeff Rasmussen, Chris Rasmussen.



ASST. PR. V. ROTC Cadet, Mike Ayer, looking down at his rifle.



ASST. PR. V. ROTC Cadet, Mike Ayer, looking down at his rifle.





1.  $\text{H}^+$  is a strong acid.  $\text{H}^+$  is a strong acid.  $\text{H}^+$  is a strong acid.  
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[illegible][illegible]



DRINK A LONG DAY OF peach



## Getting Their Act Together



Many do not realize the time and effort put into a production. About 1000-1200 man hours are spent in rehearsals alone. It also involves the technical production (lights, sets, sound), make-up, costumes, publicity, (progress posters, public service announcements, letters), and the house crew (usher, ticket takers).

For the first time Drama traveled to small towns and acted out their children's show *Blithe Spirit*—a rocking comedy, as part of the First Annual Actors Incorporated Tour. After all the work and time spent together throughout the year, the drama club became a family with their advisor Uncle Pat.



The members of Drama Club are: First Row - Theresa Vermeulen, Ronda Herrold, Brad Paine, Linda Jackson, Bobbie Treaster, Bobbi Treasure, Theresa Wood, Kassi Nelson, Carol Piccotti, Leslie Baker, Lisa Culhumber, Mike Peters, Dawn Moore, Second Row - Pam Reeves, Beth Fetrow, Carrie Dair, Jim Bunce, Tasha Savage, Todd Searles, L. Mabel Chang, Jr., Rick Mc Cunnigham, Travis Nelson, Diana Schomburg, Ted Chaldenger, Steve Rhoades, Monica Feltz, Vicky Moore, Christy Moore, Chris Poulson, Leslie Rasmussen, Jodi Pugh, Trent Young, Jennifer Johnson, Third Row - Helen Anderson, Cathy Tetter, Fourth Row - Robby Rayburn, Buddy Boyd, Kevin Winslow, Tony Tenace, Eric Stande, Robert George, Steve Nelson, John Cunningham, John Conley, Chris Ege.

# German, French, and Spanish Clubs study many Cultures around world

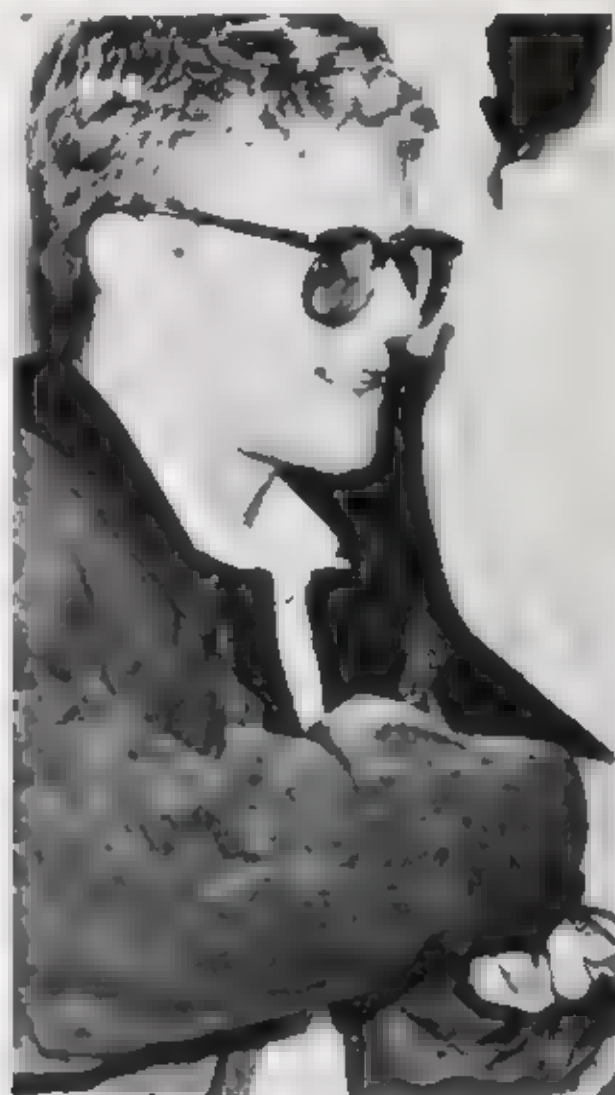
As I walked down France's most popular boulevard, the Champs Elysees, they listened to the waves of music, their laughter and voices squaking. This was the theme in color and everything was perfect until a French resident of Nice asked John, "Quelle heure est il?" He replied, "No thank you." The lady had asked for the weather and it was. Marsha was so embarrassed she ran back to the store.

Like many people put in this kind of situation, John had taken a foreign language class at French Community High School. Spanish was the most popular language and the club had the most members. It was a great way to learn about other countries.

And that's not all. Each club played a part in school activities such as the annual Oktoberfest. The money raised went to a party at the end of

the year. The French Club raised money by selling crepes and by Palm Reading. The money earned from the Palm Reading went toward buying a computer. The German Club also participated in the Oktoberfest, selling Worst German Bears and the Advent calendars during the middle of November for Christmas. Then money raised went into a German Fund for a Christmas party. As Mr. Luttman says, "Everyone loves a party." The class that sold the most calendars per capita received a round pizza party. Mr. Luttman also said that the better students were preparing for the German match in which the person with the best score won the right to a trip to Germany. So go ahead and take a foreign language. You never know, but one day it might be you on the road.

The German Club officers are First Row: Margaret Outawa, Tiffany Heide, and Beth Pettibon. Second Row: Kevin Mann, Ken Clarke, Brian Fidler, Dutch Harris, Buddy Boyd, and Jonathan Wahl.



The French Club officers are First Row: Anne-Lise St. Pierre, and Michelle Weyss. Second Row: Michelle Weyss and Anne-Lise St. Pierre.



The Swiss Club members are First Row: Michelle Weyss, Anne-Lise St. Pierre, and Michelle Weyss. Second Row: Anne-Lise St. Pierre, Michelle Weyss, and Anne-Lise St. Pierre. Third Row: Anne-Lise St. Pierre, Michelle Weyss, and Anne-Lise St. Pierre. Fourth Row: Anne-Lise St. Pierre, Michelle Weyss, and Anne-Lise St. Pierre.



A black and white photograph of a large group of students and faculty posing for a formal portrait. The group is arranged in several rows, with some individuals seated in the front and others standing behind them. The setting appears to be an indoor room with a plain background.



**T**he following information was obtained from the National Bureau of Economic Research:







# NHS, ETA, and Key Club are Organizations That Provide Services

During the year NHS, ETA, and Key Club have provided many different services for the school and community. NHS National Honor Society set up a program for students in rural students who could not afford to be accepted into NHS. Students were required to have at least a 3.5 GPA and a recommendation from a teacher. Teachers Aides went around to various side schools and helped teachers by correcting papers. This gave teachers more time to spend with the students. The Key Club made a series of Appliance made papers to give to the poor. President Lee Akers remarked that the Club's service was strong. A recent survey has a tremendous effort in the community at Capri.

The Key Club members are: Aimee, Erika, Amy, Susan, Kristin, Amanda, Nicole, Kelly, Erika, Priscilla, Kristina, and Marie. Mrs. Akers.

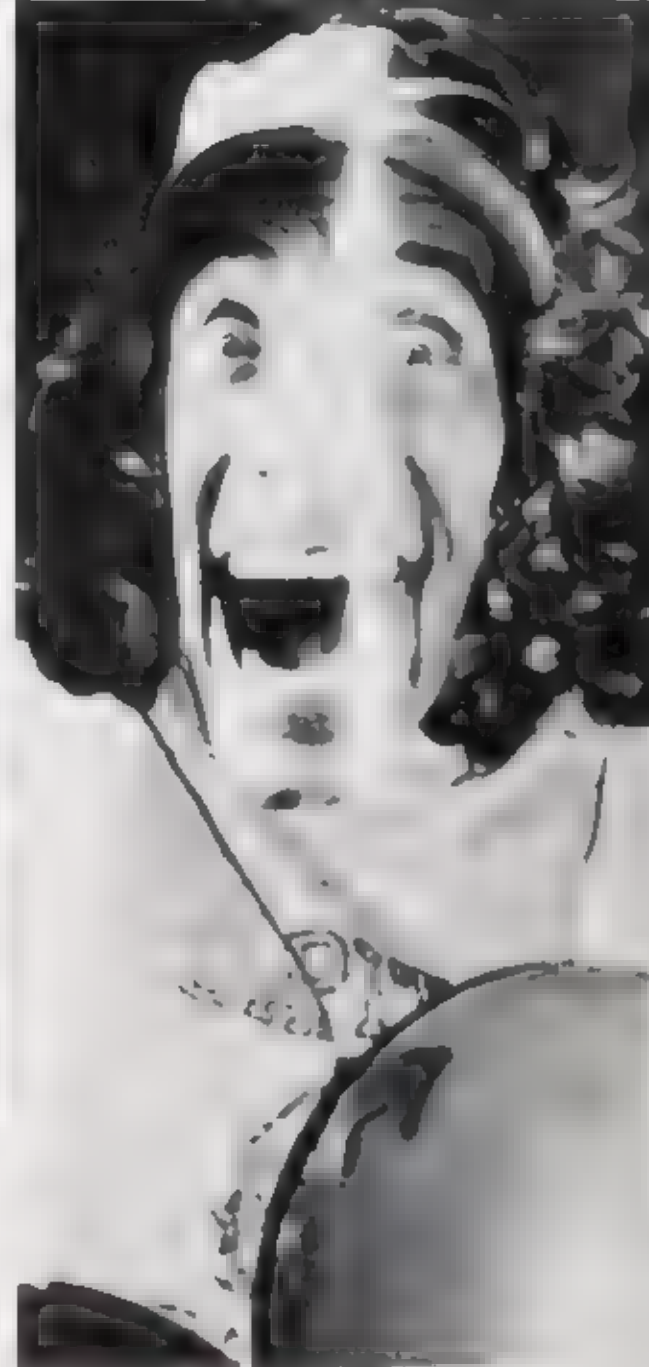


JENNIFER BROWN, NHS member, is shown in the photo.



WILLIAM BROWN, NHS member, is shown in the photo.

WILLIAM BROWN, NHS member, is shown in the photo.







WILLIE FRIES - a soloist. Robbie Fries practices her performance in her rehearsal space.

THE MUSIC ENSEMBLES  
 The Music Ensemble is a group of students who play instruments and sing. They are led by their teacher, Mr. [Name]. The ensemble includes students from various grade levels and is a great way for students to develop their musical skills and teamwork.



KEVIN [Name] and [Name] are part of the Music Ensemble. They are shown here with other members of the group.

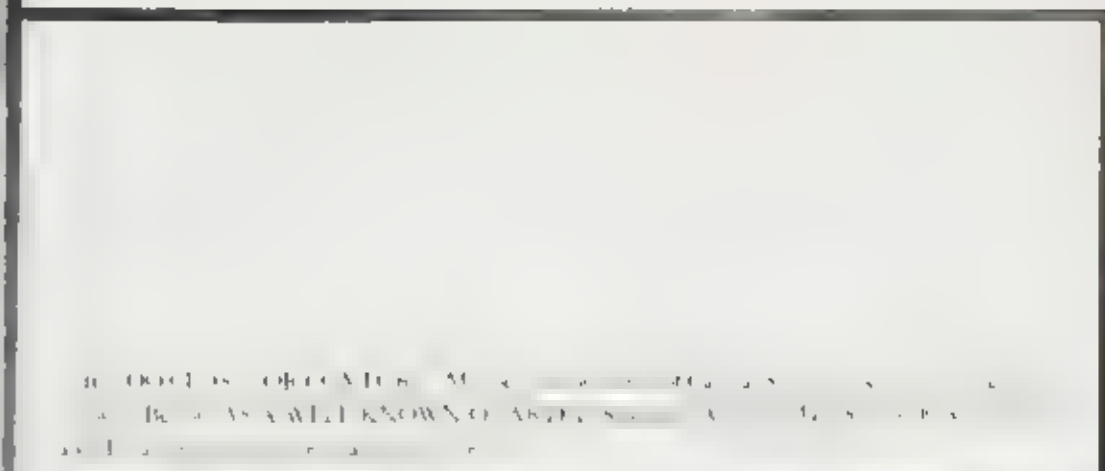
The Music Ensemble is a group of students who play instruments and sing. They are led by their teacher, Mr. [Name]. The ensemble includes students from various grade levels and is a great way for students to develop their musical skills and teamwork.

*It's  
All In  
The Family*

And the Lord Bishop ever laboured to be  
known to his people well for the same reason  
showing to them a perfect description of the  
state of the Catholic Church in his diocese. I have  
seen a copy of his address paper and a portrait of him  
in the office of the Bishop of the same diocese.

[illegible]
$$X = \{x_1, \dots, x_n\} \subseteq \mathbb{R}^d, \quad \text{where } x_i = (x_{i1}, \dots, x_{id})^T \in \mathbb{R}^d, \quad i = 1, \dots, n.$$



The members of Captiva Singers are: First Row: Tiffany Heuer, Chris Grunerson, Don Allen, Matt Shona, Julie Smith, and Kevin Turner. Second Row: Jennifer Hahn, Carol Christensen, Michele Len, Evelyn Lewis, Teresa White, David Williams, and Matt Pro. Third Row: Dearnia Bruckman, Shannon Walker, Matt Asager, Stephanie Hott, Kim Norton, Janel Cole, Kevin Harper, Sue Johnson, Emotion White, Rob Freedy, Sawnette Bingham, George Bann, and Cynthia Bromberg. Fourth Row: Lexie Baker, David Corman, Beth Peterson, Pam Reeves, Eric Thurman, Brian Rupp, and Mrs. Linda Smith.

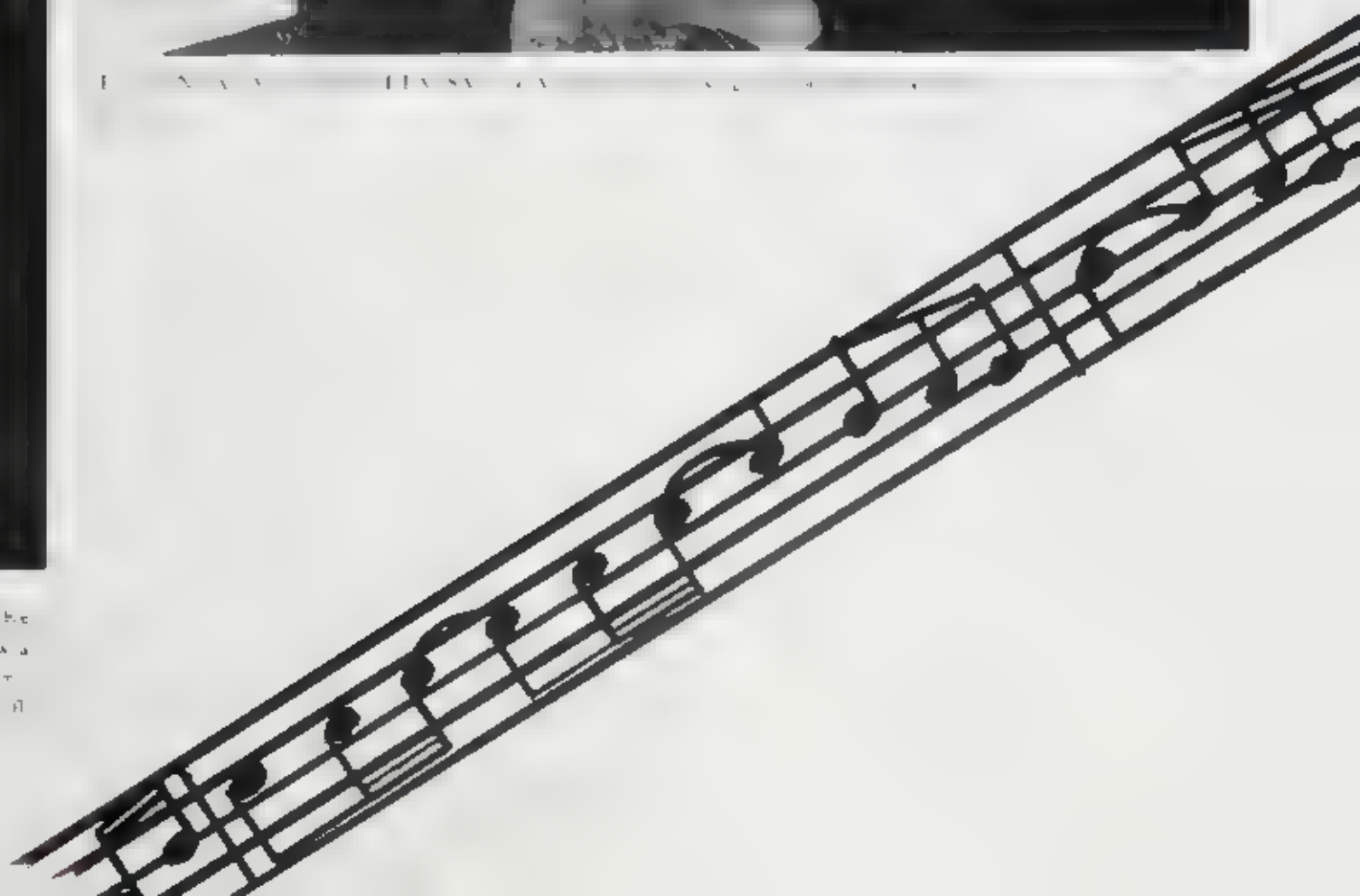


Mr. Smith is singing. The students are: Matt Shona, Julie Smith, Kevin Turner, Jennifer Hahn, Carol Christensen, Michele Len, Evelyn Lewis, Teresa White, David Williams, and Matt Pro.









*The Mixed and Treble Choirs were  
nothing to yawn about*

We then sought to explore expertise earlier in the life span, when many members of the expert group were still in the child or adolescent years. We therefore conducted a study of 11-year-olds, using the same tasks as those of the Alex-Cor

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*Dedicated girls on a mission of support making their cause known to the school.*

## ... They are the Pep Club

But now you go! Remember the pep assembly, the pep check, assembly, and the pep assembly? President Rebecca Kushmau said, "I just love it!"

At the pep assembly of Pep Club. This year Pep Club took on a New Look. For the first time Pep Club became an organization that serves the athletes. The pep assembly is the first of the year. We are here to serve the athletes. The pep assembly is the first of the year. We are here to serve the athletes.

care and we want to help. And sure sometimes we're made fun of but, in the end we see our purpose and that in itself is the best part of Pep Club," concluded Sruthers.

At registration, members filled out applications for Pep Club and were required to achieve a certain amount of points to earn a letter. Members can acquire points by going to games, meetings and after school dedication days. Despite all the challenges it was still fun! I think the

girls had a good time and I know I did. We had to work hard and we went through a whole lot of changes, but we made it and I'm glad I was a part of it," Stated President Rebecca Kushmau.

And for most it was a way to be apart of a group that not only served the athletes of CHS but also created friendships and good old fashioned fun.



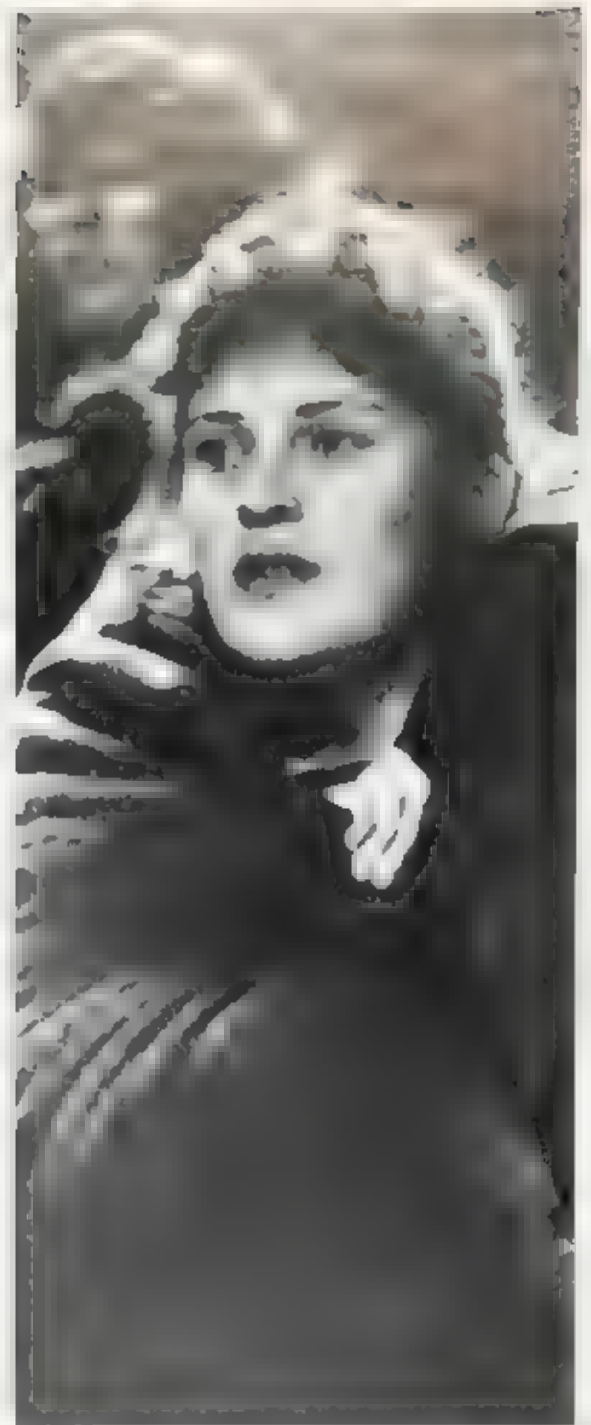
REBECCA KUSHMAU, PRESIDENT OF THE PEPS CLUB, STANDING OUTSIDE THE SCHOOL.

REBECCA KUSHMAU, PRESIDENT OF THE PEPS CLUB, STANDING OUTSIDE THE SCHOOL.

REBECCA KUSHMAU, PRESIDENT OF THE PEPS CLUB, STANDING OUTSIDE THE SCHOOL.







FRANCIS HARMON — NORTON  
 (PHOTOGRAPH BY ...)



STARRING IN "SILVER" — ...  
 (PHOTOGRAPH BY ...)



...  
 ...  
 ...

# Debate: Disputing the Arguments

There were a handful of debaters and these juniors and seniors had to compete with more experienced debaters. The first debate tournament of the year MIT's tournament for only experienced debaters. It was held at Capital. Jason Ober and Mike Baumer placed second in the tournament.

But the joy was in their career during the Boise State Tournament at Boise High School.

Capital went with six teams, all of which knew nothing about what to do, but the tournament provided experience for those who needed it and all the teams seemed to do well. The next stop was Moscow. Capital took 6 teams and ended up placing 5th overall. Debate although academic was really a varsity sport for those who kept at it.



WILLIAM H. K. (Seated at desk) and Jason Ober (standing) at Boise State.

JOHN J. T. (Seated at desk) and Mike Baumer (standing) at Boise State.



JOHN J. T. (Seated at desk) and Mike Baumer (standing) at Boise State.



JOHN J. T. (Seated at desk) and Mike Baumer (standing) at Boise State.







AND STEPHEN



AND STEPHEN



## Clubs Spark Involvement

Two groups contributed to Capital's extra-curricular program this year. Two of the Biology Club and the AFS program have been available in previous years. Art Club is new and will continue to depend on the students for support. The exchange

By a conference on the east side of the upper  
lake, the traps and research dealing with  
subjects from bacteriology to the more physi-  
cal studies of such places as the Mayo Clinic  
States Tumor Institute, the Birch Bayh  
Center at Lake Lowell, St. Apollonia and St.  
Lake's surgical clinics and the Lake State  
Genetics Laboratory. Members observed  
the traps and saw the lake and the  
College of Lake. Several students were  
selected to attend the conference. In terms of  
the program, the conference was a very  
successful one.

The original Art Club was a new society inaugurated last year under the direct control of Mr. Swanson. With meetings held at first on Mondays then on Wednesdays, the club's year was organized. Members participated in the exhibits of the past year, and having a new members party to see the new year. Their Art Show of members works was the main activity of Art Clubs year.

This year we greeted ten AFS students from  
various countries who came to the United  
States to learn and people to experience  
different cultures and to improve their language skills. AFS students have stayed in our homes  
and we have learned a lot about their culture  
and ways of thinking. They seem to be  
friendly and get along with Americans.  
We have been able to see the power  
that Americans have as AFS students  
to create a strong relationship between  
different cultures and to learn about each other.  
It is possible to gain far benefits from  
AFS students.

**P** **a** **s** **t** **e**

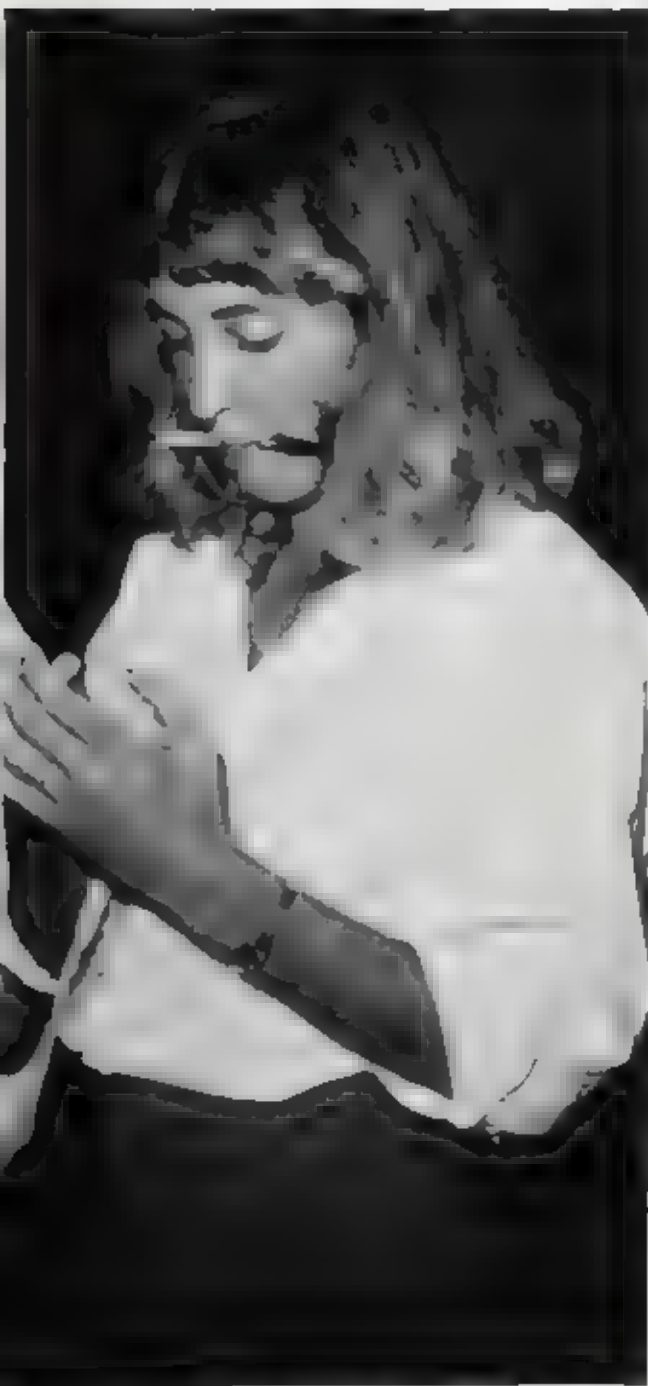
8. I have collected the following birds from the  
- - - - - Red Desert. The Petrels and Gulls are



Jeff Young, Tony Thomas, Jeff Pankey, Gina Musgrove, Greg Meander, and Joe Swan



DNE... SWA... Carter... Mr. ...  
 ... to ... with ...



THINKING OF ... her ...  
 ... with ...



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# Math, Backpacking, Ski- For Brain or Brawn

The warm summer days are of the past as the ski team welcomes the arrival of the first fallen snow, preparing anxiously to hit the slopes in early January.

Members worked diligently to earn money for the big ski trip at the end of the ski season. Fund raisers included running in the Jog a Thor, selling Homecoming mums, chocolate Santas, and Boosterboardzads.

Throughout the year, members earned an accumulation of points and only the top ten were to the trip. Expert skiers, Senior Mike Mulick and

Senior Mark Coburn have gone the last two years. "Hill country was real a blast," said Mike Mulick.

The Mathletes races racing at levels ranging from beginner to expert. This year's Ski Club had a bright outlook because of the immense amount. As President Timm McNeley said, "This year does good for improving Capital's standing among local high schools."

Backpacking is another low cost activity and the great outdoors. The first day gave the Capital appreciation for the mountains. "The

mountains let you forget the worries of the cities and calms you from rigors of school," said advisor Mr. Ron Stoor.

A new enthusiasm has hit Capital. The Mathletes Aka Klueless Kluck's Klan. It's the expressed aim of the Mathletes to influence the intellectual development of individuals toward excellence in quantitative thought and problem solving techniques. Let our motto ring true.

Be a problem solver, not a calculator.

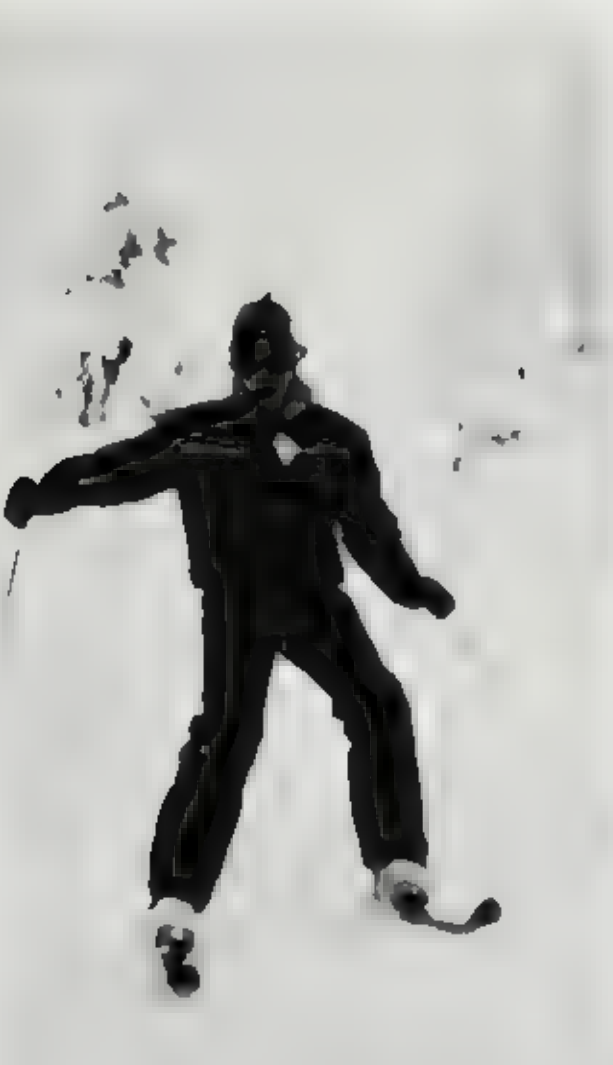


Mathletes Aka Klueless Kluck's Klan



NOTHING IS COMPLETION SKIING





UNIVERSITY OF ALABAMA

NAME	ADDRESS	PHONE	DATE
ALAN	1234	5678	9012
BETTY	3456	7890	1234
CHARLIE	5678	9012	3456
DANIEL	7890	1234	5678
ELEANOR	9012	3456	7890
FREDERICK	1234	5678	9012
GRACE	3456	7890	1234
HENRY	5678	9012	3456
IRVING	7890	1234	5678
JANE	9012	3456	7890
JOHN	1234	5678	9012
KATHLEEN	3456	7890	1234
LARRY	5678	9012	3456
MARY	7890	1234	5678
NATHAN	9012	3456	7890
OLIVIA	1234	5678	9012
PETER	3456	7890	1234
QUINN	5678	9012	3456
RICHARD	7890	1234	5678
SARAH	9012	3456	7890
THOMAS	1234	5678	9012
URSULA	3456	7890	1234
VICTOR	5678	9012	3456
WILLIAM	7890	1234	5678
XENIA	9012	3456	7890
YOUNG	1234	5678	9012
ZACHARY	3456	7890	1234



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LARRY	5678	9012	3456
MARY	7890	1234	5678
NATHAN	9012	3456	7890
OLIVIA	1234	5678	9012
PETER	3456	7890	1234
QUINN	5678	9012	3456
RICHARD	7890	1234	5678
SARAH	9012	3456	7890
THOMAS	1234	5678	9012
URSULA	3456	7890	1234
VICTOR	5678	9012	3456
WILLIAM	7890	1234	5678
XENIA	9012	3456	7890
YOUNG	1234	5678	9012
ZACHARY	3456	7890	1234

# Preparing to fill government positions

A group of the Little States agreed to exchange ideas on how to educate people into government offices. This year students are preparing the seventh grade to those offices. Patricia Smith, the educator and instructor, states that the new works of the government. The year Capitol was incorporated a new Chapter titled Junior State. The organization is popular in California and Washington. Patricia Smith, the President of the Little States, said, "It's been a great experience through the government

works and functions.

Boys and Girls State also made its contribution experiences in the political field. Chosen from many applicants, the five finalists travel to a special college to learn about a mock government. One of the steps in order to become a finalist is to answer questions on the spot in front of the American Legion Auxiliary Board. Patricia Smith said, "She recommends Boys and Girls State to give



MEMBERS OF GIRLS STATE ARE (FROM LEFT) Michelle Smith, Sheila Johnson, Leslie P. Smith, and Amanda.



MEMBERS OF BOYS STATE ARE (FROM LEFT) Mark, Mike, and John.







POLITICAL SCIENCE PRESIDENT Michelle Smith



THE MEMBERS OF POLITICAL SCIENCE  
COUNCIL ARE: Mike Risher V.P. Michelle Smith  
Pres. Eric Shensley Sec./Treas.



THE MEMBERS OF POLITICAL SCIENCE ARE: Front Row: Curt Bennett, Tami Waidie, Kevin Martin, Lisa Bennett, Steve Johnson. Second Row: Eric DeGroot, Sally Johnson, Dora Blackman, Margaret Oulad, Michelle Smith, Kevin Shensley. Third Row: Cindy Andersen, Jeanette Chapman, Lisa Clark, Tanya Saville, Rob Christensen, Eric Shensley, Mike Risher.

*Half-time is a lot more than getting popcorn and candy when the Basketball*

# *Golden Girls Are the Main Attraction*

Dance /dans/ to glide, step, or move through a series of movements usually set to music. 2. to move quickly up and down and about

Expertise /ek'sper'tez/ 1. the skill, knowledge, judgement, etc. of an expert

These two words very describe the Capital Golden Girls. This group made up of five talented girls was one of Capital's prize possessions. The young women put hours of hard work and determination into every

move to uphold their long reputation of being one of the best teams in the west.

After marching season was over, there was no rest for the G.G.'s. They practiced hard because to be a basketball Golden Girl you have to give an outstanding performance. Out of the sixty-nine girls who tried out, only thirty-five were accepted. The G.G.'s performed at all the home basketball games and also lent their cheers and support during the game.

Out of this group came two girls who shone just a little bit more. Senior Co-captain Debby Rambo, who competed at the Idaho State Dance Competition, won first place and went on to compete at the Nationals in Los Angeles. The other senior, Co-captain Kim Westover placed second in the state at this competition.

With girls like this, how could you not expect perfection? Which is what they are—perfect.



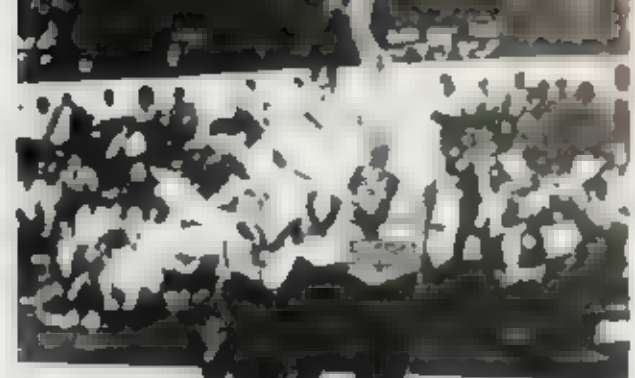
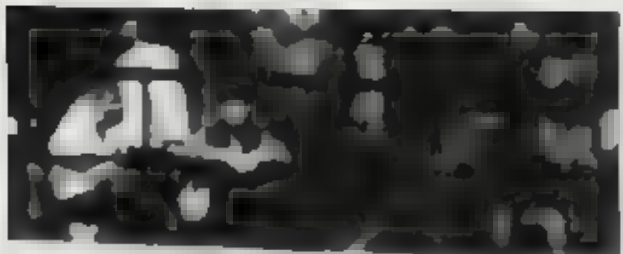
From left to right: Debby Rambo, Kim Westover, and the rest of the Capital Golden Girls basketball team. The girls are standing in front of the Capital building.

DISPLAYING HER AWARD-winning routine...

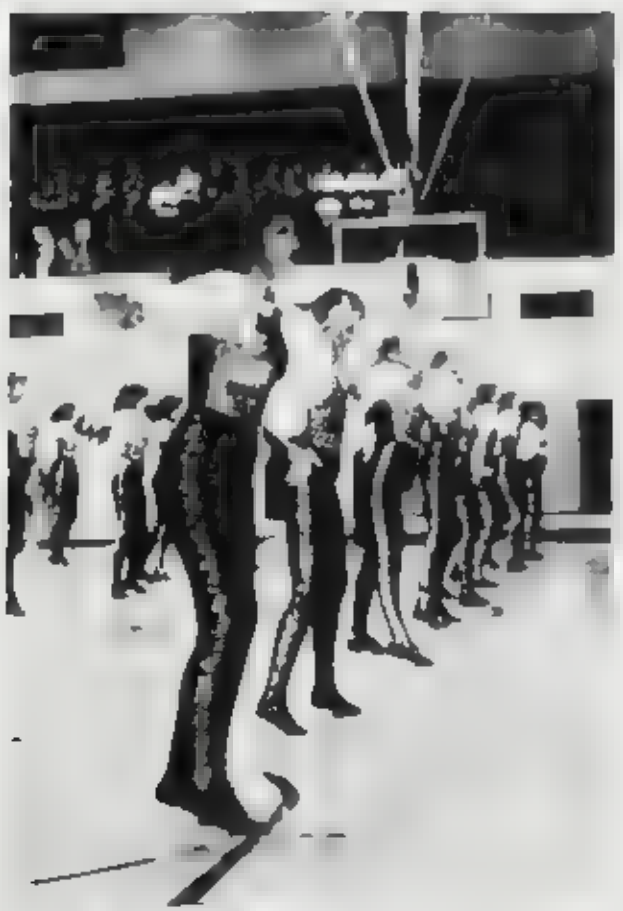




EXPRESSIONS OF A SMALL TOWN  
 THE PICTURE SHOW



AT THE ANNUAL MEETING  
 OF THE  
 AGRICULTURAL SOCIETY



EFFECTIVE CONNECTIONS  
 ON THE MEMBERSHIP

DURING THE MEETING

*Faster than the U.S. Mail Service. Able to meet a deadline on time.*

## *They are: The Yearbook Staff!*

Seventeen years ago the leaders of Capital High School asked special agent Staff to bring to gather together the best and best of the best students to create a special team of crack writers, thinkers and picture takers. A team that would be able to capture the memories of the school and its members for years to come.

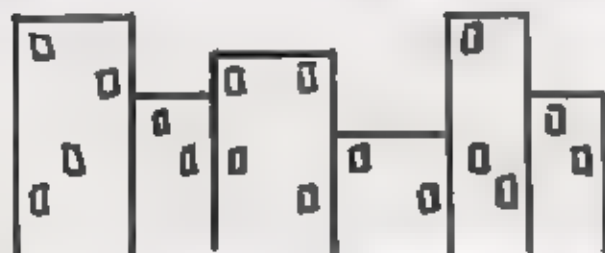
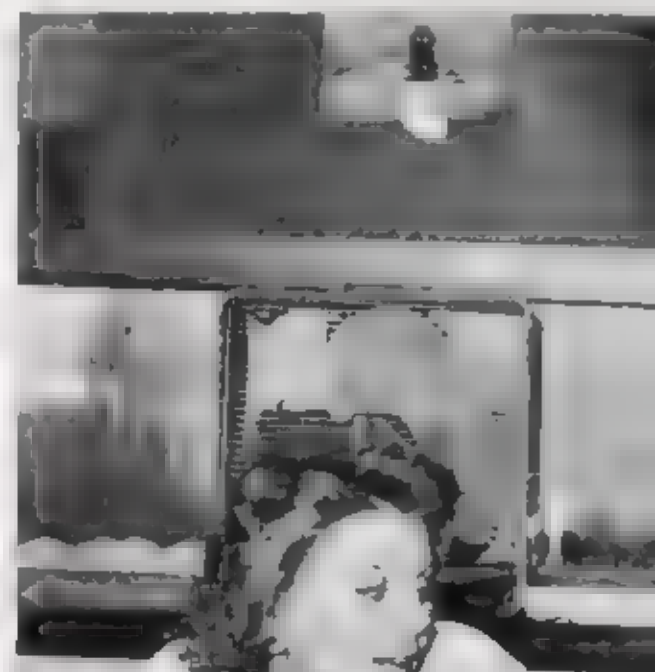
People don't see with yearbook staff. They

perceive, comprehend how much time and work is put into production. Each two page layout is a masterpiece that has to be done. They don't draw up writers, pictures, found and captions. They don't draw up writers, pictures, found and captions.

The members of this yearbook force must always keep in mind that a lot of people will be viewing their work. That the students will always keep

these yearbooks to remind them of 'the best years of their lives'. But never fear the special yearbook task force will keep your memories safe. They know what should be, or would want to be remembered.

Capital residents need not worry about not having memories of high school because The Yearbook Staff will fill a whole book with them.



THE YEARBOOK STAFF  
MEMBERS OF THE YEARBOOK STAFF  
MEMBERS OF THE YEARBOOK STAFF  
MEMBERS OF THE YEARBOOK STAFF



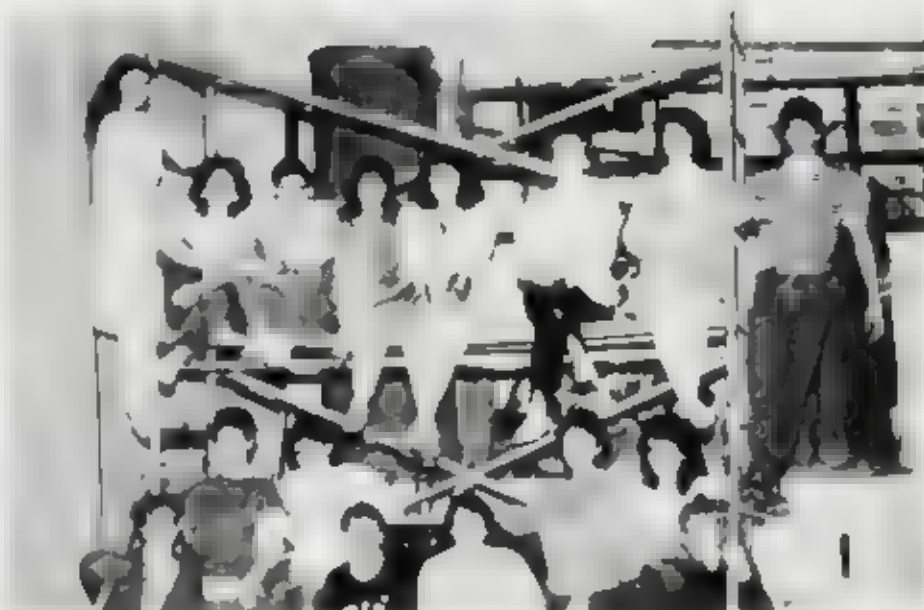




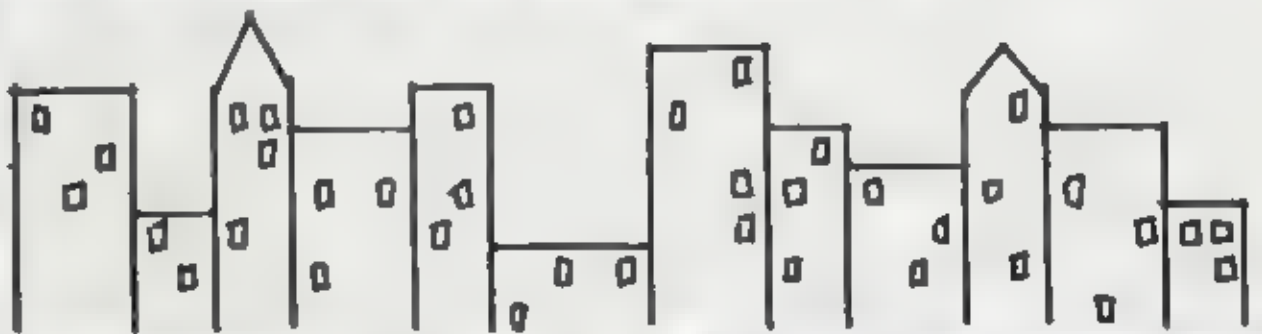
ELINATRIA N. ...  
K. ...



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# Lettermen Boost Spirit

The game was close. The Carter side back and full backs speckled the crowd. Their jackets helped cheerleaders and students along with their enthusiastic attitudes. Leading the pack Carter made a tremendous effort with the letterman bodies. These letter students are known as the Rowers.

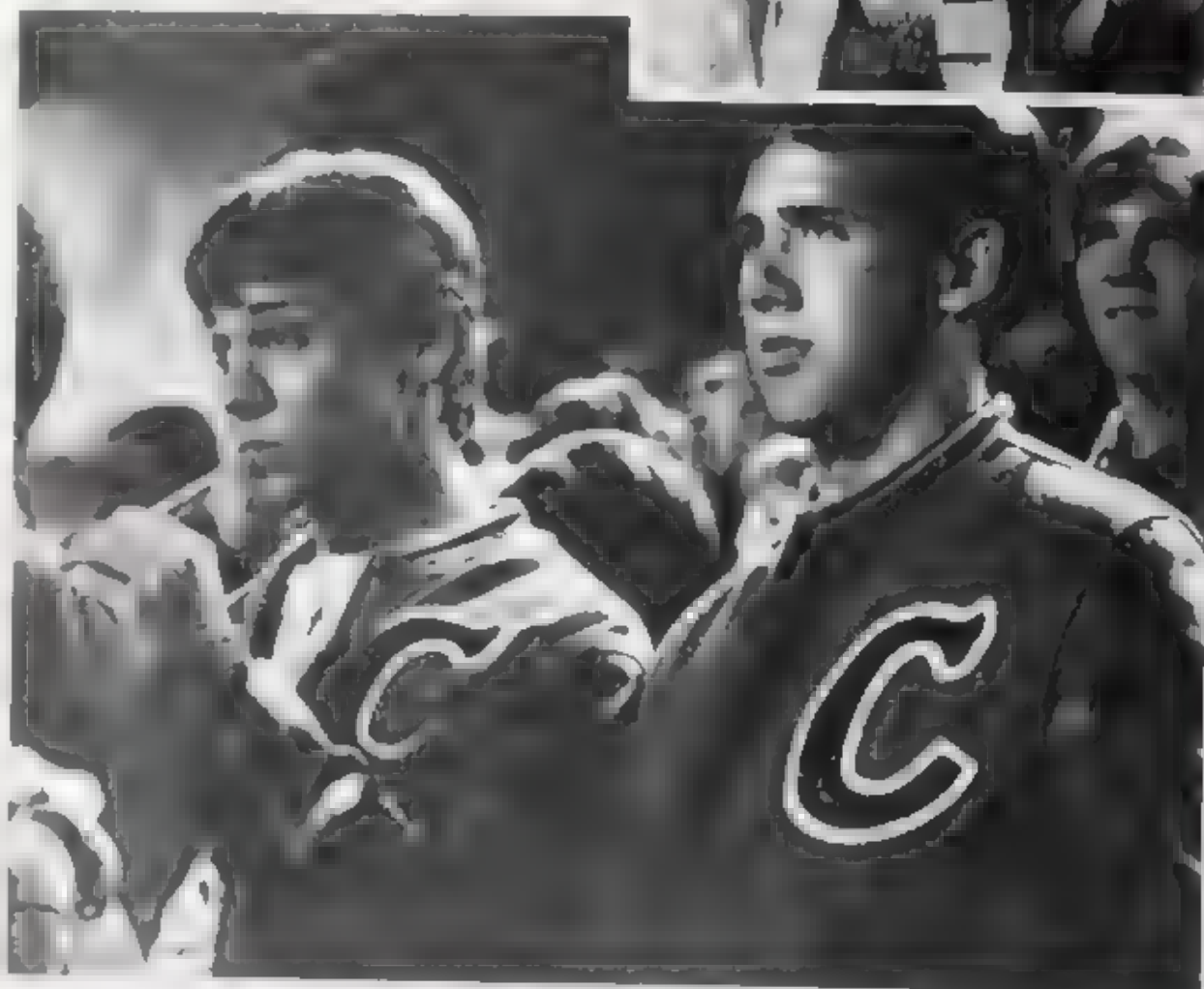
Besides the Rowers, C.C.B. is affiliated with the National Letterman Association. This group of students who have earned the right to wear a letter. Besides supporting fellow athletes they also take interest in the school's participation in various projects like the Orange and Blue C.C.B. because they get to show our school spirit by being out and get the word out. Also everyone knows more from Carter and know the difference with a

WILLIAMSON, N.C. 27588  
C.C.B. is a group of students who have earned the right to wear a letter.

At C.C.B. we have a lot of fun and a lot of hard work.

C.C.B. is a group of students who have earned the right to wear a letter.

WILLIAMSON, N.C. 27588  
C.C.B. is a group of students who have earned the right to wear a letter.





[illegible]

Capital High School students are better preparing themselves for the future by joining clubs such as Gourmet Club, which teaches students cooking skills, and Adult Living, which helps prepare students for life after high school. It's a pizza party, it's a pot roast, no it's Gourmet Cooking Club. Out of the kitchen comes a club that can really bake some fun. This year at Capital, normal everyday students are earning the skills needed to be fantastic cooks. Gourmet Club is made up of students who love to cook or just want to learn. Not only do members whip up delicious edibles, they also visit restaurants and food companies to better understand just exactly what happens there.

$$f(x) = \int_0^x \frac{1}{t} \left( \frac{1}{t} - \frac{1}{t^2} \right) dt = \frac{1}{t} \ln t + \frac{1}{t} + C \quad (1)$$
[illegible]





# Sports

[illegible]

But very far from it. I saw a real test of the system in the  
 school. A class of pupils in the support classroom for special students  
 had a day when they were to be "in charge" of the school. They  
 had to be in charge of the school. They had to be in charge of the school.  
 They had to be in charge of the school. They had to be in charge of the school.  
 They had to be in charge of the school. They had to be in charge of the school.  
 They had to be in charge of the school. They had to be in charge of the school.  
 They had to be in charge of the school. They had to be in charge of the school.

[illegible]

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*One Word Says It All*

CAPITAL

*Heart and pride  
characterizes*

# Season of Success

The elation on the faces of the Capital eagles after their 48-0 conquest of cross-town rival Boise told the story of the 1985 season — it was a success.

1985 started with some injuries to key players but even that early adversity didn't slow the eagles down. They finished 7-2 — a record that included defensive victories over both future Division I champ Coeur d'Alene and Skyline.

The only blemishes on the season were losses to Borah and Meridian.

Two of the three teams the Eagles needed to beat to make their third successive state playoff appearance lost their opening games, but the eagles bounced back with impressive performances in their seven victories, which included a late season 40-20 romp over state contender Lewiston.

Heart and character were the trademarks of the 1985 Capital Eagles. Coach Swindle.

Capital was well represented in prestigious teams such as All SIC, All-Metro, and All State. All SIC: Brad Nishitani, Mike Swindell, Jeff Gauby, Chad Flesher, Dan Arguinchona, Eric Elg. All-Metro: Brad Nishitani, RB, Jeff Gauby, K, Dan Arguinchona, DL, Mike Swindell, LB. Andy Latta, LB.

Chad Flesher (P), All-State; Jeff Gauby (K), Dan Arguinchona (DL), Mike Swindell (LB), 2nd team; Mike Swindell (TE), Preston Todd (OL), Brad Nishitani (RB), Chad Flesher (P), Mike Swindell also was named Player of the Year for the State of Idaho.



OF CONCENTRATION: Gorkhas James Wadd, Jeff Barry, Marc Martinez and Mike Swindle.



## SCOREBOARD

| W  | L | T | OPPONENTS     |
|----|---|---|---------------|
| 7  | 2 | 0 | Boise         |
| 7  | 2 | 0 | Borah         |
| 7  | 2 | 0 | Coeur d'Alene |
| 10 | 0 | 0 | Pasco         |
| 7  | 2 | 0 | Bonanza       |
| 1  | 6 | 0 | Meridian      |
| 10 | 0 | 0 | Lewiston      |
| 7  | 2 | 0 | Idaho Falls   |
| 7  | 2 | 0 | St. Ignace    |
| 7  | 2 | 0 | St. Ignace    |

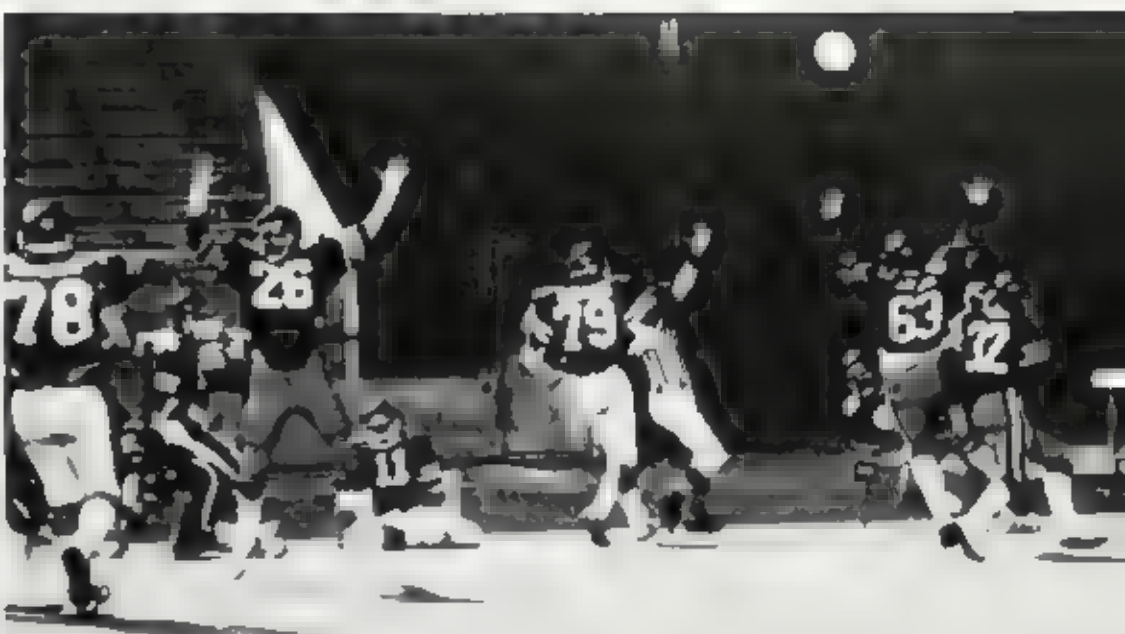
ST



PACIFIC L. CALIFORNIA FOOTBALL TEAM



WESTERN L. CALIFORNIA FOOTBALL TEAM



ALBERTA FOOTBALL TEAM  
 ALBERTA FOOTBALL TEAM  
 ALBERTA FOOTBALL TEAM  
 ALBERTA FOOTBALL TEAM  
 ALBERTA FOOTBALL TEAM

### *and Finish*

[illegible]

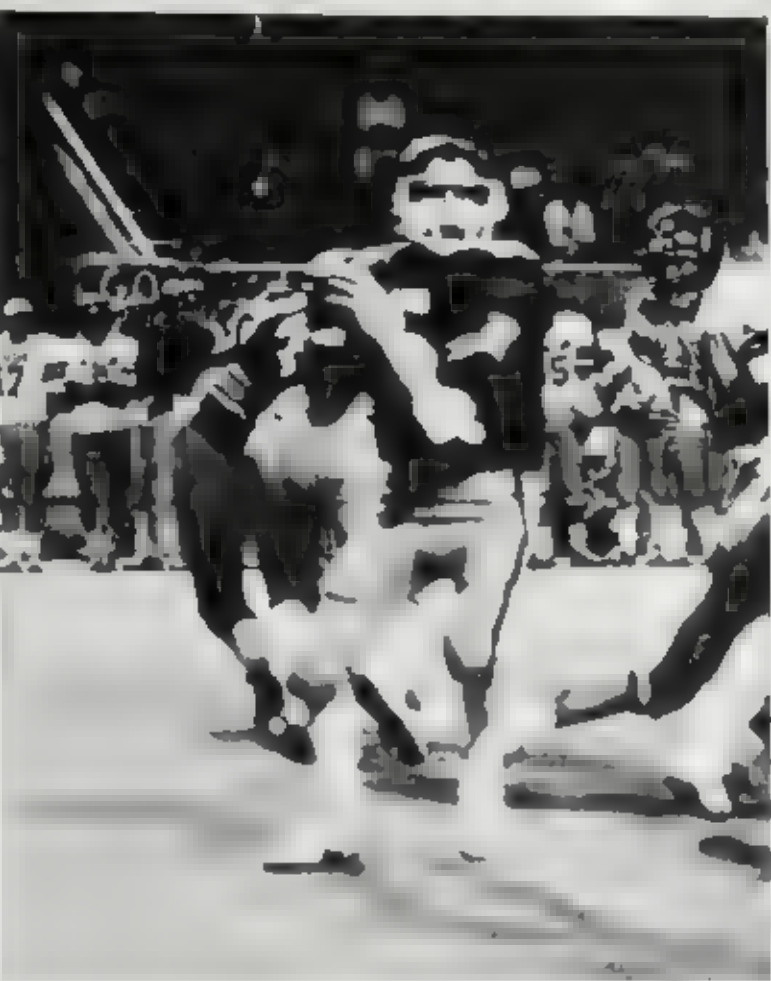
A car has set a new for the  
lowest price ever for a car  
in the car market (around \$100,000)  
for a car with a 2.0 liter  
engine and 160 hp.

[illegible]

$\int_{\mathbb{R}^n} \left( \frac{1}{2} |\nabla u|^2 - \frac{1}{2} |\nabla v|^2 \right) dx = \frac{1}{2} \int_{\mathbb{R}^n} (u^2 - v^2) dx$



SCANNING THE FIELD - In the receiver quarterback Max H. points as player in the past because of his ability to scan the field.



The Senior team in the Varsity Football game. From left to right: Paul, Joe, Bill, John, Ken, Harry, Nelson, and Max. The Junior team: Willie, Ned, Larry, Brad, and Tom. The Sophomore team: Ned, Paul, and Max. The Freshman team: Jeff, and Max. The Varsity team: Max, and the Junior team: Max, and the Sophomore team: Max, and the Freshman team: Max.



EVADING HIS OPPONENT - Jeff, Joe, Brian, and Tom. The player in the past because of his ability to scan the field.



The Varsity team in the Varsity Football game. From left to right: Paul, Joe, Bill, John, Ken, Harry, Nelson, and Max. The Junior team: Willie, Ned, Larry, Brad, and Tom. The Sophomore team: Ned, Paul, and Max. The Freshman team: Jeff, and Max. The Varsity team: Max, and the Junior team: Max, and the Sophomore team: Max, and the Freshman team: Max.

*Some would call it a rebuilding  
year, others a learning experience,  
but whatever you call it, it was*

# *One of those years*

The 1985 fighting Sophomore football team had a very disappointing 6-7 season. The team realized that if they were going to go anywhere, they would have to practice hard, play in their hearts, and accept their limitations.

They stayed true to the game plan and played to win. But the odds were stacked against them. The team, according to Coach Duncan, struggled valiantly against very tough odds throughout the season. We were out-numbered, out-sized and out-talented by most of our opponents.

Offensive surges were accomplished through the fine passing of

Darren Dildine to his favorite target Jim Kummel, while James Eidam led the Eagles on the ground. Jason Jacobsen, the baby Eagles leading tackler, was also a big threat to his opponents from his fireman position. Though it was his first year of football, David Swartz showed that he had fabulous talents as a kicker. His several 40-plus yard field goals lead Coach Duncan to believe that he would have an impact on Idaho High School Football. Considering their no-win season, the team played courageously throughout each game, never surrendering until the final whistle.



## SCOREBOARD

| WE    | OPPONENTS |
|-------|-----------|
| 6-5   | Mendota   |
| 6-6   | Borah     |
| 14-16 | Boise     |
| 17-35 | Caldwell  |
| 2-50  | Mendota   |
| 5-7   | Borah     |
| 14-24 | Boise     |



We worked hard, but we could have done better if we had united together as a team earlier in the season.

Jason Jacobsen



LEADING BACK DARRIN DILDINE PUTS A TOP-LEVEL PASS TO JIM KUMMEL FOR A PERFECT PASS. ALSO, THE SOPHOMORE OFFENSIVE LINE BACK THE TACKLES A...





THE AGONY OF A LOSS FOR THE HOME TEAM



CLUCK HANSON RECEIVES THE BALL FROM QUARTERBACK DARRIN DODD AND PLACES IT ON THE END ZONE

The team is posed in front of a large floral arrangement. The players are arranged in four rows, holding their jersey numbers. The numbers are as follows:  
 Row 1: 73, 52, 79, 40, 72, 24, 56, 55, 83  
 Row 2: 75, 72, 34, 56, 25, 74, 35, 49, 51, 64, 27  
 Row 3: 98, 77, 22, 10, 68, 78, 63, 45, 60, 62, 33  
 Row 4: 42, 76, 16, 12, 41, 49, 30, 31, 31, 84

The team is posed in front of a large floral arrangement. The players are arranged in four rows, holding their jersey numbers. The numbers are as follows:  
 Row 1: 73, 52, 79, 40, 72, 24, 56, 55, 83  
 Row 2: 75, 72, 34, 56, 25, 74, 35, 49, 51, 64, 27  
 Row 3: 98, 77, 22, 10, 68, 78, 63, 45, 60, 62, 33  
 Row 4: 42, 76, 16, 12, 41, 49, 30, 31, 31, 84

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 Row 3: 98, 77, 22, 10, 68, 78, 63, 45, 60, 62, 33  
 Row 4: 42, 76, 16, 12, 41, 49, 30, 31, 31, 84

*To have a winning season is nice, but to work hard and improve as a team is great.*

# Varsity Volleyball



## SCOREBOARD

| W L | OPPONENTS     |
|-----|---------------|
| W   | T V I         |
| W   | Frankland     |
| W   | Borah         |
| L   | Boise         |
| L   | Mendota       |
| S   | District Tour |
| L   | Mr. Home      |
| L   | Caldwell      |
| L   | Nampa         |
| L   | Ontario       |



Varsity Volleyball team photo. Back row: Coach, 24, 22, 19, 14. Front row: 11, 15, 17, 21.

“

Stick to the fight when you're hardest hit  
it's when things seem worst that you  
mustn't quit

”

It was a hot summer day in August when the Varsity Volleyball team first stepped onto the field at Capital to begin conditioning for the coming season. The endless hours of exercise and preparation, for the awaiting games, was bound to pay off.

The Eagles practiced three to four hours every day beginning on August 15. Watching them bump, set, and spike made one feel just as they did, anxious and ready to enter a successful season. After three weeks of preparation and long practices, their hard work made them feel they were ready for their season.

As September 5th rolled around one could hear the loud roaring screams coming from the mouths of excited Eagle fans. The intensity was rising as our fearless players walked onto the court. The cheers from the spectators echoed upon every wall throughout the gym. The looks of determination in the players' eyes made their opponents wonder what they were up against. Sparks flew as Christy Bartlett, known as the 'best setter in the district', helped boost the Eagle score. Kris Imal, the only sophomore on the team, also helped with her great team spirit and excellent hits.

The hard working Eagles received many compliments even though they won few games. The girls played well overall and other teams had to fight for every point they received. The team continued their hard work throughout the entire season with loyalty and dedication to make it successful in the way it matters most, improvement and learning.







INTENSE CONCENTRATION  
MARKS the ace - K.T. Norton as she  
experts jumps the volleyball.

AT THE BEING AN OFFER  
COURTESY OF THE

*Enthusiasm and improvement  
spark determination for*

## *Sophs and J.V.*

The shrieks of "Mine!" mingled with an occasional shout of encouragement from the coach resounded in the gym, as the Soph & JV volleyball teams strived for another great season. Determination was the name of the game for the sophomore team. Tough practices along with the even tougher games led the girls to a solid record.

During an intense game against Nampa, the sophs showed spirit and desire with great saves and powerful ace serves. Despite their loss, the girls fought hard with a winning attitude. Coach Smith said, "Our goal was to improve, to develop basic skills, bump set and serve. As the season went along, I feel the

girls did it. Every player, every time, it was the way of the girls. The goal was to go out to have fun and improve," said Coach Smith.

The girls of the JV team rallied around their captain and leader, point Dan Griffith to turn in a winning season. Rose Bear's consistent serving and dramatic spikes, assisted by Angie Greasy and great line players Tania Ostro and Kristi Seider kept them in the game with excellent blocks and Debbie Kaderberg's free set. Some great block shots for the Eagles. Coach Carr helped the girls to develop a tie team with excellent prospects for next year's season.

BEFORE THEY TAKE THE COURT, the sophomores and JV girls are ready to go.



COACHES: Nampa, Coach Dan Moore; Richland, Coach Dan Moore; and Junior High, Coach Dan Moore. JV players: Nampa, Kristi Seider, Tania Ostro, and Dan Griffith. Sophomore players: Rose Bear, Angie Greasy, and Debbie Kaderberg.



### SCOREBOARD

WT

OPPONENTS

WT

Frontland

WT

Bora

WT

Mendias

WT

Mtn Home

WT

Nampa

WT

Bora

WT

Oreana

“

We went out with the idea that it's just a game, loss or win.

Coach Dan Moore

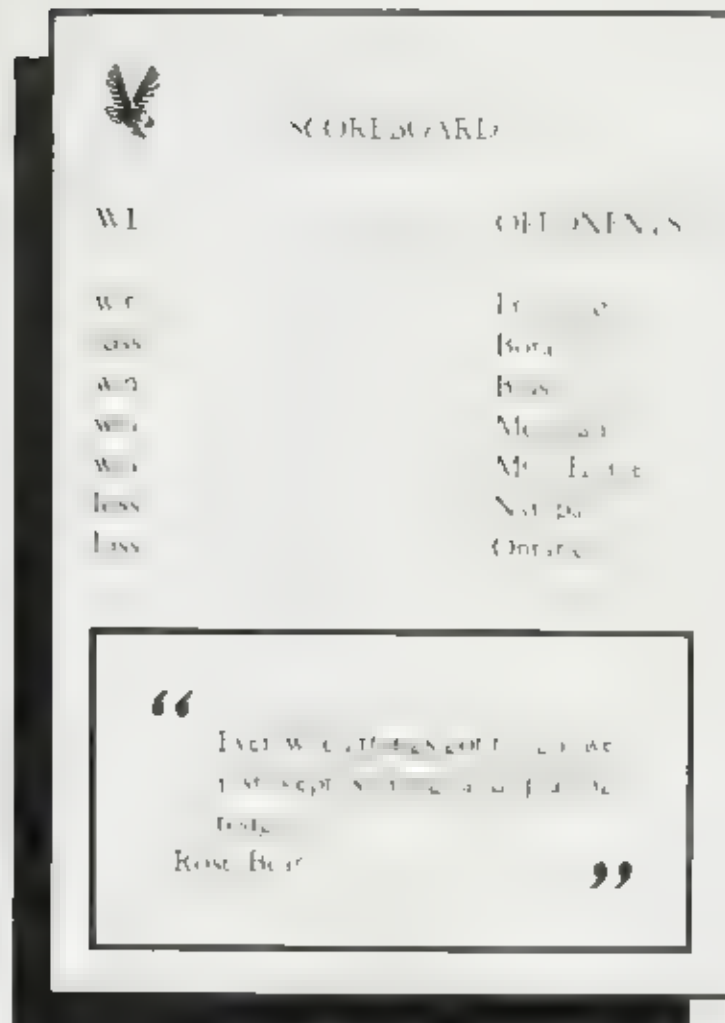
”







The letters I've written to the Bay Area Area Council on the Environment have been read by the Board of Directors. Debbie has been asked to write a response.

[illegible]





*The Cross Country Team's journey through cities, districts, and states took them*

## *Over Hill and Dale*

The Rolling Hills of Shamana Golf Course seemed endless as the hot Indiana Summer sun beat down upon my back. As the dust kicked up behind my feet and my heart pounded harder with each painful step, I thought I might collapse in a heap. I reached the top of the last peak, now it was all downhill. As I crossed the green golf course, I felt my spirit and feet lift. Adrenaline poured through my aching body as I reached the nearing finish line. Upon breaking the red tape, I glanced back at the green to my struggling opponents.

Capital's Cross Country has done very well this year, accomplishing

something that many teams strive for but few achieve. It was the feeling of family, great coaching, and cooperative team members helping the team reach their goals and do well in prestigious meet such as the Twin Falls Invitational and the Garrie Frankan Memorial in Eugene, Oregon. Robin Card concluded the season undefeated and in the state meet finished the 1000 meter run 40 seconds ahead of his opponents. Also showing good standings were, Tracy Reglin, Trina Hennie, Brett Plummer, Rick Williams, Matt Gregory, Jim Bunce, Brian Duncan, and Dusty Pena.



Capital Cross Country Team  
Front Row: Robin Card, Tracy Reglin, Trina Hennie, Brett Plummer, Rick Williams, Matt Gregory, Jim Bunce  
Back Row: Coach [Name], [Name], [Name], [Name], [Name], [Name], [Name]



CLOSING A LONG season of pursuits, Brian Duncan pushes himself to the finish line.

“The family-like quant between coach and runner made me want to win more than anything I've ever wanted.”

-Robin Card

”



*Through the season, the wrestlers prove they definitely possess*

## *All the Right Moves*

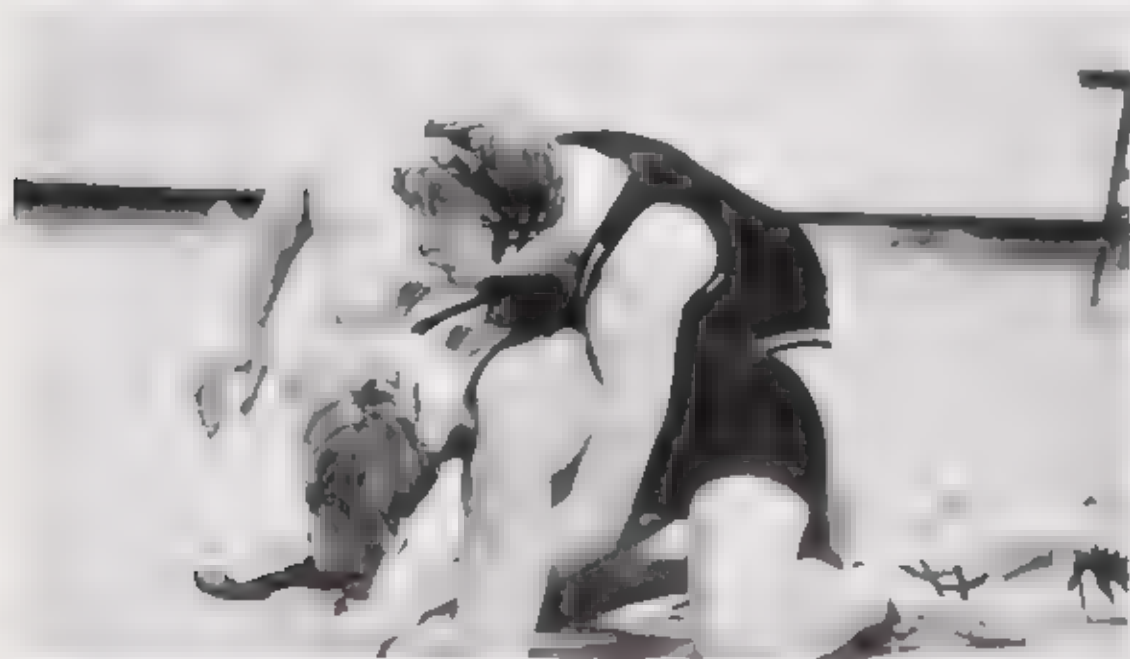
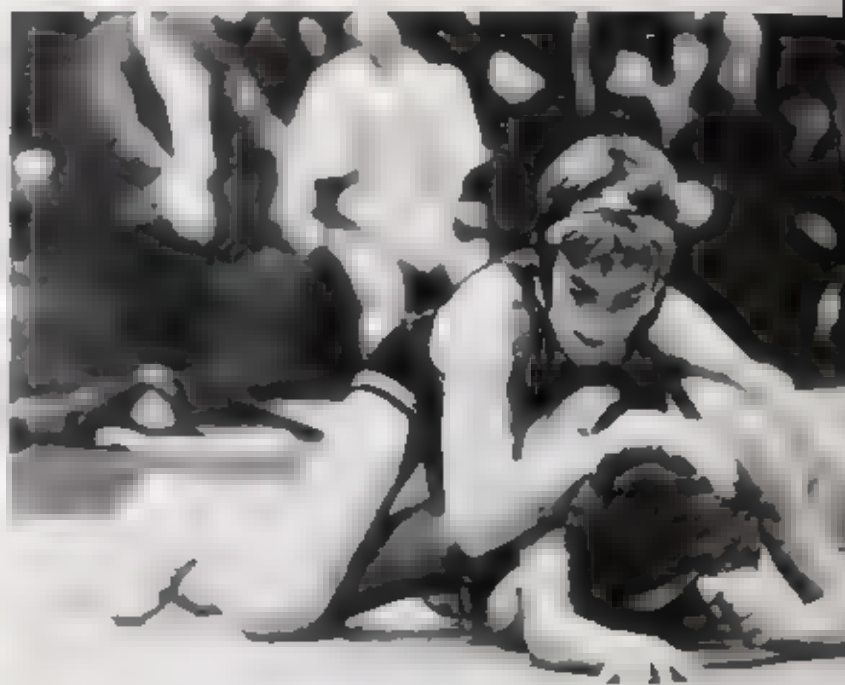
In the far reaches of Capital High School, there echoes the strained, power-hungry efforts of two to seven determined young men beginning their grueling two-hour wrestling practice. An increasingly popular sport, wrestling requires dedication, discipline, and guts. Amidst the gold mats and sweat, the wrestlers strive to improve themselves physically and mentally. They labor for glory and maintain pride in their achievements. The wrestling gym walls are decorated with pictures of victories scored by outstanding Eagle wrestlers. These pictures serve as goals for the cur-

rent team who sees them and imagines their own matches among them.

Making weight is probably the most difficult requirement of a wrestler. Skipping meals, eating ice cubes, and running laps around the school are ways to lose the unwanted pounds.

Good wrestlers develop determination, agility, and strength, and they are willing to endure the bruises and bloody noses that are part of the sport.

SHOWING PROGRESS FOR THE FUTURE: Top left—Brian Wardle, senior, on his opponent. Top right—Mike McKinney, senior, on his opponent.



**AS HE BREAKS THE GRIP OF HIS OPPONENT** Brian Wardle punishes the other team. Above: SINCE HIS EXERTISE, Brian Wardle prepares for his next move.



**TRYING TO OUTSMART** his opponent, Mike McKinney moves cautiously.




ANGELIA STEVENSON Wrestling, 1999-2000

DEREK MATHIAS Wrestling, 1999-2000



The members of the wrestling team. First row: Greg Puckett, Eric Dew, Jayson Jett, Derick Smith, Brian McKelvey, Brian Wardle. Second row: Coach Stevens, Dan Rios, David Balaban, Ryan Graham, Mike Swaine, Ken Wardle, Chris House, Zach Hennessey, and Coach Hines. Jan Pickett, Matt Johnson, Ben Gere, Brett Wardle, Matt Meyer, Matt Martinez, Sean Lusk, Tim Weber, Brian Gales, and Coach Nielsen. Coach Lusk.



|  | SCOREBOARD  |
|---|-------------|
| WE  | OPPONENTS   |
| 5-14  | Nampa Mecha |
| 4-22  | Walla Walla |
| 48-21   | Fairview    |
| 3-2   | Bonse       |
| 46  | Kura        |
| 47-28   | Boral       |
| 45-2  | Snake River |
| 48  | Pocatello   |
| 5-50  | Mr. Home    |



AGERLY, Sean Lynch waits for the starting signal to begin the match. ON THE MATS, Glenn Walker teaches a lesson to his opponent.

*The individual members work hard together and form a friendship becoming*

## *More Than Just a Team*

As the wrestlers slept while the bus hummed down the highway I, the female wrestling manager, kept growing more bored. But wait I had an idea! I stealthily moved along the aisle of the bus, tying the members' shoelaces together. As they woke, they got a surprise and I got a laugh.

At the meet the wrestlers' performances displayed determination to win. One by one as they came off the mat I

asked how they thought they did. I told them they knew what to work on during practice. I smiled, and offered encouragement.

As female manager, my job was to keep statistics and records of the matches, take inventory, issue equipment, call in the results of home meets, and keep track of the trainer's kit at the meets.

Most of the wrestlers ac-

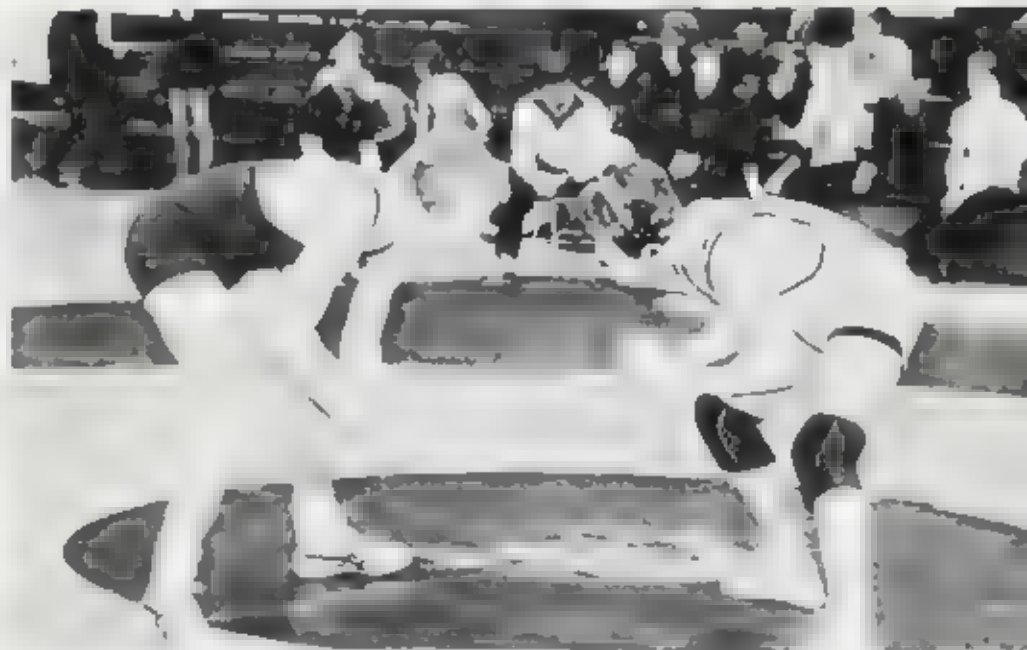
cepted me as a part of the team and we became friends. Being manager was both rewarding and painful. If a wrestler won I was happy; if a wrestler was injured I felt his pain; if a wrestler lost, I was disappointed for him and the team, but I knew that each time someone competed, he came back with more experience. The wrestling team was more than just a team—it was a family.



STRUGGLING AGAINST loss of  
the Turkey's grasp to win

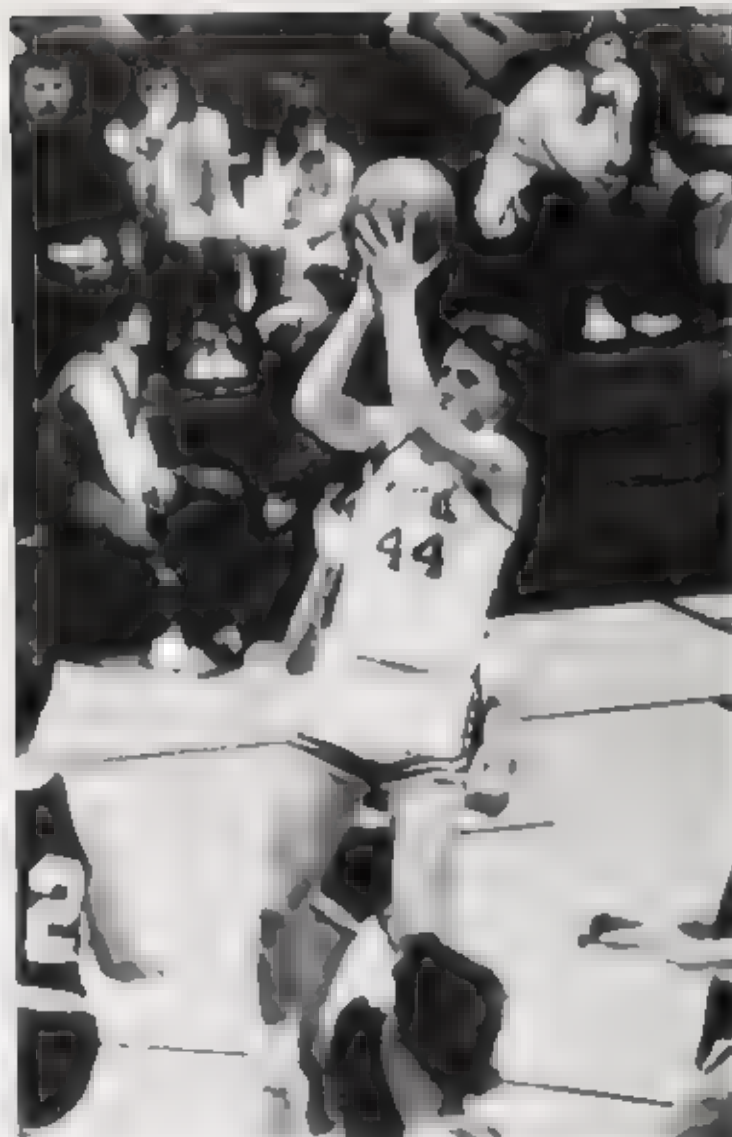
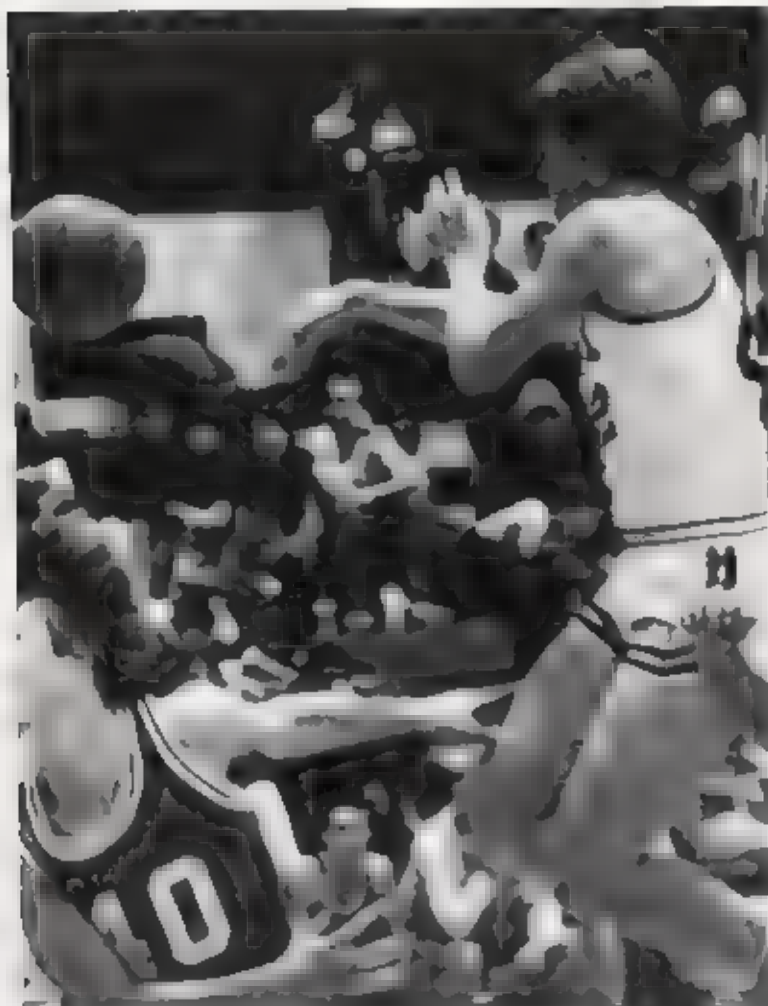


INTENSELY Coach Stevens and Coach Lima watch an important match



BEFORE COMMENCING THE MATCH, the referee and the wrestlers

SEEKING FOR A QUICK SHOT Mike Keller pushes for a shot.



## *They came, they saw, they conquered.* **Bound for Glory**

The 1985-86 year began with one returning Varsity player, Kirk Andrus. Up from the junior team came Steve Atchley, Mike Hoppins, Scott B. Smith and John Andrus. On this year's Varsity team as juniors are Dave Tueller, Mike Keller, Jr., Stu McLean and Todd McLean. We also have a transfer from Salem, Oregon, Scott D. Smith. The last year's Varsity team was on the tennis circuit in 1984.

Our team lost its first game to Skyline, but then worked its way through a victory in December over the undefeated Pirates.

Our team is well rounded to the inside. We have good perimeter shooters and a strong inside game. The combination makes it difficult for teams to stop their defense against our offense. Another strong facet of our team is the players coming into replace the starters. They thought our team was exciting to watch. This was probably the best team play, our three point shooters and some hard layups. Our best player is Kirk Andrus. As of now, we are looking well.

—Coach Hill



### SCOREBOARD

W L

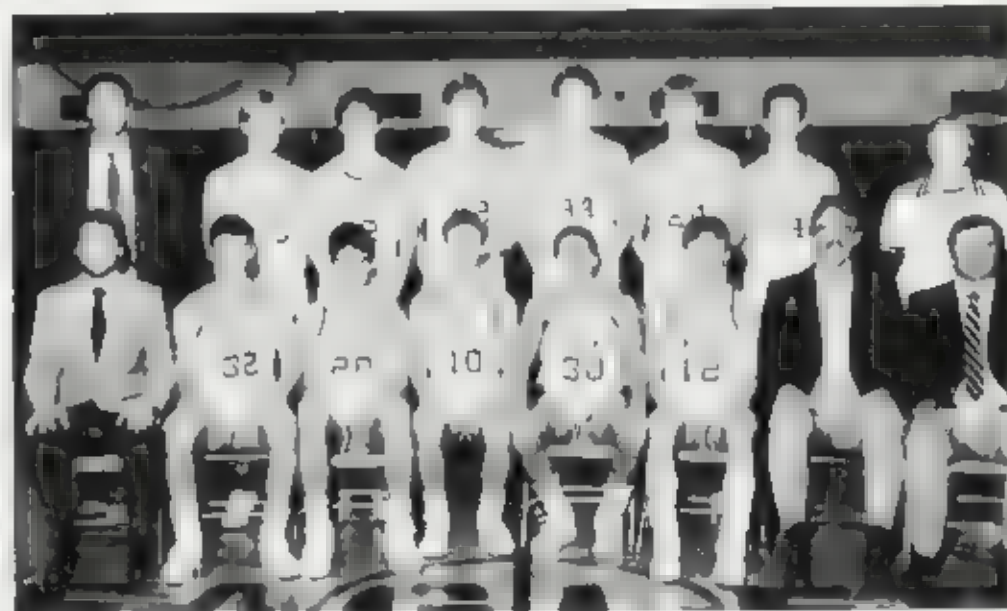
OPPONENTS

|       |           |
|-------|-----------|
| 8-20  | Skyline   |
| 65-40 | Reed      |
| 71-55 | Cascade   |
| 71-58 | Highland  |
| 65-58 | Pendleton |
| 58-65 | Burley    |
| 52-40 | Caldwell  |
| 52-40 | Meridian  |
| 65-50 | Nampa     |
| 61-40 | Boss      |
| 58-41 | Caldwell  |
| 50-40 | Borah     |
| 50-40 | Meridian  |
| 50-50 | Boss      |

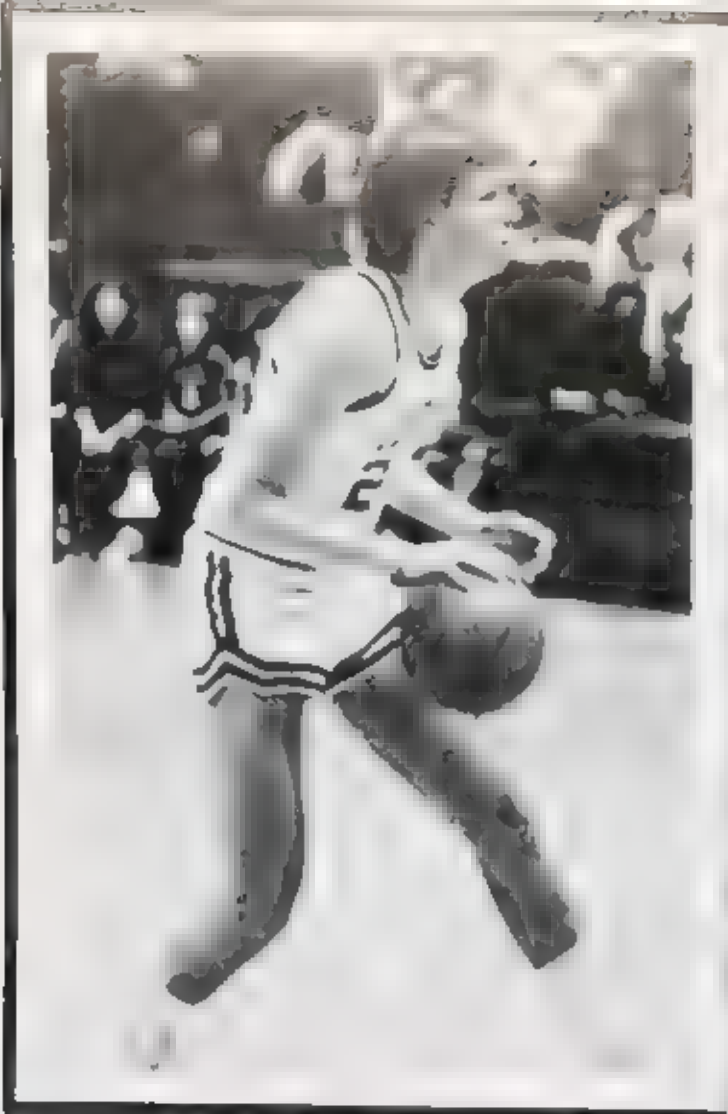




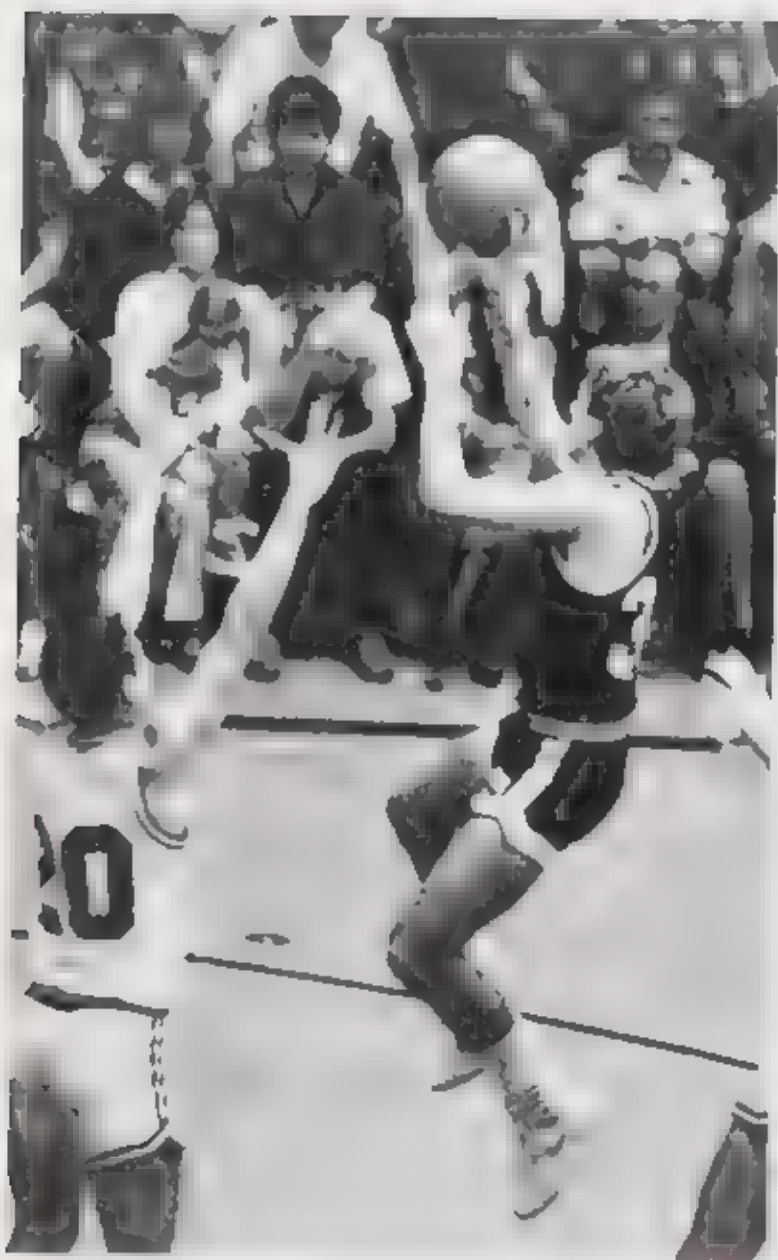
ALL THE WATCHING QUIETLY + the phone rings and it's a woman  
SOUNDING A LITTLE bit a bit like me Mike Hopp says he's been called by her


$$\begin{aligned} & \Gamma = \{x \in \mathbb{R}^n : \|x\|_2 \leq 1\} \text{ is a compact convex set in } \mathbb{R}^n. \text{ Let } \mathcal{K} = \{x \in \mathbb{R}^n : \|x\|_2 \leq 1, x_1 \geq 0\} \\ & \text{be a compact convex set in } \mathbb{R}^n. \text{ Let } \mathcal{L} = \{x \in \mathbb{R}^n : \|x\|_2 \leq 1, x_1 = 0\} \text{ be a compact convex set in } \mathbb{R}^n. \\ & \text{Let } \mathcal{M} = \{x \in \mathbb{R}^n : \|x\|_2 \leq 1, x_1 \geq 0, x_2 \geq 0\} \text{ be a compact convex set in } \mathbb{R}^n. \end{aligned}$$

$$N = 1100, \quad \sigma = 100, \quad \lambda = 0.001, \quad \mu = 0.001$$



DISPLAYING ONE OF HIS FAMOUS SLAMS KIRK ADAMS



A GOOD EXAMPLE OF THE SLAM DUNK  
PERFORMED BY KIRK ADAMS  
DURING A RECENT GAME

*Wanting to win with the desire of a ruthless team, pushing their way to the top*

# *The Eagles Take Flight and Soar Far Above*

“ Our team wasn't big, wasn't of exceptional talent. But we worked hard to achieve our goals and we can play with anybody in the state. Our team worked very well together. Everybody knew his role, and got the job done according to what we needed from each individual.”

Kirk Andrus

”

As I walked into the loud roar in the gym, I knew right then, by the look of determination on each player's face, that this game was going to be played with the utmost intensity.

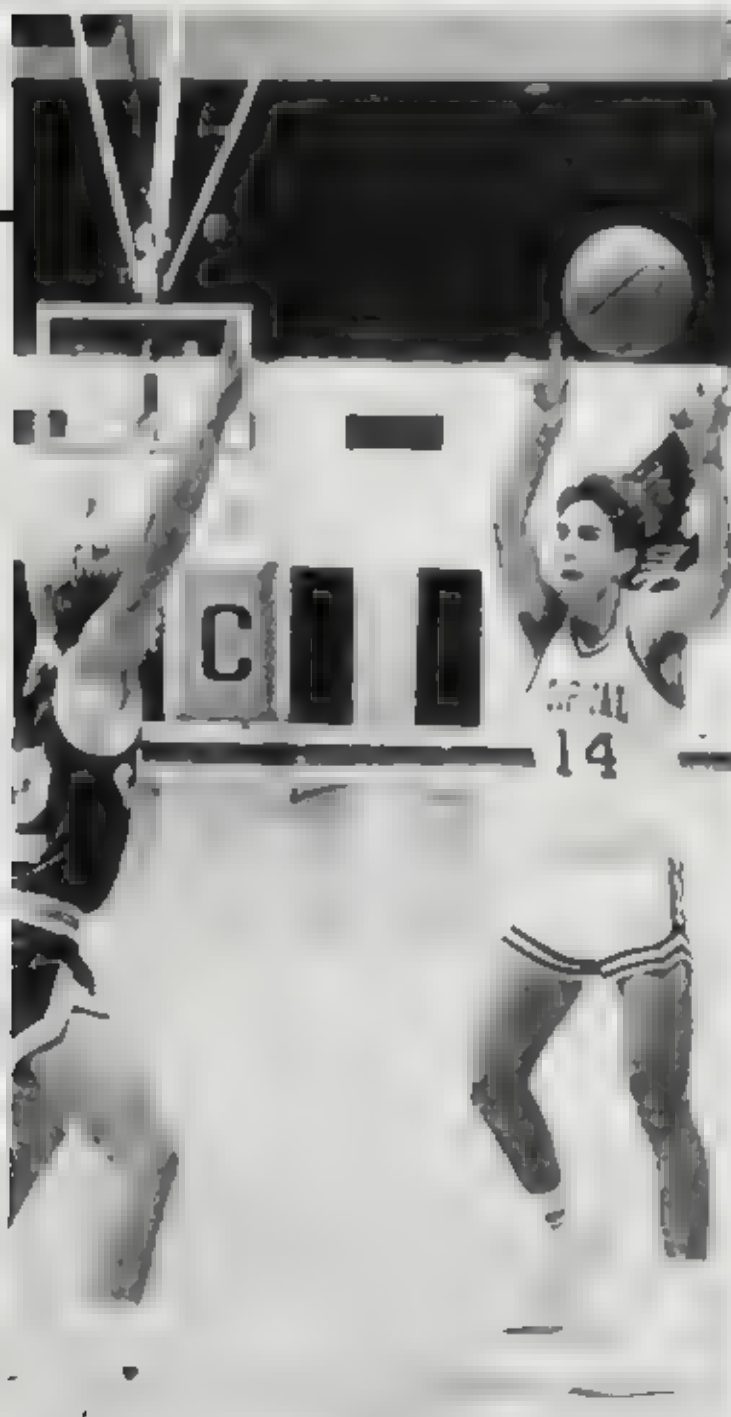
The Eagle starters' outside shooting was a real plus. Many times crucial three pointers put the black and gold in the lead, enabling them to win the game. Another important factor was that the players coming off the bench added many points on the board and gave some of the starters a chance to rest.

Probably one of the most exciting games was the first Capital BHS matchup. The Ea-

gles knew that it was going to be hard, physically and mentally, but the team showed that they were ready for it. The scoreboard may have said we were behind at one point, but the secret is that it doesn't always tell the real truth about a game.

The Eagles entered the season knowing it would be a year characterized by struggles. They took that burden and turned it into an asset; they never lost the desire to win. It al-

**ON A FAST BREAK** Todd Michael looks on two



**FAKING OUT HIS** Caldwell opponent Kevin Dibeaus blindly passes the ball.





## With determination, guts, and skill, They Pulled It Off.

Before the uproarious fans, the Varsity team strides onto the court to warm up for the oncoming game. To be a part of this elite group of upper-classmen, it takes years of preparation. That's where the J.V. squad comes into the picture. Led by the scoring of Tyler Clark, Brett Smith, and Brett Hoban, this year's J.V.'s had a seven game winning streak beating Borah, Boise, and Meridian in close overtimes. "A good quality of the team," quoted Coach Ed Thomas, "is that all sixteen players work hard in practice every day which brought them together as a

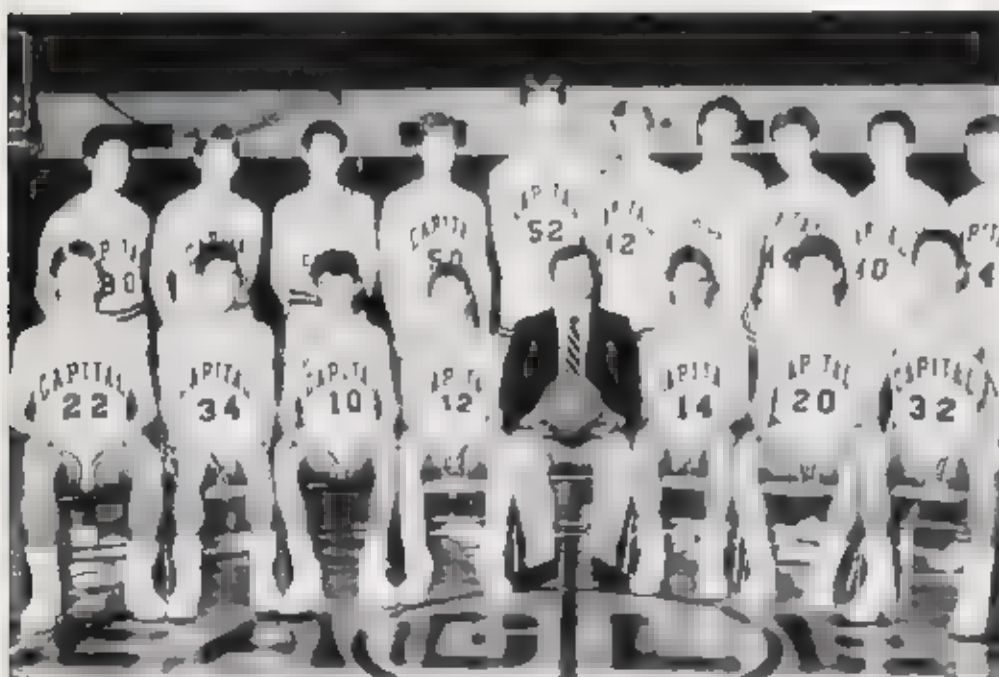
group during the games.

Not really believing in themselves at first, the Sophomores came together as a team later in the season and started to realize they could be winners. The record may not show a spirit of determination, but the team certainly did.

These two teams worked hard and displayed a lot of potential for being a very successful varsity team in the years to come.

PEELING DOWN THE REBOUND, Bob Hoban tips it away from the Walter's grip.

The members of the Boys' Sophomore Basketball team are: First Row—Robby Deebie, David Swann, Coach Webb, Ben Pursley, and Chuck Ranstrom. Second Row—Maca Cox, James Egan, John Hatten, Tony Johnson, Fred Lise, Darren Dildner, Robert St. Martin, and Aaron Dettman.



Members of the Boys' Varsity Basketball team are: First Row—Tony Johnson, Fred Lise, Darren Dildner, Robert St. Martin, Aaron Dettman, Coach Webb, Ben Pursley, and Chuck Ranstrom. Second Row—Maca Cox, James Egan, John Hatten, David Swann, Robby Deebie, and Tony Johnson.



W.F.

Capital  
5-10-12  
60-65 (1)  
6-60 (1)  
5-10-12  
6-60 (1)  
5-10-12  
6-60 (1)  
5-10-12  
6-60 (1)

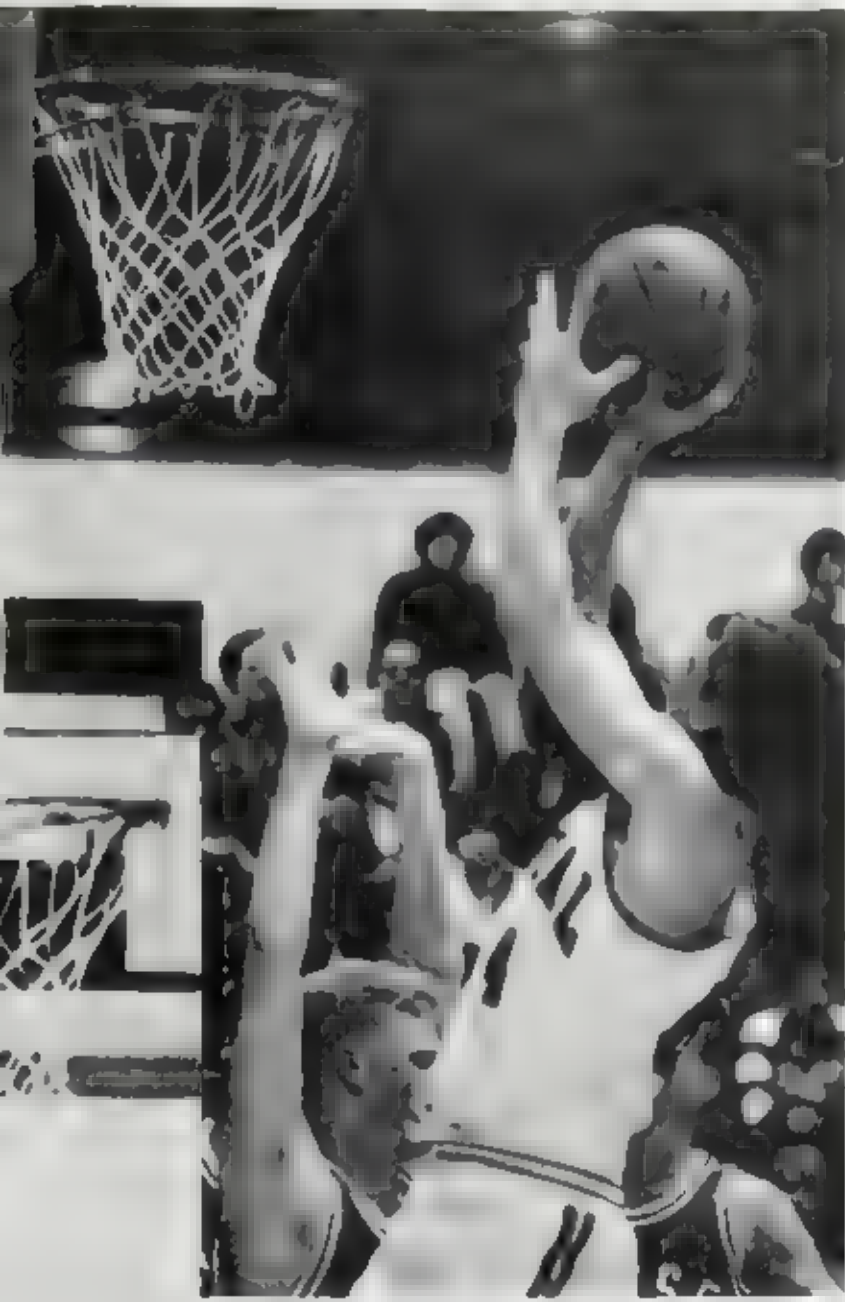
### SCOREBOARD

#### OPPONENTS


Seaside  
Meridian  
Borah  
Boise  
Hellen  
Mt. Hood  
Mt. Hood  
Boise



WITH PERFECT FORM Tyler Clark puts in two on a pair of a game  
 w 50ise



“We played a very hard game. We were a little out of sync in our work, especially in the first half.”  
 Dave Todd

|  SCOREBOARD |            |
|---|------------|
| W   | OPPONENTS  |
| 55-50   | Seaside    |
| 47-65   | Bonanza    |
| 6-35  | Pocahontas |
| 17-55   | Highland   |
| 1-47  | Besse      |
| 50-65   | Mendota    |
| 1-3   | Caldwell   |
| 18-65   | Mendota    |
| 15-38   | Nampa      |
| 51-38   | Besse      |
| 61-50   | Bell       |
| 15-61   | Mendota    |
| 19-51   | Mr. Howe   |

“It's not a long and hard season, and we've got a lot of ups and downs, but we're still performing well. I need a new tie to have for...”  
 Ben Scott



AGGRESSIVELY DRIBBLING John Hatten gets ready to drive for a basket



FIGHTLESS ARE T-SMITH  
 CAPTAIN  
 HATTEN  
 HATTEN



Far Above SLIDING BACK TO FIRST Don Acree wonders how he'll ever get this slide off.  
 ANTI-AIRING THE HIT Brian Nazzari For Home he's not afraid to swing.  
 CONCERNING OVERSIGHT Nazzari's catch prepares a big home run.





First row—Mike Varner, Bascha Cantarelli, Wayne Bledsoe, Shawn Cramer, John V.  
and Matt Alsager. Second Row—Russ Lathrop, Jon Mangum, Shannon Walker, Tim  
Ron Wood Third Row—Tom Schubert, Phil Esenbeiss, Brad Nishitani, Pat Lee and  
Bill George, Brad Condie, Keith Humphrey, David Ballance, and Troy Rose.



*With the team's talent,  
they proved they had no trouble*

## Covering the Bases

The 1986 Capital Baseball team entered the season with 4 starters returning from the team that placed 1st in the district, and 3rd in the state tournament in 1985. Led by three year starter Brad Nishitani, and backed by returning starters Chad Flesher, Jeff Gauby, and Keith Humphrey, the Eagles are looking forward to another successful season. This year the Eagles had a new look. All home games

were played on the revamped Capital field. Grass on the infield, a new fence to enclose the field, and a pressbox, added greatly to our successful season. Capital's strength during the year was their defense and the ability to score crucial runs during close ballgames. This again led the Eagles to a high finish in both the district and state tournament.

**FAR ABOVE** DAVID BALLANCE REACHES his destination seconds before the plane crashes.

Left GOING ALL OUT Keith Humphreys



*With confidence, the returning seniors  
and new juniors were prepared to*  
**Play Ball!**

I refuse to be intimidated." The thought raced through my mind as I prepared myself for the opening game of the baseball season. Facing toward the opposing team, I realized their batting power would be awesome, and I would have to prevent the hits. The grounders and fly balls would not worry me - I had confidence that my team could prevent the runs. However, the home runs would be blamed solely on my pitching skills. When the game began, I shook off my fears and

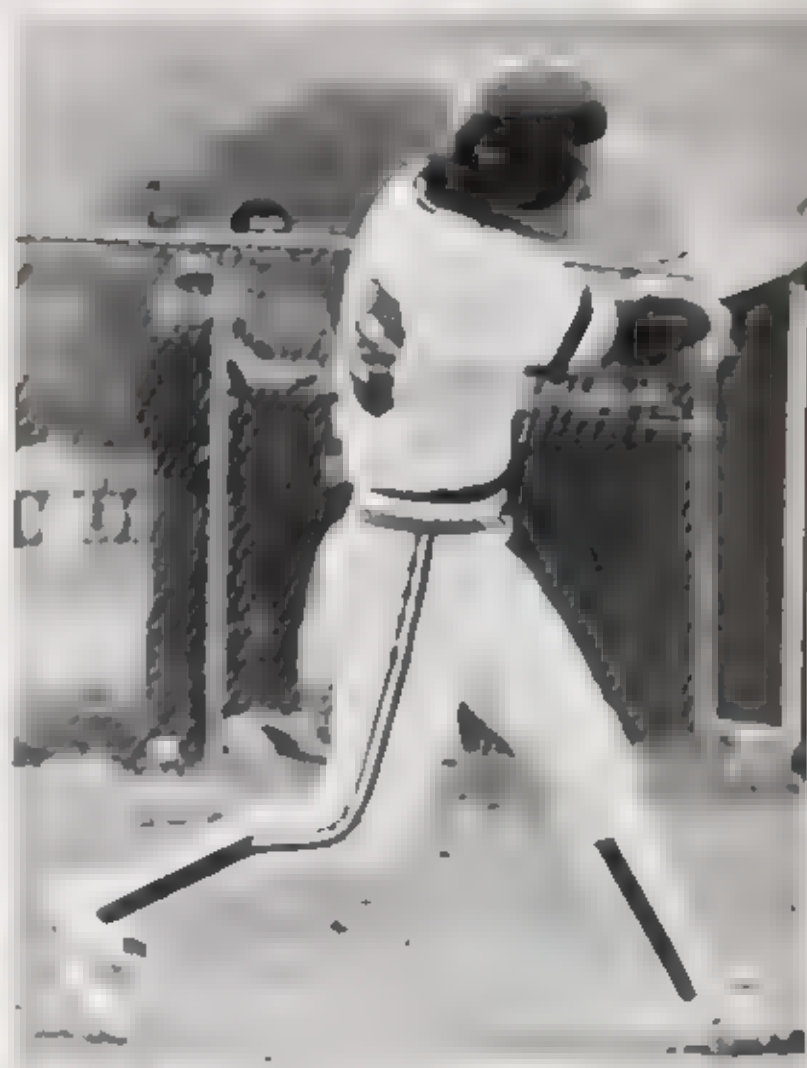
with the rest of the team, prepared to play my best. The game concluded two hours later and our team was victorious! Barely containing our joy, we concluded that together we would overcome all obstacles. With returning players contributing greatly, the baseball team finished their season feeling proud, knowing they competed at their best. The Juniors this year made complete a team of intelligent batters, fast pitching and powerful hitting.

MAKING IT BACK before the tag. Left Gauby denies his opponent of a run.



SNAGGING THE BALL Jon Mangum makes the catch as it descends.

WITH A POWERFUL SWING Brad Nislutan belts another one over the fence.



99

The season was so great this year. Not just because we did so well, but because of the players and the way we stuck together.

Jeff Gauby

99



# SCOREBOARD

We

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Opponents

Caldwell

Mt. Home

Mendian

Caldwell

Borah

Boise

Nampa

Mendian

Boise

Borah

Mt. Home

Borah

Mendian



WE'VE BEEN SWIRLING KID... THE...  
...  
... THE...  
... THE...  
... THE...







## Defending their title, the boys track team had no trouble Running Away With It

The defending state track champions again proved to be formidable opponents of the large school A-1 division. Senior Robin Card, the 1985 state cross-country champion, continued his dominance of the 1600 meter and 3200 meter distance events. Senior teammate and middle-distance runner Brett Plummer's excellent performances in the 800 Meters and 1600

meter relay helped guide Capital to another strong showing at the district and state meets.

The sprinting corp was led by defending state 400 meter champion Dutch Harris. Besides an outstanding performance in the 400 meters, Dutch added depth to the strong sprint relay teams with senior teammates Phil Johnson, John Eidam, and Kirk

Andrus. The 1600 meter relay team of Junior Plummer, Eddie, and Harris defended their 1985 championship.

Strong field event performances by Kirk Andrus in the high jump, Dan Arguinchona in the shot put, and Dutch Harris in the long jump climaxed a successful season for the Eagle tracksters. - Coach Corei

LEFT: ARGUINCHONA hurls the shot-put. RIGHT: As the spectators roar, Kirk Andrus soars over the high jump.





“The race is not always to the swift  
fast or strong, but to those who  
keep on running.”  
Dexter Harris

FOR AS LONG AS HE FEELS A HEAD RUSH, HE KNOWS HE'S WINNING.  
Above: THE EAGLES ARE IN THE RACE AGAINST THE  
MOUNTAIN LIONS. (Left)

The Members of Boys Varsity Track and Field are: First Row: Jason Jacobson, Ben Smith, Dustin Feltz, Jason Peters, Brett Lowe, Robert St. Michel, Scott Wray, James Edman. Second Row: Lynne Ward, Jason Robertson, Ryan Gable, Jason Feltz, Doug Harris, Doug Fager, Mark Martinez, James Wagde. Third Row: Dan Argueta, Brett P. Smith, Keith Carr, Phil Jackson, Ricks Williams, Troy Bruckman, Ron Weidner. Fourth Row: Eric Lane, Jeff Harris, Kirk Adams, Jason Feltz, Jason

The members of the Girls Varsity Track team are: First Row—Georgina Mansfield, Amy Jettles, Julie White, Desirée Cheney, Joux Henricks, Beth Farrow, and Karan Williams. Second Row—Chris, Monica, Julie Hendricks, Tina Henne, Kati Egand, Jenny Ross, Robin Oswald, and Jori Lyndum. Third Row—Michelle Kappes, Tami Fowers, Denise Barsness, Chris Imel, Tracy Reglin, Bonnie Kendra, Chris McQuar, and Maria Hickey. Fourth Row—Stephanie Finn, Tracy Miller, Chrissy Bartlett, Robin Kestner, and Kara Smith.



MATCHING HER OPPONENT stride to stride, Tracy Reglin heads for the finish line.



# SCOREBOARD

We

Oponent

Boise  
Meridian  
Sparks Inv  
Meridian  
Borah  
Mt. Home  
Caldwell  
Borah  
Crosby  
Boise Relays  
SIC  
Twin Falls Inv  
District  
States





*It didn't take the Girls' track team long to realize they would face tough competition as race after race came*

## *Down to the Wire*

Although this year's Lady Eagles lacked depth in the senior class, the Junior and Sophomore athletic efforts showed great promise for the next two years.

Returning state champion and senior standout Amy Juries successfully defended her 300 Intermediate Hurdles specialty. Amy's expertise

extended to the 110 High hurdles and the sprint relays. Seniors Tracy Regan, Bonnie Kendrick, and Kirsten Evangelho added excellent depth to the young Eagle Team.

Juniors Julie Wolf, Karene Smith, Karann Williams, and Shelia Cole together with Sophomores Michelle Koppes, Jody Hendricks, Trina Hen-

rie, Desiree Cheney, and others indicate a great future for Western Track.

-Coach Corey

COACHES WEBB, COREY, AND CANTRELL ARE THE HEAD COACHES OF THE TEAM.

“

Work hard to be the best you can and no one can call you a loser.

-Amy Juries

”



Left: DISPLAYING PERFECT FORM, Amy Juries clears a hurdle.  
Above: STRIDING FOR VICTORY, Robin Keys gives her a

*With style and grace, these girls were*  
***In a Class of Their Own***

The Capital Girls Varsity Basketball team finished the regular season with ten wins and ten losses. Their 7-5 district record placed them fourth going into the district tournament.

The team improved with each game played and felt that they had an excellent opportunity to qualify for the state tournament for the second year in a row. This year's team was characterized by great hustle, desire, dedication and determination. They captured most of the

close ball games and never gave up even when winning seemed impossible.

Outstanding leadership was proved throughout the year by Seniors Missy Watkins, Jennifer Henry, Kirsten Evangelho, Shirley Jolley and Robin Keys. The great team play demonstrated throughout the season will be continued next year by underclassmen Rose Bean, Karen Bain, Tiffany Heidt, and Tami Fawers.

Coach Campbell

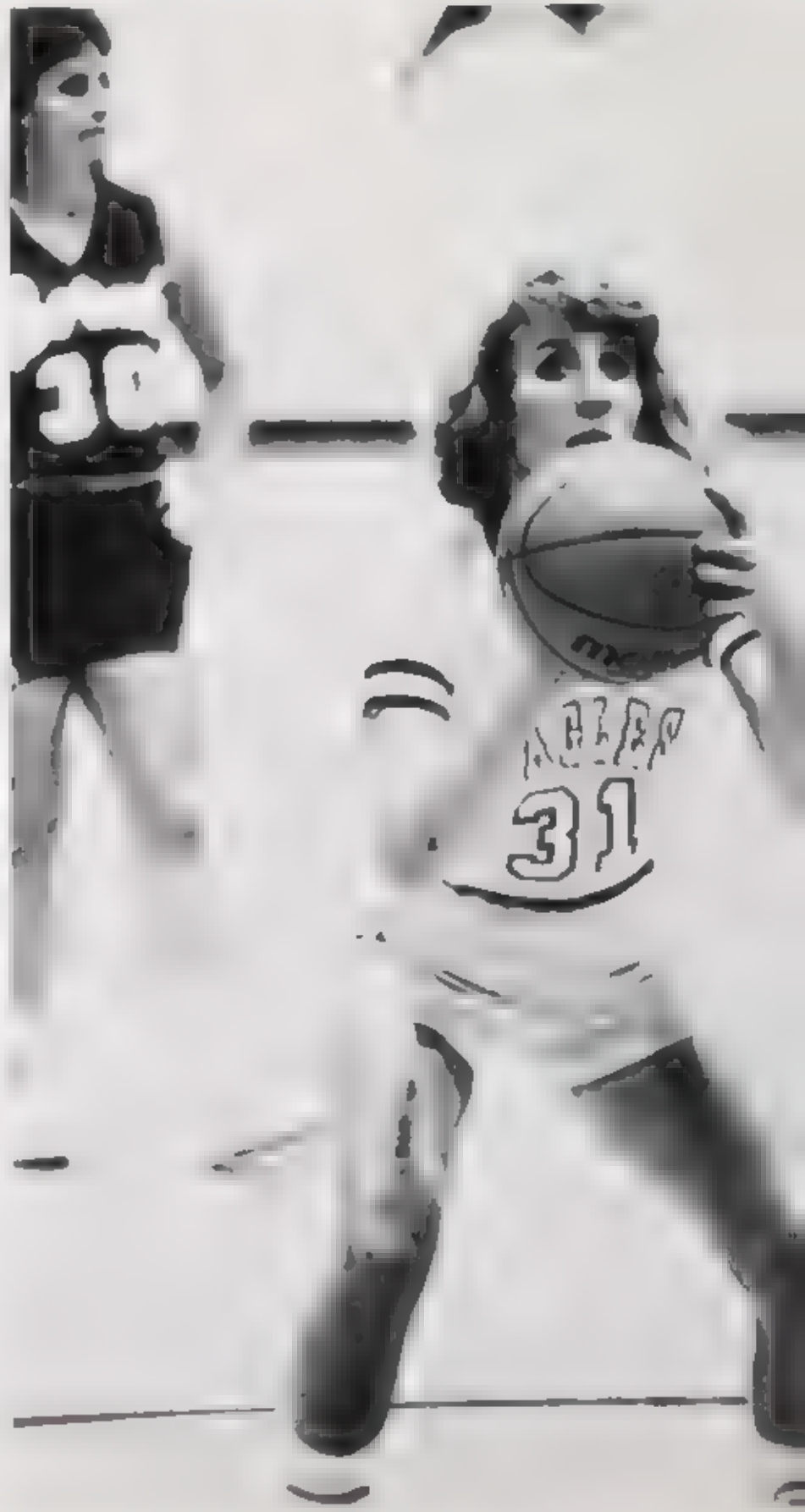
“ We learned and grew together and it made all the long hours of practice worthwhile.”

—Kirsten Evangelho

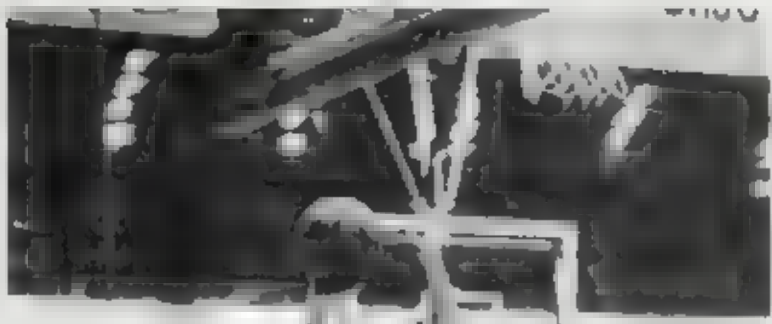
COOKING FOR AN OPEN TEAM  
 BY PREPARE A PASSION



SHOOTING FOR THE WIN  
 BY TAMI FAWERS



The Members of the Varsity Basketball Team are: Tom Leary, Steve Jones, Duane Kins, Scott Brown, Mike Campbell, Don K. Walker, Jim Flowers, Rose Dea, Fred K. Moss, Wayne K. H. and a lot of other players.

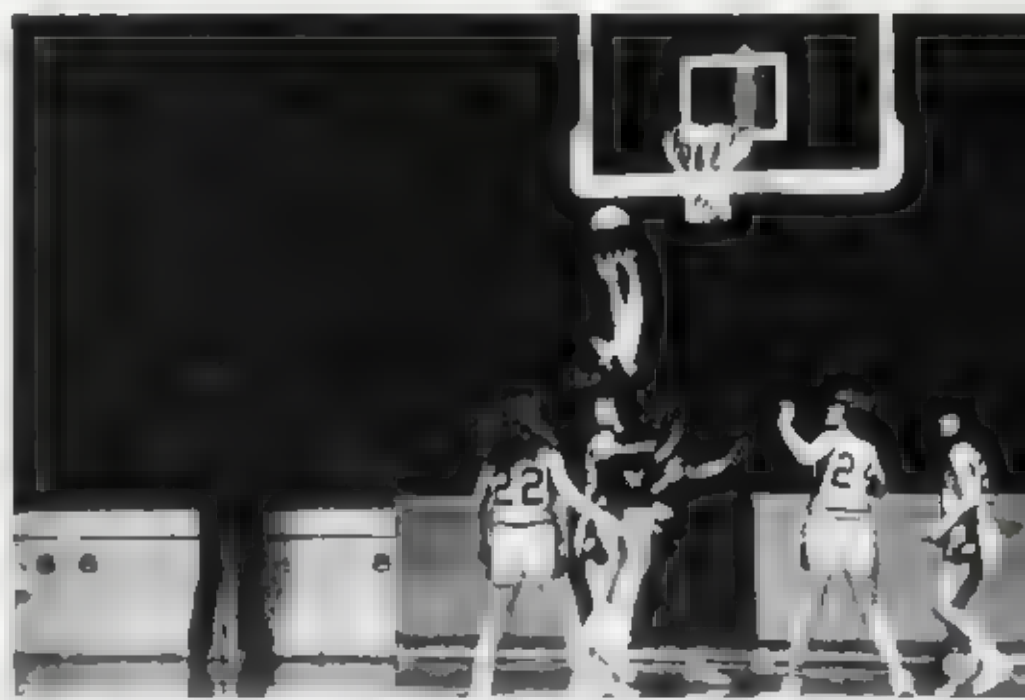


Left A - HEADLINE Jennifer Hoot - concentrates on making an important free throw. Above - NAGAVE again Nampa, Miss. Warkins prevents a score by the Bulldogs.



# SECTIONS

|       |                 |
|-------|-----------------|
| Wre   | Deer            |
| 8-55  | Deer            |
| 10-55 | Nagave          |
| 11-55 | Nagave          |
| 15-55 | Bird            |
| 41-55 | Meridian        |
| 51-55 | Bird            |
| 52-55 | Caldwell        |
| 56    | Mr. Hoot        |
| 55-55 | Center D. Allen |
| 10-55 | Fewster         |
| 10-55 | Meridian        |
| 10-55 | Bird            |



SINGLEHANDEDLY ROSE FLAN  
KINSKE...  
...W...





## SCOREBOARD

We

Opponent

N. 11193

Borah

Median

Burst

(1) 1.3.2014

Mtn Home

Euse

Mer d'ar

“The team was really fun and we had the desire to work together to win.”  
-Lisa Clark


$$\begin{aligned} & \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \quad \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \quad \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \quad \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \\ & \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \quad \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \quad \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \quad \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \\ & \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \quad \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \quad \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \quad \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \\ & \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \quad \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \quad \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \quad \Gamma \vdash M \rightarrow_{\beta} n \quad \Gamma \vdash N \rightarrow_{\beta} n' \end{aligned}$$

he Me... .. A... .. E... .. F... ..  
 Des... .. M... .. K... .. S... .. R... .. A... .. E... .. M... ..  
 K... .. S... .. A... .. K... .. S... .. C... .. M... .. E... .. F... .. C... ..  
 and C... .. A... .. M... ..



Girls' Basketball Team  
 Back Row: ...  
 Front Row: ...



*Sophomore City Champs and second place J.V. were*

## *Rising to Great Heights*

The protesting squeal of basketball shoes against the wooden floor echoes through the nearly empty gym as another girls' basketball season began. Starting in late October and terminating in February, the sophomore and Junior Varsity teams' seasons were exciting.

Above: DESPITE A HEAVY defense, Christy Nelson shoots for two more. Left: AS CARL WARD gets ready to shoot. Late score: Karina Cohn was preventing a last break by Meridian.

spite the few spectators.

The JV team, led by five sophomores, enjoyed a successful season. After starting the year with the Varsity team, Sophomores Christy Nelson, Michelle Koppes, and Denise Barsness led the JV team. After losing twice to Meridian, the team made its peak appearance when the players put together and won a game. Sophomore Coach Meyer took the girls and we together to a level that expects.

tournament performance.

As the city champs, the sophomores finished the season with a 10-1 record. Carl Ward, a senior, led the team with 14.5 points per game. Karina Cohn had excellent three point averages and Christy Nelson was an outstanding rebounder.

The JV team finished the season with a 10-1 record. The team was led by five sophomores.



*After a seasonal winning streak and a close second place finish in the State Tournament, the Eagles proved to everyone in the state that they were undeniably*

## *The 'Best Guys on the Block'*

Normally a 'D' is an unacceptable mark, but during the 1985 soccer season, a 'D' was the only passing mark. In fact the more 'D's' an athlete had the better. That's because 'D' stood for determination.

The 'D's' transferred a relatively weak sport into a stronger program that strengthened the JV team and sent the Varsity team through the

season with a 7-0 record and placed the team in the state tournament as the team to beat.

The JV team ended its season with a 12-0 record. Coach Ken Vetter expressed high hopes for the next year and members of the team are looking forward to making the Varsity team next year.

Early in the state tournament, Capital united together and were in control

as they stomped on Borah. Coach Dave and Skene. As the cold November wind swept over the frozen field, the two best teams in the state prepared to start the championship game. Goals and pride motivated the game and both teams battled down to the wire. In two 15 minute overtimes were necessary to determine the outcome. Coach Tay Wright commented that, 'Although

the state tournament sounds more prestigious, the real test of skill and ability lies in the Southwest Idaho High School Soccer League. During this time the games are spread over a 12 week season. Capital was the only undefeated team and undoubtedly proved they were the best guys on the block.

LENNER PETERSEN, a native of Sweden, maneuvers the ball down the field.



JOHN YOUNG expertly handles the soccer ball as he directs it around his opponent.



### JUNIOR VARSITY SCORE BOARD

| W L | OPPONENTS |
|-----|-----------|
| 1   | Bose      |
| 2   | Borah     |
| 3   | Meridian  |
| 4   | Mtn. Home |
| 5   | Kuna      |
| 6   | Postville |
| 7   | Capital   |



A strong effort by the girls' soccer team helped them win the state championship.



Mark Clavare jumps to head the soccer ball from entering the goal during the game of the state tournament at the Eagles. Despite the snowy weather, conditions were excellent for the game.



WJ

PHOTOGRAPH

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

“A strong effort by the girls' soccer team helped them win the state championship.”



The girls' soccer team won the state championship at the Eagles. The team consists of 14 players and 2 coaches. The team is from the Northwood School District. The team is coached by Coach [Name] and Coach [Name].

ISLAND CLUB  
AND SOCIETY  
WILL BE  
HOLDING  
AN  
EVENT  
ON  
SATURDAY  
AT  
THE  
CLUB  
HOUSE  
AT  
10  
O'CLOCK  
A.M.



*Rising to the occasion, the lady Eagles had no trouble*

## Continuing the Tradition

Every soccer team strives for it. Every soccer player dreams of it. Every soccer coach wishes for it. It is a problem for a well-oiled team to be able to work together as a team. The fight for the best of success and the desire to win.

The Capital Girls Varsity team was not satisfied after having an uneventful season last year. In fact, they decided one state championship would not do. They pushed themselves through close games, always reaching farther than their opponents. Hard work paid off for them. After finishing their city rivals Boise and Burien in the regular season, the team had everyone in the state so nervous that from the beginning of the state tournament many coaches were biting their nails and pulling their hair.

The Eagles walked through each opposing team eluding them. Not only have they not lost all season they have not allowed just 5 goals in their record of 12-0-0. After plastering Pocatello and beating Bonneville everyone knew the team was willing to pay the price for success.



4.  $\frac{1}{2} \times \frac{1}{2} = \frac{1}{4}$

**SHEILA COLE** expertly blocks the ~~team~~er had against her opponents



**Row One:** Mrs. Susan A. Rasmussen, Mrs. Ann Hunter, Delisa Max  
**Row Two:** Mr. James A. Krumm, Mr. Keith Meters  
**Row Three:** Mr. Robert Seeger, Heald, Howard and Cour-

The 1985 IDAHO STATE CHAMPIONS celebrate their victory.



## SCOREBOARD

W

OPPONENTS

4-1

Bishop Kelly

4-0

Boise

5-0

Meredon

4-0

Bishop Kelly

1-1

Bona

5-1

Meredon

5-0

Bishop Kelly

4-0

Boise

5-0

Bona

4-0

Boise

1st

Meredon

Score

Team record

"...the person  
was down. There was  
was someone to take  
up the mistakes and  
that kept me winning  
a season."

Robert Kelly

"



TO CONCENTRATE IN THE KEY, THE TEAM  
PLAYS, PROTECTS AND...  
CHRISTIAN WINTERPARK...  
...Meredon



*As defending State Champions, the Eagles continued this season with a string of victories and had no trouble making tennis*

## *A Winning Racket*

Under overcast skies, in the spring of 1985, the Sun Valley tennis courts became the battleground for the 1985 High School State Tennis Championships. Capital having 5 members of its team seeded 1st in the District competition was highly favored to take the coveted team title.

And they weren't disappointed. After battling out tie-breakers and

close sets, the Eagles prevailed, carrying home 5 State Championship trophies. Kevin Dibeaus captured the boys' Singles title, Sheri Johnson and Mike Harvey dominated the Mixed Doubles, while Shelly Johnson and Trisha Graham swept the Girls Doubles crown.

This spring, the Eagles team, with 4 returning State Champions, showed

great potential for repeating history; due to experience and many sophomores. Tennis players officially began their season in March, but many spent innumerable hours pounding out forehands and overheads through the winter months.

Sometimes tennis is considered as a relatively simple sport. However, to be the best, athletes must spend

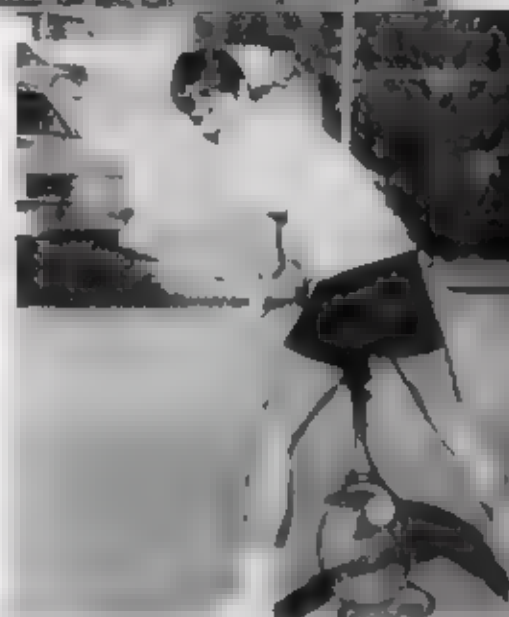
hours drilling and perfecting all aspects of their game.

Through the ups and downs of the season, the team pulled together with support, desire, and determination.

CONCENTRATION IS THE KEY to winning tennis matches. Kevin Dibeaus continued his undefeated winning streak and was expected to be the one to bear at State.



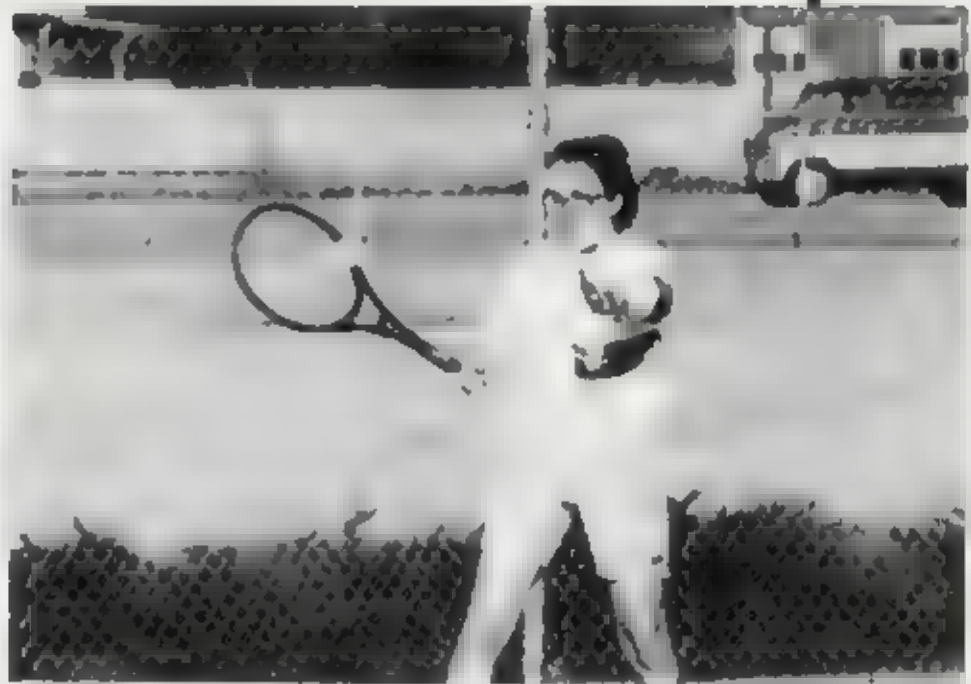
The members of the Varsity and JV Tennis teams are: Front Row: Kevin Dibeaus, Sheri Johnson, Kristi Johnson, and Tiffanie Nielsen. Back Row: Mike Fisher, Trisha Graham, Eric Little, Carrie Little, Peter Berg, Terry Smith, and Coach Holsinger. Fourth Row: Erikka Hanst, Martina Rasmussen, and Trisha Graham. Fifth Row: Mike Harvey, Brian Fuller, Trisha Graham, Eric Little, Carrie Little, Peter Berg, Terry Smith, and Coach Holsinger. Fourth Row: Erikka Hanst, Martina Rasmussen, and Trisha Graham. Fifth Row: Mike Harvey, Brian Fuller, Trisha Graham, Eric Little, Carrie Little, Peter Berg, Terry Smith, and Coach Holsinger. Fourth Row: Erikka Hanst, Martina Rasmussen, and Trisha Graham. Fifth Row: Mike Harvey, Brian Fuller, Trisha Graham, Eric Little, Carrie Little, Peter Berg, Terry Smith, and Coach Holsinger.



CLOWNING AROUND, Bob Clayton displays his new stroke.



“We carried respect for  
respect for ourselves  
and for each other. After  
a while that is we had it  
help us realize that we won  
as a team, as us, as a team.  
Krista Grauer”



## SCORE BOARD

| Week  | Opponents      |
|-------|----------------|
| _____ | Buise          |
| _____ | Bordaux        |
| _____ | Meridian       |
| _____ | Nanpa          |
| _____ | Lewiston Inv't |
| _____ | Paso Inv't     |
| _____ | SIU            |
| _____ | Durham         |
| _____ | State Town     |

[illegible]

MARC RHOADES, MIKE MUECK AND  
CHARLIE HARDING



BELOW: SHOWING PERFECT stance Jerem Spence prepares to putt. Right: DESPITE NORMAL NERVOUSNESS Jeff Johnson putts perfectly.



## *Precise Eagles made their opponents*

# *Green With Envy*

Spring brings green lawns, warmer days, and golf. It is the time to bask in the life-giving sunlight and heat. The atmosphere at the golf courses of Boise is almost electric with the prospects of new and old golfers alike. The outcome of the season is demonstrated through hard competition, developed skill, and true sportsmanship.

The sport of golf encompasses many skills, but most important are patience and marksmanship. These skills can only be developed to the fullest through hours of practice and rig-

orous training. The season will not be successful if attention is not paid to these important skills.

A winning season also comes about by a good winning attitude. A real winner said that winning attitudes is achieved through confidence and this team has a lot of that.

Even with a younger team, I think we can pull this off," says Coach Steven.

Capital High is very proud of the fine golf teams yielded in the past and this year is no different.



WT

## SCOREBOARD

### OPPONENTS

Boise

Borah

Mendota

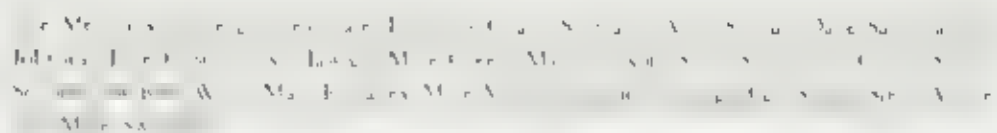
Nampa

Caldwell





EVERY GOLFER'S DREAM a hole in one



STUCK IN THE SAND 5

## *In everything done, there will always be a certain amount of Individuality*

Although many believe high school students "go along with the crowd," individuality persists. Clubs such as bowling, biking, and gymnastics exist through a few students' determination to do their own thing.

Gymnastics has been at Capital for years. Though the team was small—two junior varsity members from Fairmont Jr. High and one varsity member from Capital—the endurance was great. Practice, beginning in July, took place at either the fairgrounds or a local gym. All meets took place at the fairgrounds.

Biking club, new this year, was

inspired by five sophomores with a common interest in the sport. They not only wanted to ride for fun but also to give another school in the area competition. They hoped to go on a weekly bike ride and compete in long races during the summer months.

Bowling club, a club formed only last year, was reorganized for this year. The team participated in a friendly competition against each other one day a week after school.

All these clubs display the diverse interests and individuality of students.

“

there can be no finish line until one starts pedaling

”

From left to right: Ben Schwartzman, Mike Shaw, Nathan Moore, David  
M. Moore, and Nathan Moore.

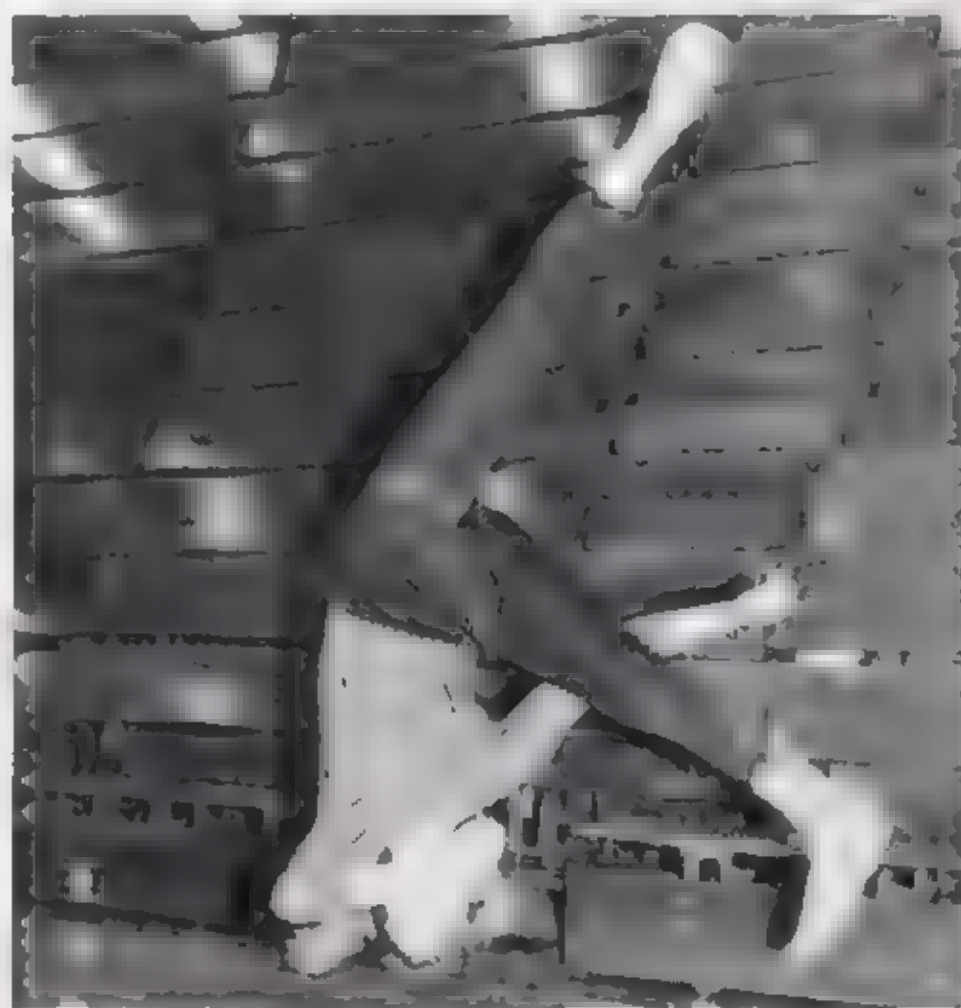
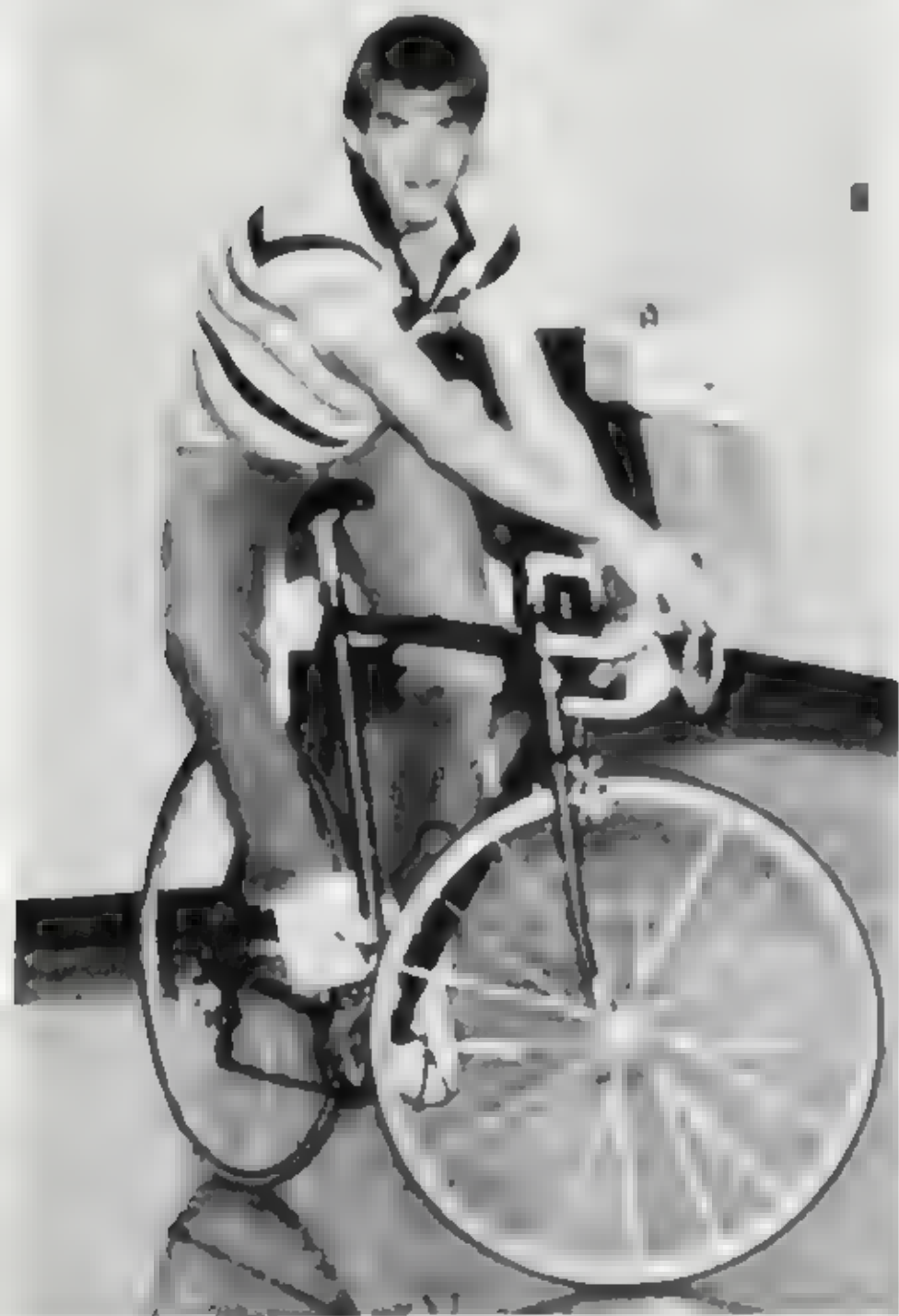


Photo by David M. Moore, Capital High School.

“

the only way to win is to keep going

”

[illegible]

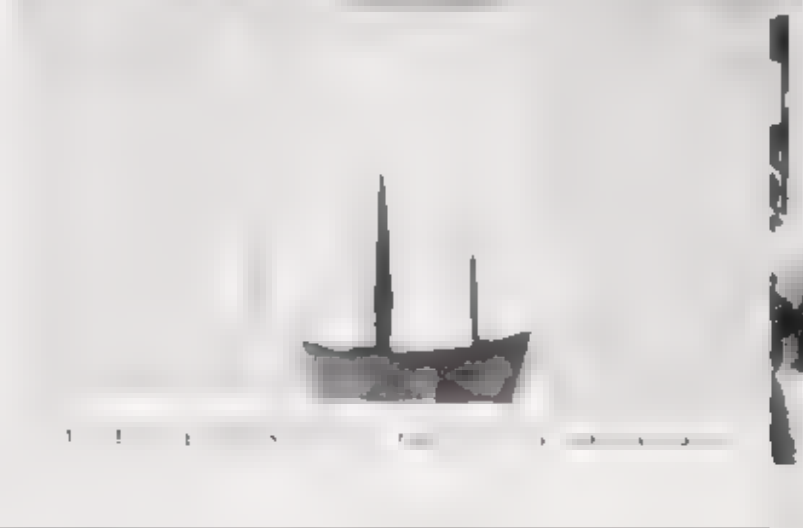
“How many times have I heard you say that?”  
 “How often?”

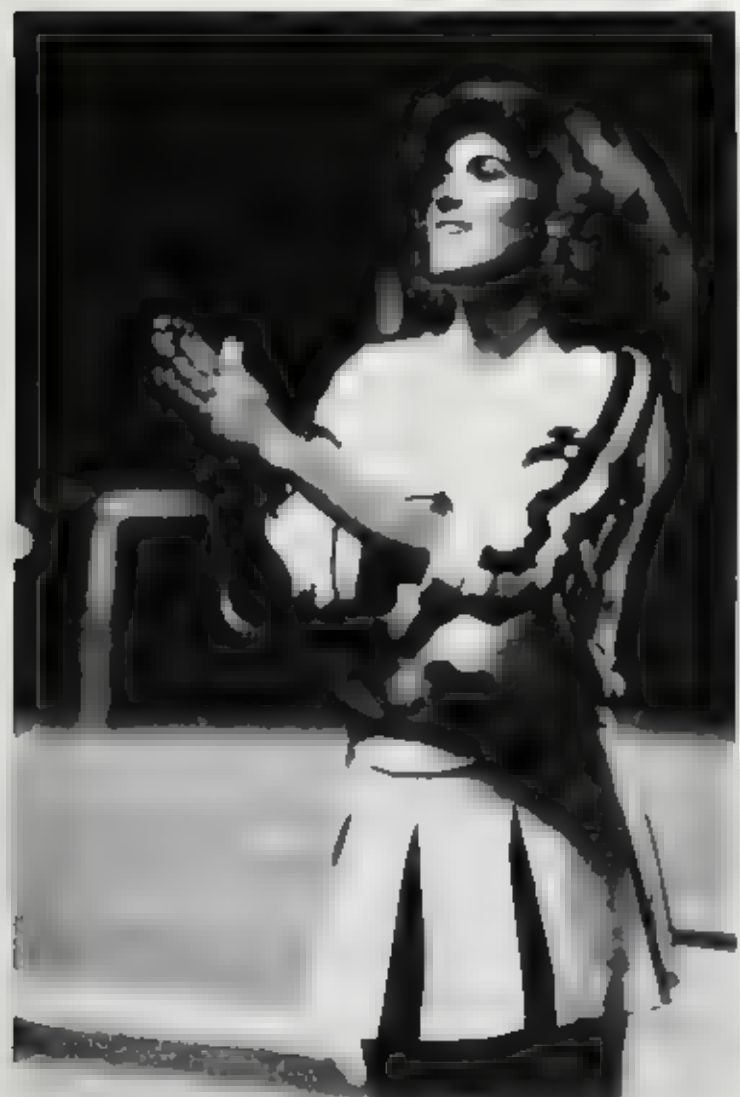


## It's all a Matter of Pride

Through the clamor of the crowd, the excited voices break through the noise, even when you are too tired to feel the ear drums and the noise. The Varsity Cheerleaders have successfully encouraged our school spirit, and with a little more of the sea side, it is hard to keep spirit up when a team is in the performance up to par, but these cheerleaders are a team that never fails.

As the cheerleaders led the crowd through pep rallies and games, the students were always cheering and singing. It was apparent that they were a team that never fails.





AN EAGLE BOO BY AER KNOE LANE  
AND AER KNOE LANE

THE EAGLE BOOS BY AER KNOE LANE  
AND AER KNOE LANE

# Cheering Up A Storm

Cheering for a winning team is not difficult, but when your side always seems to end up with the short end of the stick, it is hard to keep everyone's spirits up.

The Sophomore cheerleaders rose to the challenge however, especially during the football season.

Through win or loss, the young Eagle Boosters kept the cheers coming and hopes high.

The four girls, chosen from Hillside and Fairmont Jr. High, came together to form a whole new team of Eagles, adding their voices to those of the Varsity cheerleaders to

rouse the support of the crowd.

From football to basketball, the four outgoing girls did an excellent job at raising spirit and showing enthusiasm for the various teams.

AS NIK NORRIS AND SHANACONLEY share a joke, Paige Standee admires the varsity players' style.

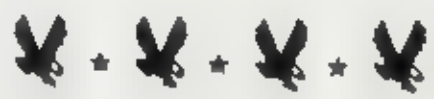


THE CHIVORE CHEERLEADERS ARE: Front Row: Paige Standee; Back Row: Shanny Ackerman, Nik Norris, Shanacoley.

COMBINING MOTION WITH WORDS

By: [illegible]





SCORE

THE SCHOOL  
OF THE FUTURE  
WILL BE  
A PLACE WHERE  
THE FUTURE  
IS BEING  
BUILT TODAY







A SUNDAY SCHOOL SERVICE  
A SUNDAY SCHOOL SERVICE  
A SUNDAY SCHOOL SERVICE



# People

EVERYONE WATCHES enthusiastically as Mr. Schroeder adds weight resting a bridge's strength.

THE CAPTAIN ZOOMER Club makes a toast to Mr. Minor the Captain himself.

It was they who made up the special qualities of the school. They were the ones who joined together to attend games, dances, order mums or pick out senior rings. It was they who would make Capital what it was during 1985. Through the year, although separated by age and grade, 'The people' seemed to unite as one. Mixed together in classes, it soon seemed the Sophomores, Juniors, and Seniors would mingle together to become a family united with school pride. For the Sophomores, 1985 meant a fresh start at a new school with new experiences available, for Juniors it was a year of building and planning for their final year which seemed so far away, yet, was so near. For the Seniors, it was the end. Their final chance to make the Honor roll and their final year of high school and then they would be out on their own into the real world. But 'The people' also included the staff at Capital, teachers and Administrators trying to make life a little easier for the students. Hoping to just get through. And finally, in the end, they did.

The year brought many new changes, teachers and students. Capital was different because of its newly founded class participation and because of 'The People' who knew One Word Said It All- Capital.



WE THE STUDENTS  
Capital High School  
1985-1986





**CAPITAL**  
*One Word Says It All*

Jack Akers Time's in a wobble, I'm not getting old

Debbie Aldrich These are the seasons of emotion, and like the winds they rise and fall This is the wonder of devotion I see the torch we all must hold It isn't hard to recognize these things are rare from time to time upon us all a little rain must fall Rain Song by Led Zeppelin

Monica Allen We'll start as if Now for (soon to be) Mr & Mrs Ruhl P Street 65 GTO Hang loose & we'll see ya when Harvey comes around again

Candy Amsden Life like the sun and the sky is so bright and full of joy while death like the pitch black night is cold and dark and scary But if you live a good clean life and believe in the heaven above you'll live forever eternally in God's bright warm love

Kristi Anderson I am to be what I am becoming for my dreams lead me onward

Kirk Andrus Hey before you accuse criticize or abuse stroll a mile in my shoes

Rich Arp I have one question, what happened?

C.J. Ashmead The human race is like a garden full of fruits and vegetables

Jack Axelson Follow your fantasy and dream your dreams

Tim Aversman No one has ever measured, not even the poets, how much the heart can hold

Shari Bach Education is an admirable thing, but it is well to remember from time to time that nothing that is worth knowing can be taught Oscar O'Hare W-B-W

Lar via Barezgh Enjoy what is ahead of you in high school Challenge yourself and aim for it girls at school are not to be taken for granted

Joyce Beaudette Students may come & students may go, but there are P.W.'s party women that will rock on forever

Lisa Be'neke We can turn out the lights now and look into another of the thoughts of the great distance between us, the other and another Peter

Cena Benedek Freedom and constraint are two aspects of the same coin, and we are always walking the line between them

Carl Bennett We have made our memories that will never be forgotten Make your life what you wish and your dreams will come true Love you all and may God bless you all

Candy Bernhardt Great people are ordinary people who are not afraid of hard work and tough times never last but tough people do

Jeanne Bertheau Try everything in life and the fun things twice

Lawrence Brigham As we go our separate ways we are not sad for we cherish in our hearts the promise that one day we may be reunited in the highest of glory to be together for all eternity

Dion Blackburn Music is the language that can't be expressed by either the spoken or written word

Durren Blackburn It only happens once if you don't go for it you'll miss out

Cynda Deenoe Well I finally made it Thanks to some of my close friends Karma, Becky, Marilee and my most special friend Kelly Good luck Tabatha and John Your gonna need it

Debra Furstelman The average girl would rather have beauty than brains because the average

Steve Bowers Everyone needs something to believe in and I believe I'll have another drink

WHILE APPLYING the finishing touches, Tony Beebe and Eric Elnhorn compare their creations





*All the years friends have exchanged words of wisdom never thinking that*  
***Words Spoken Can Never Be Recalled***



THE TRUE SAFETY procedures for lab work are demonstrated by future chemist Grant Row.

WHILE BANDAGING up a truck, Kevin Torrey wonders if it will hold together for the length of the car caravan.

**Kerensa Boyd** Don't worry about the world coming to an end tomorrow, because it's a reality.

$$f_{\text{eff}} = f_0 \left( 1 - \frac{\alpha}{\beta} \right) \quad (1)$$
[illegible]

Don't waste your life in one day. Don't go speeding your time.

**Sheil Brown:** There are no strangers in life. Only friends we haven't met. —Cecil Tick, *Seniors*

Rob Brownfield: No road is too long for the man who advances del. hierarchy and w. t. u. list.

Do the hardest thing on earth for you. Act for yourself. Face the truth. Kill your Master.

**James Hance** Remember the scene only changes for the lead 40.

Ken Birdwell: To be all that we can be, we must dream of being it.

**Book Parts** I know what is here, don't read, but what is not

Revised and corrected 11/10/2010

P. = { }    μ = 0.5(1)    S( ) = 0.5

the world are neither physical tests nor  
to have to include the excluded

**Candy Christensen** Triumph is when you try with some appl-

Brad Chisum: Don't laugh at my truck, your girlfriend could be in here.

**Rob Christensen** See the changes here on every  $\lambda \in (\mathbb{A}^n)^{\times}$ ,  $\mu \in (\mathbb{A}^n)^{\times}$ ,  $\nu \in (\mathbb{A}^n)^{\times}$ . Find their feet young enough to chase dreams. [1]

**Bob Claxton** "You can always trust your inner feelings, because they always tell the truth." **The Scorpions**

**Lene Clements** Life is what you make it. It is up to you to make the best of it.

Janet Cole Start where you are with what you have make something

**It's not a sit** — It's a better exercise for the heart than reaching down and

It is not clear, however, that the fact that we have a choice between two options, one of which is better than the other, implies that we should choose the better option. For example, if I have a choice between two jobs, one of which is better than the other, it does not follow that I should choose the better job. I might have other reasons for choosing the worse job, such as the fact that it is closer to home or that it has a better work-life balance. In other words, the fact that we have a choice between two options, one of which is better than the other, does not imply that we should choose the better option. We must experience whether or not we are able to choose the better option.

1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17. 18. 19. 20. 21. 22. 23. 24. 25. 26. 27. 28. 29. 30. 31. 32. 33. 34. 35. 36. 37. 38. 39. 40. 41. 42. 43. 44. 45. 46. 47. 48. 49. 50. 51. 52. 53. 54. 55. 56. 57. 58. 59. 60. 61. 62. 63. 64. 65. 66. 67. 68. 69. 70. 71. 72. 73. 74. 75. 76. 77. 78. 79. 80. 81. 82. 83. 84. 85. 86. 87. 88. 89. 90. 91. 92. 93. 94. 95. 96. 97. 98. 99. 100. 101. 102. 103. 104. 105. 106. 107. 108. 109. 110. 111. 112. 113. 114. 115. 116. 117. 118. 119. 120. 121. 122. 123. 124. 125. 126. 127. 128. 129. 130. 131. 132. 133. 134. 135. 136. 137. 138. 139. 140. 141. 142. 143. 144. 145. 146. 147. 148. 149. 150. 151. 152. 153. 154. 155. 156. 157. 158. 159. 160. 161. 162. 163. 164. 165. 166. 167. 168. 169. 170. 171. 172. 173. 174. 175. 176. 177. 178. 179. 180. 181. 182. 183. 184. 185. 186. 187. 188. 189. 190. 191. 192. 193. 194. 195. 196. 197. 198. 199. 200. 201. 202. 203. 204. 205. 206. 207. 208. 209. 210. 211. 212. 213. 214. 215. 216. 217. 218. 219. 220. 221. 222. 223. 224. 225. 226. 227. 228. 229. 230. 231. 232. 233. 234. 235. 236. 237. 238. 239. 240. 241. 242. 243. 244. 245. 246. 247. 248. 249. 250. 251. 252. 253. 254. 255. 256. 257. 258. 259. 260. 261. 262. 263. 264. 265. 266. 267. 268. 269. 270. 271. 272. 273. 274. 275. 276. 277. 278. 279. 280. 281. 282. 283. 284. 285. 286. 287. 288. 289. 290. 291. 292. 293. 294. 295. 296. 297. 298. 299. 300. 301. 302. 303. 304. 305. 306. 307. 308. 309. 310. 311. 312. 313. 314. 315. 316. 317. 318. 319. 320. 321. 322. 323. 324. 325. 326. 327. 328. 329. 330. 331. 332. 333. 334. 335. 336. 337. 338. 339. 340. 341. 342. 343. 344. 345. 346. 347. 348. 349. 350. 351. 352. 353. 354. 355. 356. 357. 358. 359. 360. 361. 362. 363. 364. 365. 366. 367. 368. 369. 370. 371. 372. 373. 374. 375. 376. 377. 378. 379. 380. 381. 382. 383. 384. 385. 386. 387. 388. 389. 390. 391. 392. 393. 394. 395. 396. 397. 398. 399. 400. 401. 402. 403. 404. 405. 406. 407. 408. 409. 410. 411. 412. 413. 414. 415. 416. 417. 418. 419. 420. 421. 422. 423. 424. 425. 426. 427. 428. 429. 430. 431. 432. 433. 434. 435. 436. 437. 438. 439. 440. 441. 442. 443. 444. 445. 446. 447. 448. 449. 450. 451. 452. 453. 454. 455. 456. 457. 458. 459. 460. 461. 462. 463. 464. 465. 466. 467. 468. 469. 470. 471. 472. 473. 474. 475. 476. 477. 478. 479. 480. 481. 482. 483. 484. 485. 486. 487. 488. 489. 490. 491. 492. 493. 494. 495. 496. 497. 498. 499. 500. 501. 502. 503. 504. 505. 506. 507. 508. 509. 510. 511. 512. 513. 514. 515. 516. 517. 518. 519. 520. 521. 522. 523. 524. 525. 526. 527. 528. 529. 530. 531. 532. 533. 534. 535. 536. 537. 538. 539. 540. 541. 542. 543. 544. 545. 546. 547. 548. 549. 550. 551. 552. 553. 554. 555. 556. 557. 558. 559. 560. 561. 562. 563. 564. 565. 566. 567. 568. 569. 570. 571. 572. 573. 574. 575. 576. 577. 578. 579. 580. 581. 582. 583. 584. 585. 586. 587. 588. 589. 590. 591. 592. 593. 594. 595. 596. 597. 598. 599. 600. 601. 602. 603. 604. 605. 606. 607. 608. 609. 610. 611. 612. 613. 614. 615. 616. 617. 618. 619. 620. 621. 622. 623. 624. 625. 626. 627. 628. 629. 630. 631. 632. 633. 634. 635. 636. 637. 638. 639. 640. 641. 642. 643. 644. 645. 646. 647. 648. 649. 650. 651. 652. 653. 654. 655. 656. 657. 658. 659. 660. 661. 662. 663. 664. 665. 666. 667. 668. 669. 670. 671. 672. 673. 674. 675. 676. 677. 678. 679. 680. 681. 682. 683. 684. 685. 686. 687. 688. 689. 690. 691. 692. 693. 694. 695. 696. 697. 698. 699. 700. 701. 702. 703. 704. 705. 706. 707. 708. 709. 710. 711. 712. 713. 714. 715. 716. 717. 718. 719. 720. 721. 722. 723. 724. 725. 726. 727. 728. 729. 730. 731. 732. 733. 734. 735. 736. 737. 738. 739. 740. 741. 742. 743. 744. 745. 746. 747. 748. 749. 750. 751. 752. 753. 754. 755. 756. 757. 758. 759. 760. 761. 762. 763. 764. 765. 766. 767. 768. 769. 770. 771. 772. 773. 774. 775. 776. 777. 778. 779. 780. 781. 782. 783. 784. 785. 786. 787. 788. 789. 790. 791. 792. 793. 794. 795. 796. 797. 798. 799. 800. 801. 802. 803. 804. 805. 806. 807. 808. 809. 810. 811. 812. 813. 814. 815. 816. 817. 818. 819. 820. 821. 822. 823. 824. 825. 826. 827. 828. 829. 830. 831. 832. 833. 834. 835. 836. 837. 838. 839. 840. 84

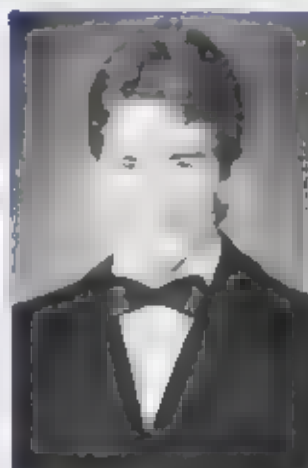
# Twelve Years of Work Finally Pay Off

Mazatlan, Hawaii, and the World's Fair in Vancouver are exciting places. Deciding where the seniors would go on their trip in May after graduation was one of the Senior Class Student Council members' major decisions this year. Also planning reunions for years to come filled check off these officers' agenda for the year at the Tuesday morning council meetings. In addition, these Senior elected officials were required to attend the regular student council meetings, as many home basketball and football games as possible, as well as participate in all dress-up days and wear their silver and black sweat shirts on designated days.

ALL MEMBERS OF THE SENIOR CLASS WERE REQUIRED TO SIGN THE NEW SENIOR BOOK.



Ken Adams  
Eric Adams  
Debra Adams  
Mona Adams  
Emily Allen



Kevin Anderson  
Kari Anderson  
Nancy Anderson  
Tim Anderson  
Lori Arguimbau

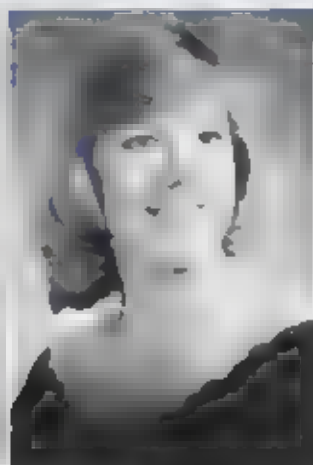


Ross Apple  
Lisa Apple  
Ashley Apple  
Megan Apple  
Lori Apple





The Seronias Stadio...  
 Secretariat...  
 Mike...  
 SLOWING HIS...  
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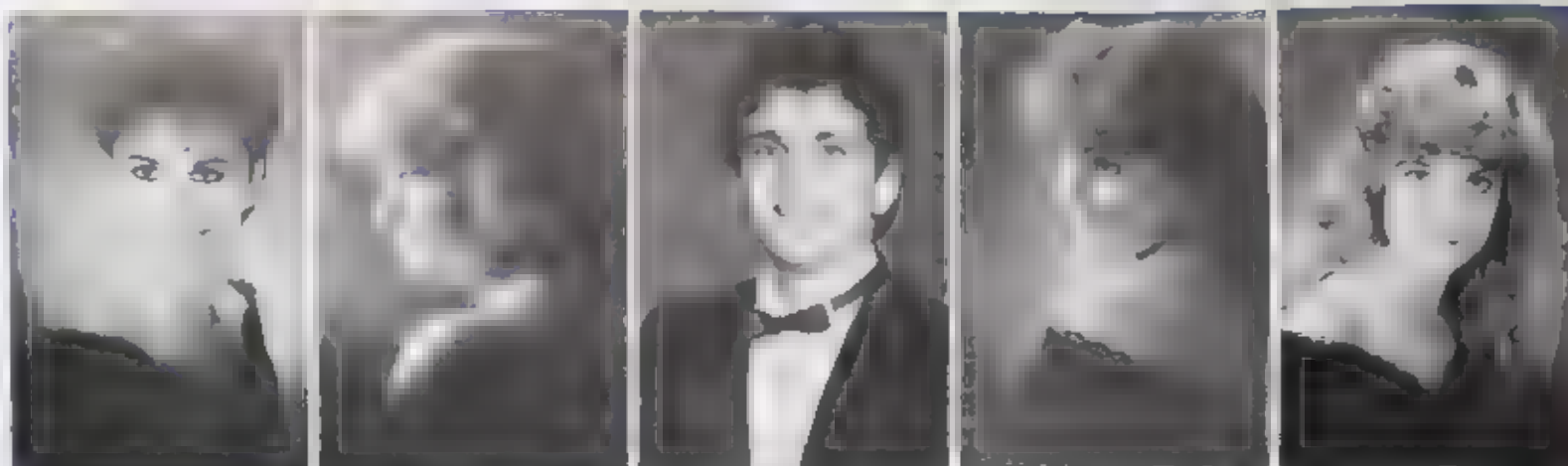
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Gina Benedick  
 Cath Bennett  
 Ken Benson  
 Cindy Bernhardt  
 Jeanne Bertheau  
 Shawnette Bingham  
 Dion Blackburn



Darren Blagburn  
 Lynda Bleusoe  
 Kim Bohlmann  
 Sherri Borchers  
 Debra Burstein  
 Steve Bowers  
 Kerenza Boyd



Renee Breckon  
 Deanna Brockman  
 Cynthia Brumby  
 Kim Brown  
 Nancy Brown  
 Kelly Brown  
 Marc Brzovic



Kimber Bush  
 Dawn  
 Mike  
 Mike  
 Mike  
 Mike  
 Mike



Layna Butters  
 Todd Butts  
 Robin Caro  
 Ted Carlson  
 Kelly Carney  
 Michael Cassady  
 Steve Chaffin





# *Cramming it into 20 Min.*

It was a cold dreary morning. I was sleeping late because the night before I had stayed up to watch the late movie. When I arrived at school the tardy bell had already rung. I walked into the room and meandered over to my desk. The next thing I knew, the bell rang to dismiss class. I practically slept through my next two classes.

Finally the bell rang for break. I rejoiced, I was looking forward to spending time with my friends. Suddenly it hit me. I had a two-page essay due third hour, and twenty minutes to complete it.

I raced to my locker and then to my class, pulled out some paper and began to brainstorm. Next thing I knew I was putting words on to paper and gradually forming paragraphs. When I looked at my watch, I had a ready written one page. After reaching deeper into my thoughts I had written more than two pages. Then the bell rang to begin class. I was relieved, thanks to break, I had finished "just in time."



SUDDENLY REALIZ-  
ING THAT ALL THE  
QUESTIONS I HAD  
HAD TO WRITE  
ON THEM

COMPARING THE  
QUESTIONS to the an-  
swer. Brad Dwyer for  
Senior Year



# Malled to Death

PEEKING THROUGH THE weather section of the newspaper, Stevie Schuchman, 16, hopes to find a snow day when she can skip school.

Her sweaters are new, her ears have seen better days and these pumps just don't cut it. It's time to go shopping, but where? She thought Kmart or Marshall's might be working, and her face at the door gave her the answer. Downtown just doesn't have it and Westgate Park is out of the question. A cross is upon the city where does she go shopping?

The fight for adequate shopping has been a long, long battle. The issue was always "recession-proof" never accepted and the controversy, it's been said, was never settled. But the public as well as students had had enough. The controversy was wearing thin as the mothers' rage.

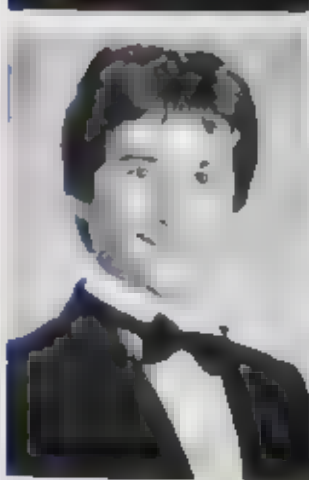
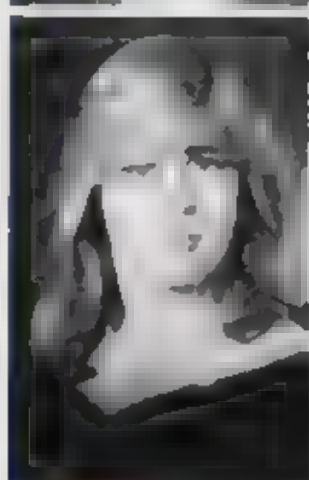
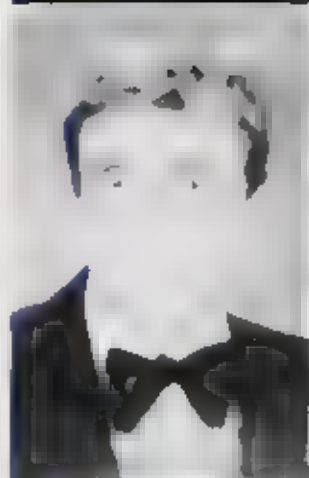
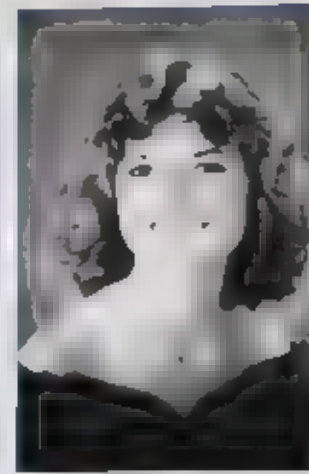
Not everyone had the patience to wait for the spate of decisions. Several heated public debates plagued the teens in various ways. Others gave up the hope of their shopping and spent weekends at the mall. It's shopping, not like a day at the beach.

With the issue as open as the air, ever end. The issue is clear, the mall is the only place to go.

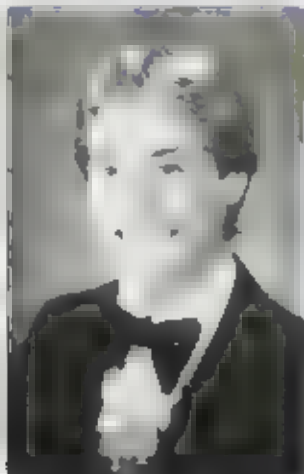


THEY'VE BEEN TO THE MALL...  
THEY'VE BEEN TO THE MALL...

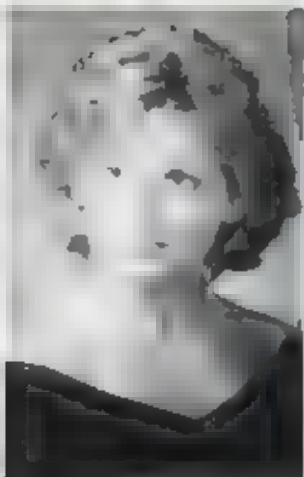
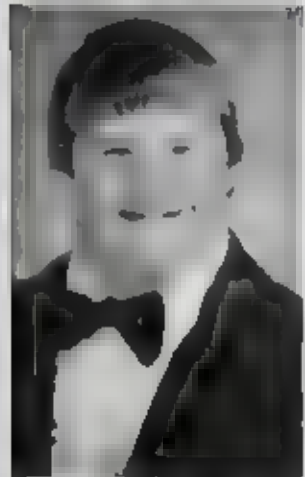
THEY'VE BEEN TO THE MALL...







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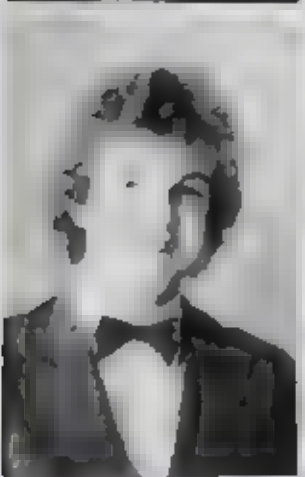
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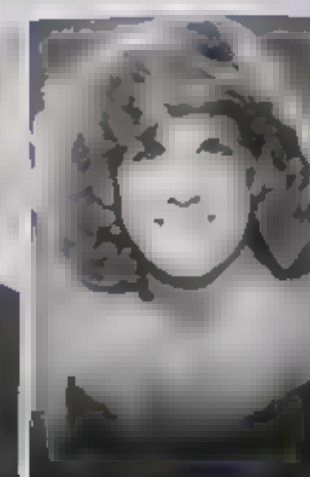
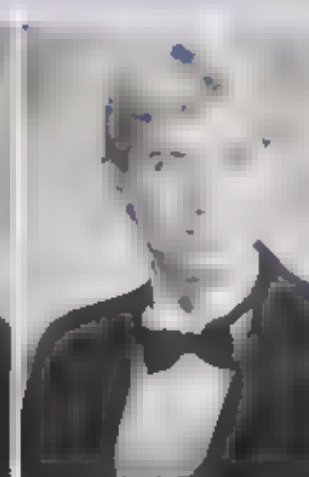
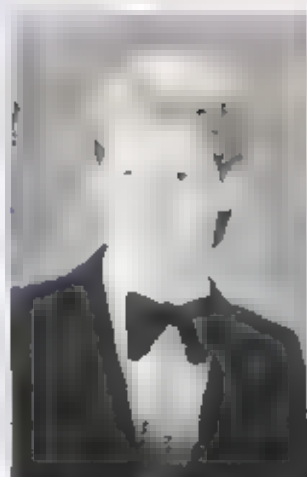


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Michael Smith  
 Thomas Smith  
 Kevin Smith  
 Kevin Smith



Carrie Lee  
 Carrie Lee  
 Susan Lee  
 Brian Lee  
 Brian Lee



Leanne Lee  
 Leanne Lee  
 Leanne Lee  
 Leanne Lee  
 Leanne Lee



## Cheating; The Teenage Habit

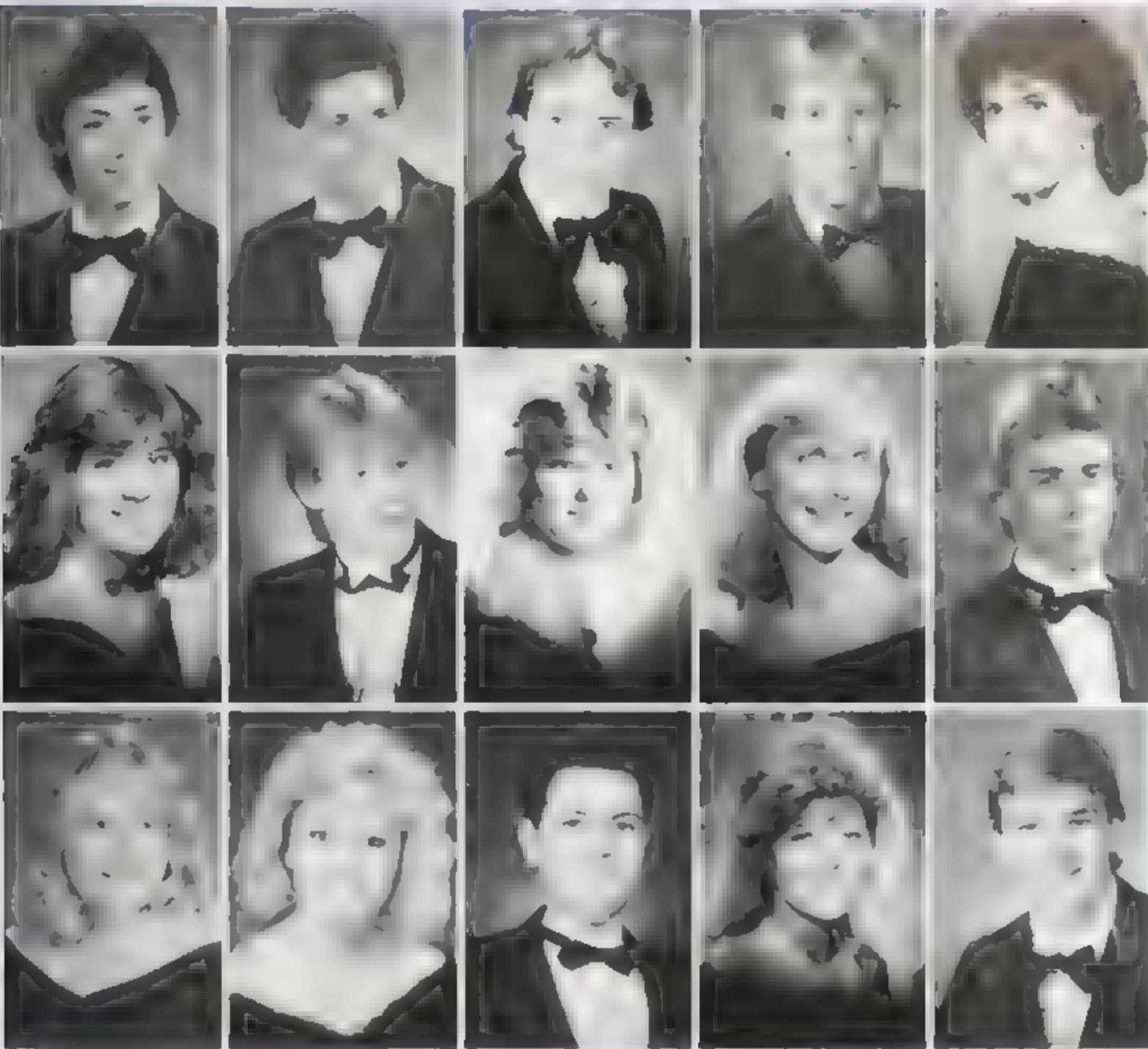
The hot air swallowed up the crowded classroom. The bell sounded and was followed by heavy sighs. Except for an occasional cough, nothing but pencils scratching on paper penetrated the encompassing silence. In between sips of coffee, the teacher glanced around impatiently at his proteges. Everything appeared as usual.

As the uncomfortable silence continued, tense eyes peaked, poked, and darted, and then darted back to the worksheet in fear of discovery. Wandering eyes, a few sips of coffee, and a few pencils scratching on paper. However, this somewhat indolent atmosphere was broken by a loud, unexpected sound.

While the teacher looked on, a student, perched on the edge of his seat, was seen to be writing on a piece of paper. The teacher, who was looking at the student, saw the student's hand move to the desk and saw the student's hand move to the desk.

The teacher, who was looking at the student, saw the student's hand move to the desk and saw the student's hand move to the desk. The teacher, who was looking at the student, saw the student's hand move to the desk and saw the student's hand move to the desk. The teacher, who was looking at the student, saw the student's hand move to the desk and saw the student's hand move to the desk.





T. W.  
 A. C.  
 J. W.  
 A. C.

J. C.  
 A. C.  
 A. C.  
 A. C.  
 A. C.

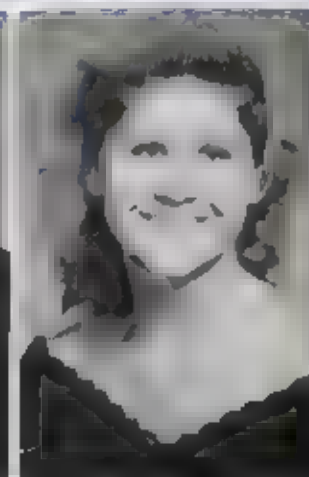
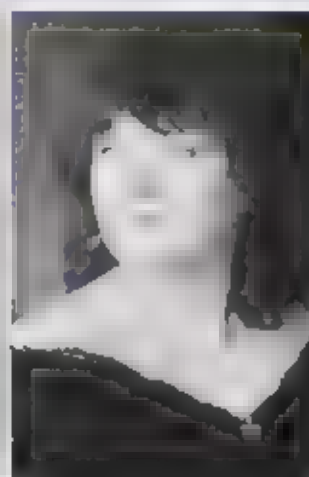
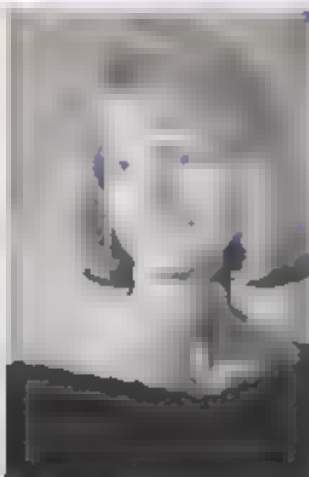
J. C.  
 A. C.  
 A. C.  
 A. C.  
 A. C.



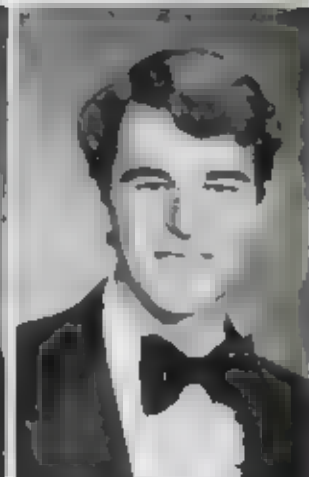
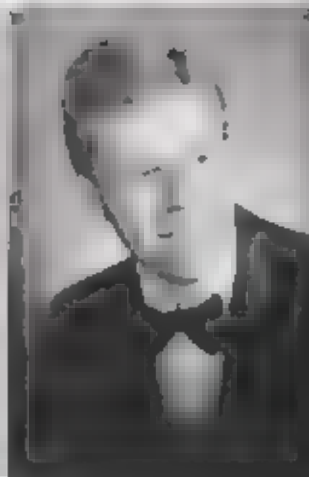
CONCENTRATING HEAVILY ON THE READING AND DOING A WONDER!



Mary Ellen  
 William  
 Patricia  
 Christopher  
 Barbara



Michele  
 Cheryl  
 Michael  
 Robert  
 Lisa



Mark  
 Jennifer  
 Steven  
 Jonathan  
 Michael



Susan  
 Mark  
 Michael  
 Steven  
 Robert  
 Lisa



John  
 William  
 Patricia  
 Michael  
 Susan  
 Robert





# Students By Day

Many have witnessed exhausted people crawling into class. Lost what little time to spare. Both are a result of jobs.

Jobs sometimes interfere with school life. Late night jobs can lead to sleeping through class and blood shot eyes. Homework also suffers for those not able to keep up.

Those who do stay on top of both work and school can enjoy the benefits of work. They not only have a job but make time for both social life and education and develop a well rounded background.

True money is the top reward for any job but a part time job can cut both sleep and hinder the working class in high school.



STEWART, JANA  
CLARKSON, J.  
KASWICK, N.  
KASWICK, S.  
KASWICK, S.  
KASWICK, S.  
KASWICK, S.  
KASWICK, S.

RYAN, J. L.  
DILLON, J.  
DILLON, J.  
DILLON, J.  
DILLON, J.  
DILLON, J.  
DILLON, J.  
DILLON, J.



# "I Don't Feel Tardy"

A student life is full of restrictions. I am not a usual teenager, devoting time to  
 enjoying what I can do. I have restrictions like curfew, time, and friends.

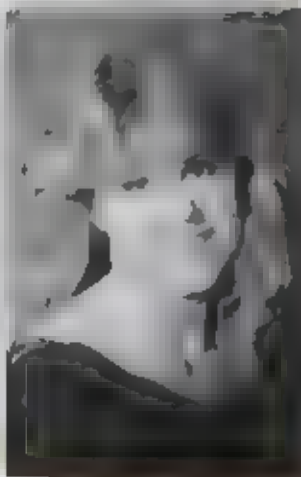
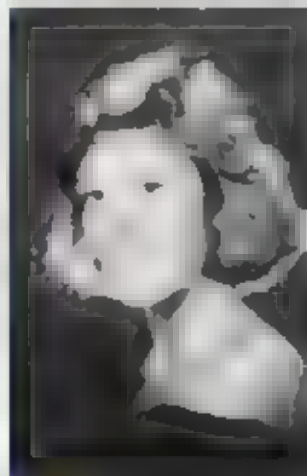
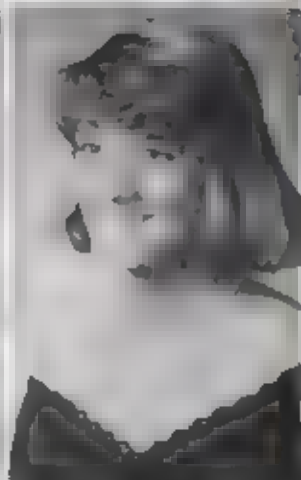
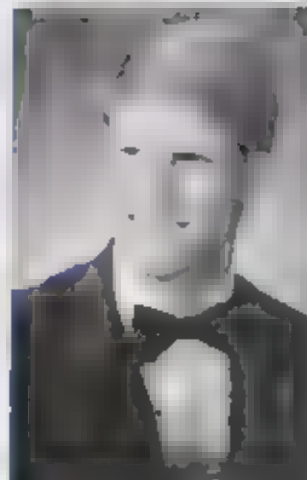
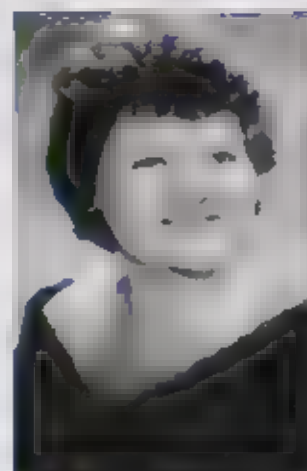
Take Friday for example. I travel at 10:00 in the middle of first. I entered the room  
 armed with a suitcase, ready to get back to my seat.

After class, I walked around and saw the doors were empty. Knowing I would be tardy I  
 stopped friends and we decided to leave. Pretending to be our parents, we called to excuse  
 ourselves.

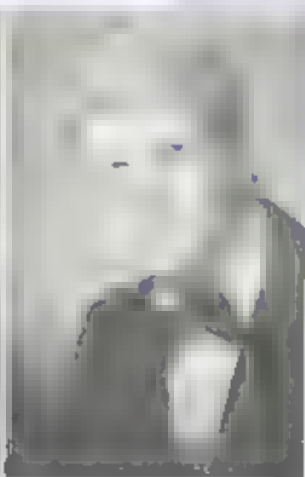
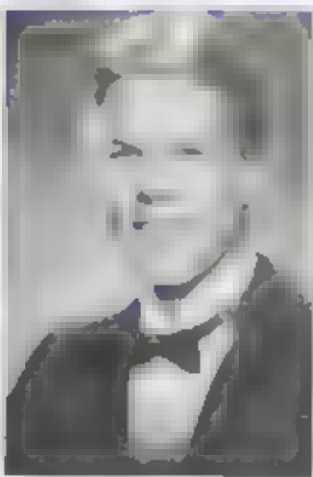
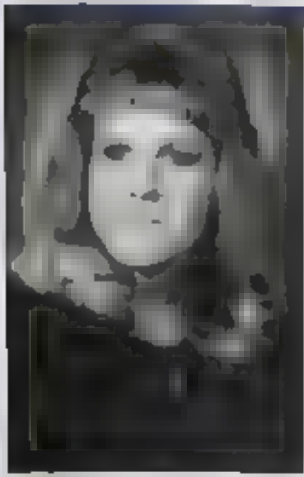
We drove around all day seeing friends. I arrived at home late. Knowing that nothing in  
 my house would be trouble, I went around the back of the house, slipped into my bedroom  
 window, and went right to sleep. Dreaming it was I could sneak around the system  
 to my room.

TRYING TO IMAG-  
 INE HIMSELF in Rich-  
 ard's house, I dream-  
 ed about the gates to  
 space.

WATCHING IN  
 AMAZEMENT. Re-  
 sults of the test are  
 shown. Some pictures  
 of the results of the  
 test.







M. J. Jones  
 M. J. Jones  
 M. J. Jones  
 M. J. Jones  
 M. J. Jones



M. J. Jones  
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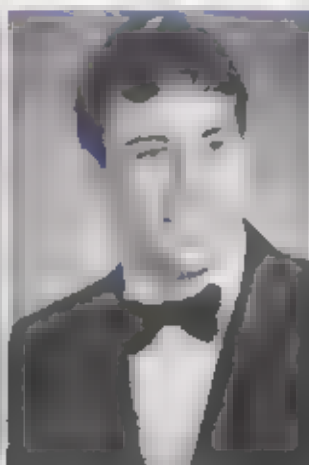
# THE ACT/SATurday Blues



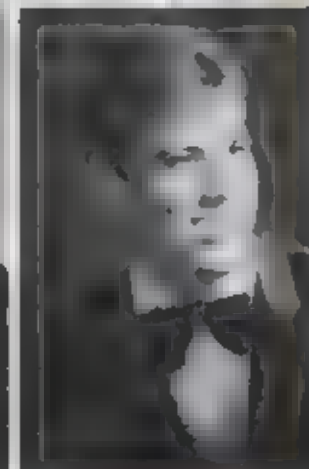
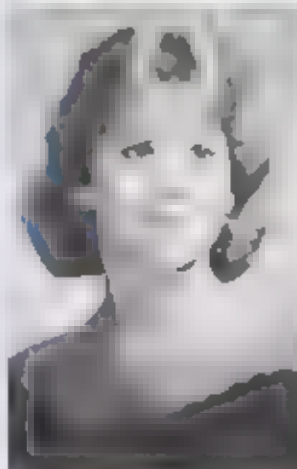
IT'S A BIRD, it's a plane, no it's a car.

You know how it is Friday rolls around and that special weekend spirit starts effecting everyone. You hear people planning weekend activities and that term paper just doesn't seem so important anymore each person, hoping to do something. That special guy asks you out or she accepts your invitation to the midnight movie. All seems well until you realize that tomorrow, at 7:30 a.m. is the SAT Scholastic Aptitude Test, you paid \$20.00 for. Or better yet, the night before the test you and your friend or boyfriend had a fight. Not only are you up until 4 a.m. talking but the next day on the ACT

Rick Lewis  
Mark Lewis  
Catherine Jones  
Tony Jones  
Sueann Eisenman



Kelly L. Veroneo  
Ashley Davis  
Dina Lok  
Russell Luther  
Joe Muller



Michelle  
Megan  
Katie  
Debra Miller  
Caitlin

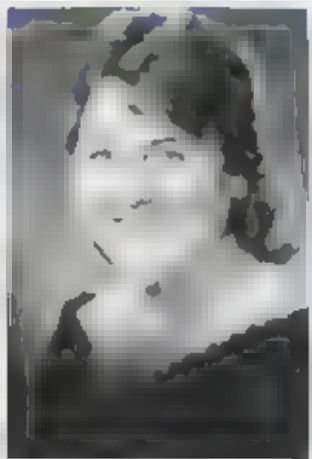
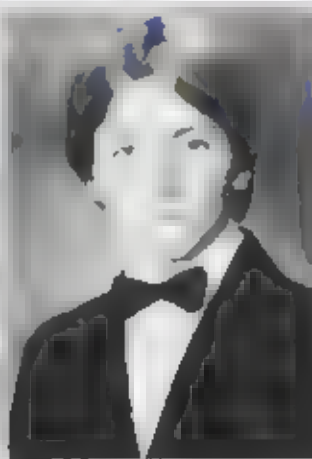


American College Test, you're propping your eyelids open with your extra pencils so you can finish the section.

Sound familiar? And it isn't the time that's the worst thing of all. It's Saturday of all days! Nobody's up at 7:30 A.M. on a Saturday! The streets are dark and cold. People who just got off the late shift stare at you when you drive by those donut shops with the big glass windows. Who knows why they make us go at 7:30 but there is one thing I know. The only way to describe it is the ACT/SATURDAY BILLES.



CALCULATING HOW MUCH MONEY TO SPEND ON THE NEW SAT/ACT MATHEMATICS SECTION



Seniors  
Derek M. Phelan  
Sara M. Jones  
Emily M. Kline  
Lillian M. Jones



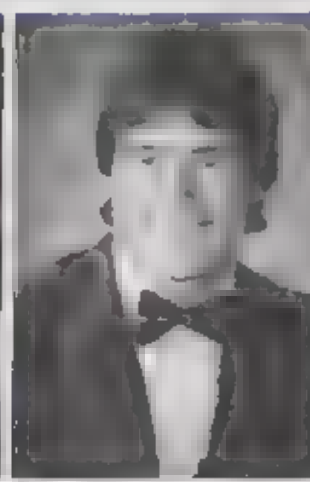
Juniors  
Kristen M. Jones  
Lawn M. Jones  
Emily M. Jones  
Michael M. Jones



Seniors  
A. Jones  
A. Jones  
A. Jones  
A. Jones



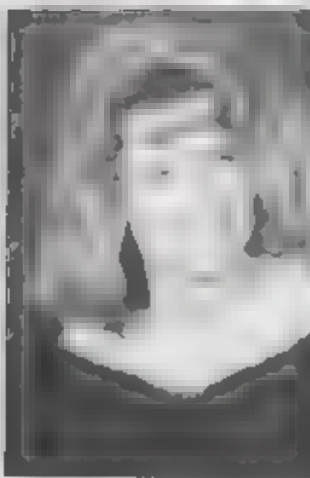
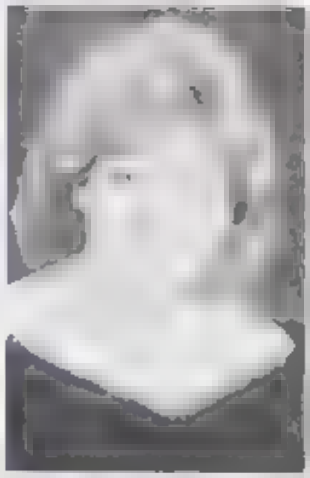
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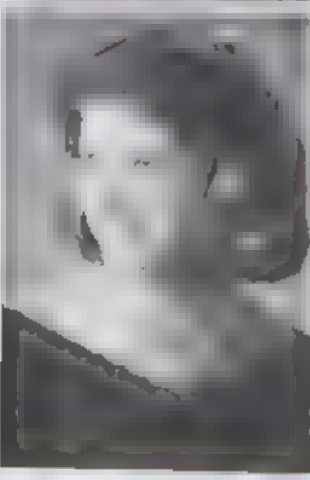
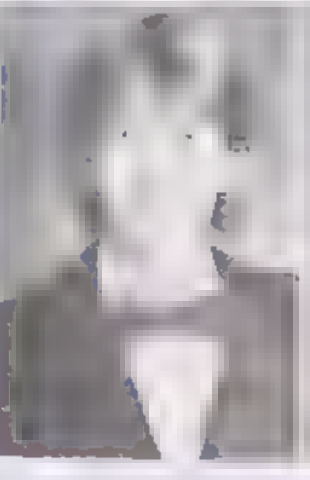
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# Let's Talk Challenge

WATCHING THE CHALLENGE  
by June Smith



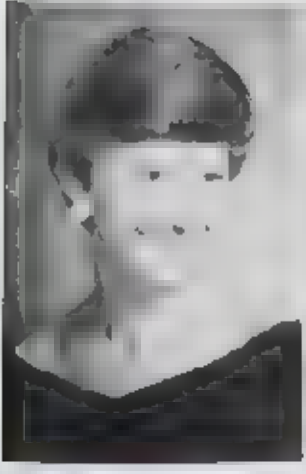
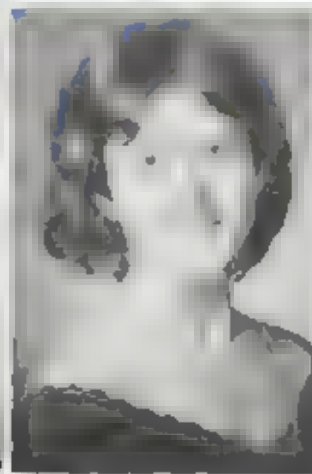
Study study study—that's all we ever heard from most teachers, but everyone knew there was always something more interesting to do than homework and just once we could take it once more. However, those students who took AP—the advanced placement courses, knew what they were getting into when they registered for the advanced math, science, honors English or literature classes. Even more and harder studying was necessary to accomplish the grades needed for college applications where competition for admission is partial based on the number of AP courses taken and grades received. These AP classes were intended to challenge the college-bound students and to prepare them to take the advanced placement exams at the end of the year for which one could obtain college credit.

WATCHING THE CHALLENGE  
by June Smith









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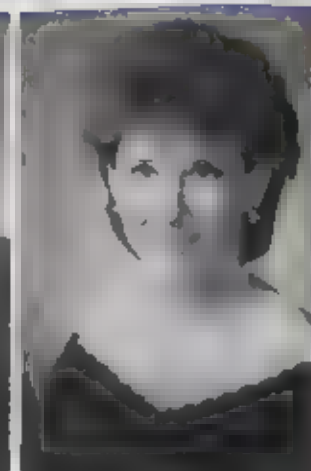
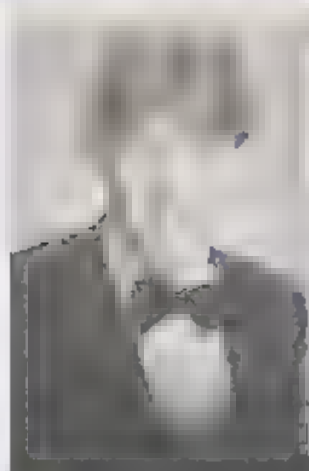
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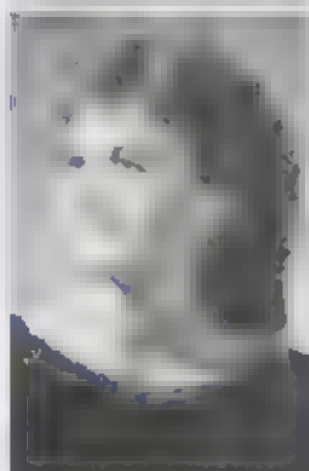
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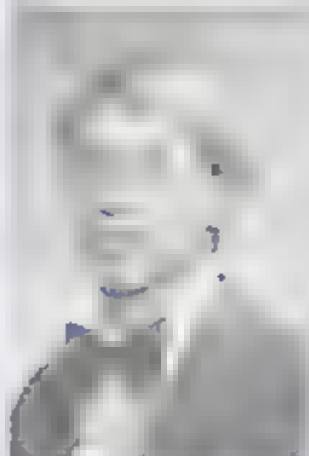
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 Scott Smith  
 David Smith

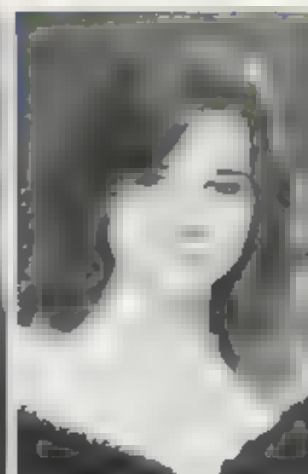
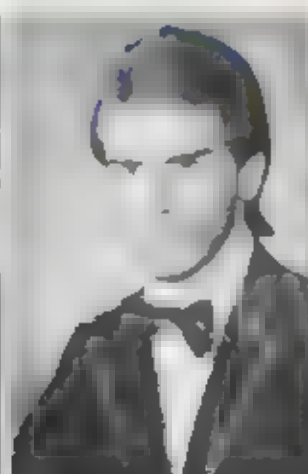


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 Steve Stank  
 Bill Stank  
 Pat Stanger  
 Anna Stanger

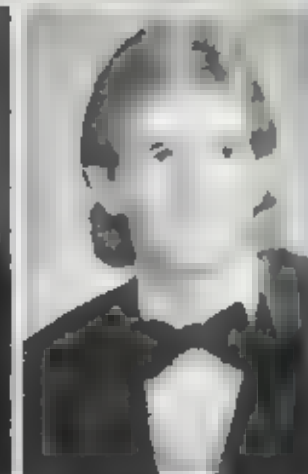


Lisa Smith and Julie Smith  
 Michele Smith and Scott Smith  
 David Smith and Dean Stank





Crystal Nite  
Tina Nite  
Katie Nite  
Jason Strop



Jar Strueters  
Kona Swanson  
Jed Swarthout  
Mike Swindell  
Steve Tadtick



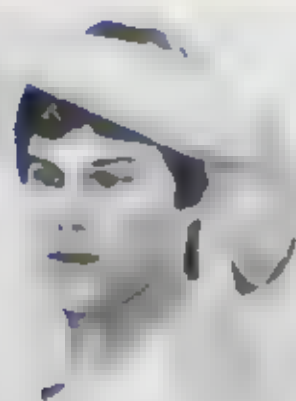
Mindy Teeter  
Lisa Tegenel  
Tony Thomas  
Ray Thompson  
Tony Thornburg

## Just Another One of Those Days

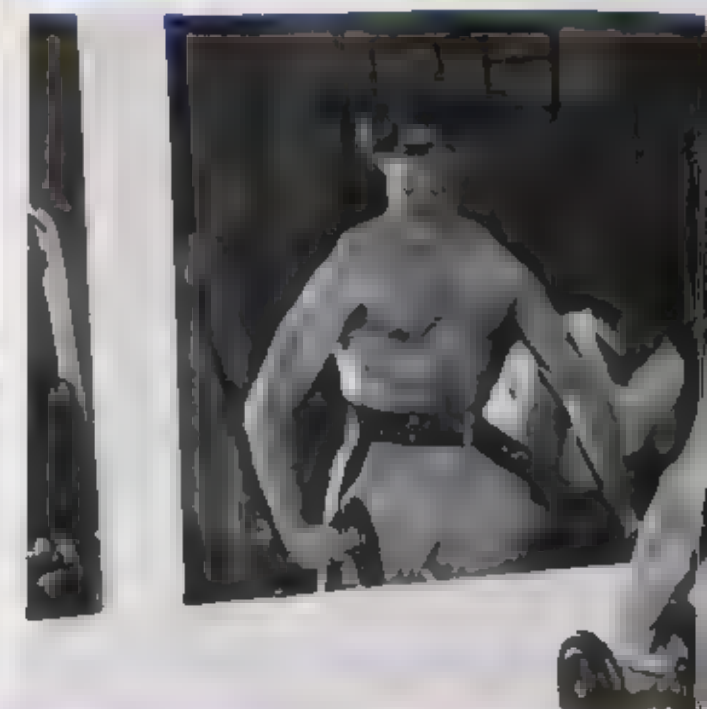
The buzz of my alarm clock pierced the silence, shaking me into reality. I rolled over, flung my arm, out to hit it but instead my hand landed on something fuzzy and breathing. I grabbed the creature, lifted the poor thing and threw it off my bed, into the heap of dirty clothes on the floor. My alarm clock which still beared, was now owned by wimpers from the corner. I was awakened. I realized it was going to be one of those days. I dragged myself out of bed slowly into the shower and was greeted by its streams of water. Although my day had barely begun I

didn't need to read my horoscope to know what the rest of the day would bring. I searched for some clean clothes, grabbed a piece of burnt toast and raced out. Once at school I thought things couldn't possibly get worse, but I knew that they would.

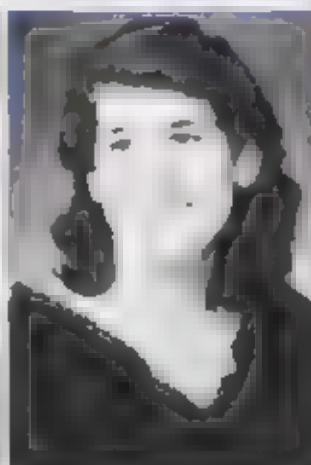
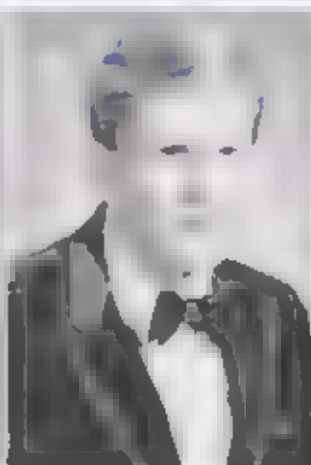
In Physics, my bridge that I had worked on all weekend only held 4 pounds. I lost all my bibliography cards and note cards for my term paper. After school, I trudged home and discovered my little sisters playing in my make-up. It sure had been one of those days.







J. W. Petty  
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 J. W. Petty  
 J. W. Petty



K. W. Petty  
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 K. W. Petty



J. W. Petty  
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 J. W. Petty  
 J. W. Petty



# Sick-of-schoolitis



Oh no! It is becoming more evident every minute. As one walks down the halls, the symptoms are readily seen: the slumped posture from sitting on too hard a seat, glazed eyes from sleeping with eyes open during class, pencils with teeth marks used for getting through a hard exam and lastly the dizziness some have built-up after having listened to too many boring lectures. These are the signs that lead students to become victims of Sick-of-School-itis.

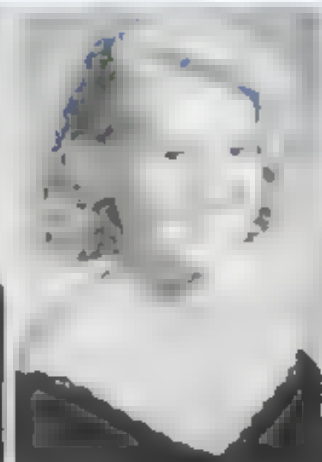
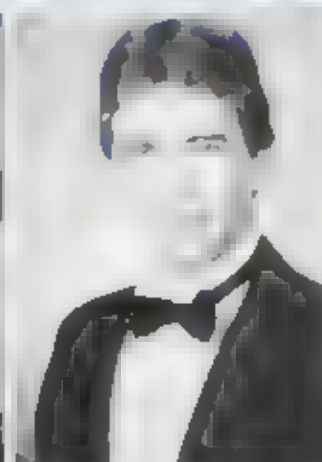
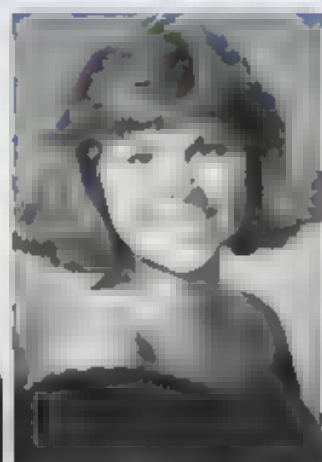
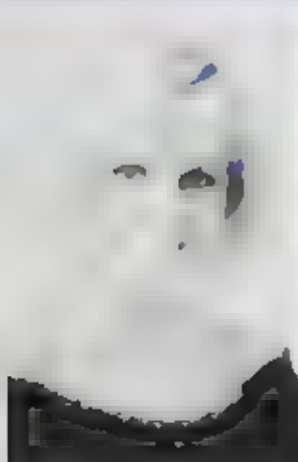
There is no cure. The sickness overcomes stu-

PRACTICING TO BE THE next He...  
HALFWAY THROUGH THE...  
SIGNIFYING KE...  
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ents soon after the summer tan fades and the initial impact of school recedes staying until the end of school, becoming increasingly worse just before Christmas and summer vacations.

All during winter students watch for weather reports indicating snow, hoping that by this great miracle, school will close. But all hopes become lost when big snows only fall during weekends and vacations, clearing up just in time for Monday.

Many students falling prey to Sick-of-School-itis wish for the day that an excused absence will be applicable. Finally, it will never happen, a short time off would leave the students feelings refreshed. After all a person just can't work or concentrate in this state.



Farm Warden  
Melissa Watkins  
New Warden  
Kerry Westover  
Liz White



Warden  
Kerry Westover  
Kerry Westover  
Kerry Westover  
Teresa Westover



Sally Westover  
Sally Westover  
Sally Westover  
Sally Westover  
Sally Westover

Years at Capita have been filled with many experiences both happy and sad. The ones that are lost along the way will always have a very special place in my heart. I hope that what happens in the future years. To Slug and Peg You Two made me laugh. To I D N Thanks for the good times. Don't forget me or Slim Pickins.

And to all the friends who were there.

And to all the friends who were there.

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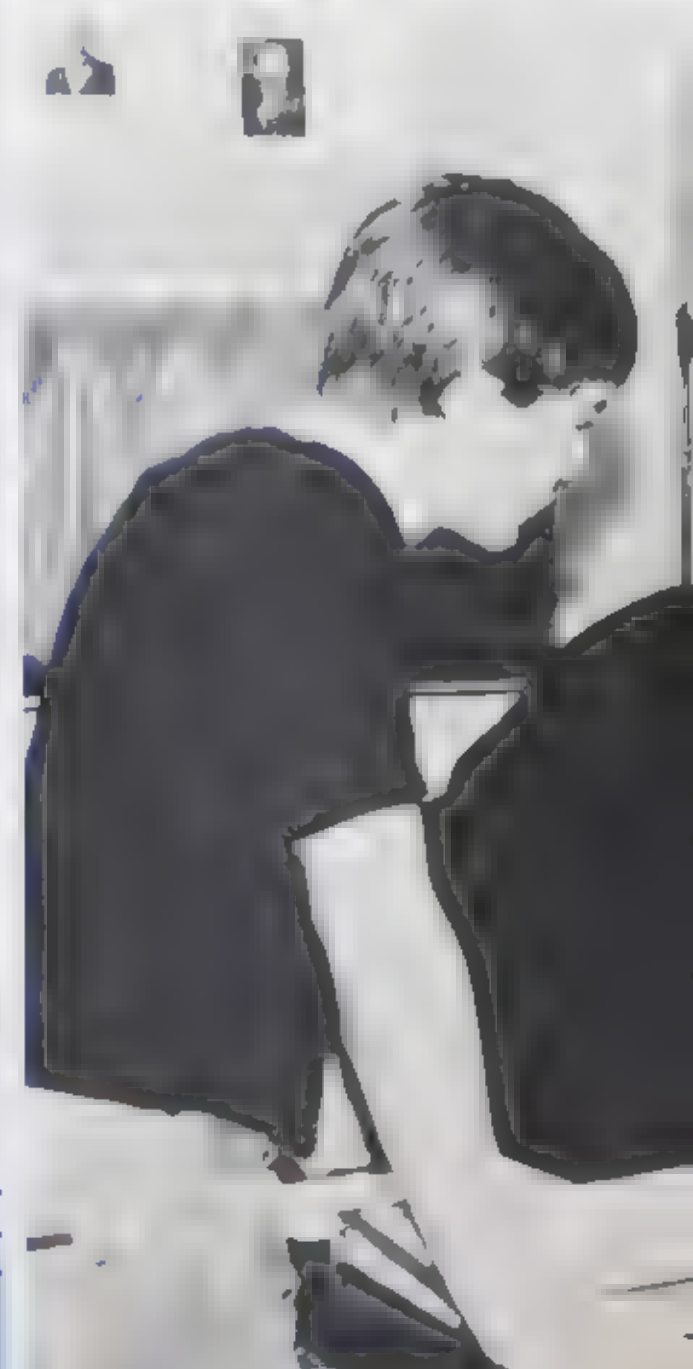
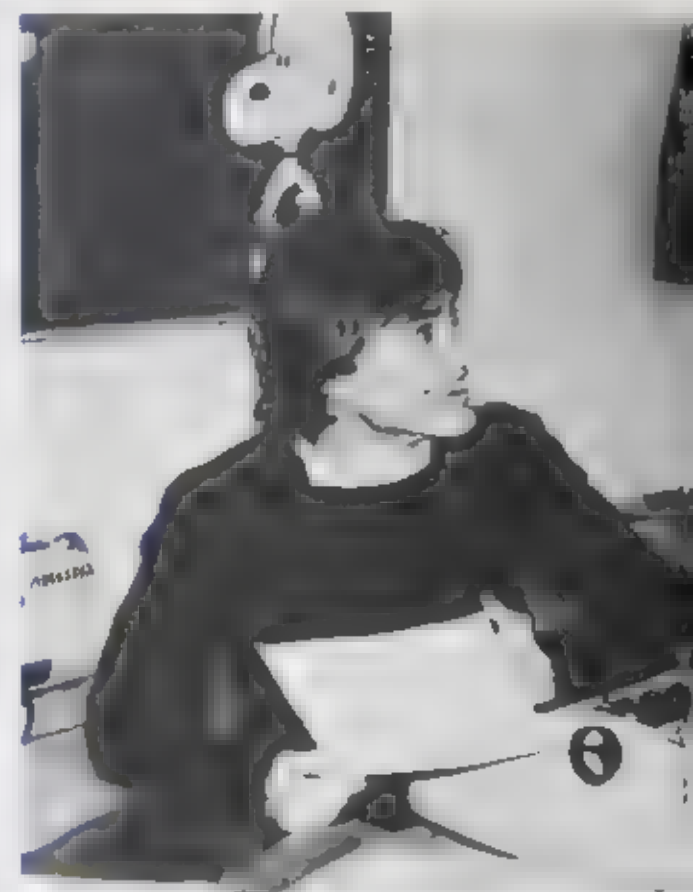
And to all the friends who were there.

And to all the friends who were there.

And to all the friends who were there.

And to all the friends who were there.

READY TO PATENT the first typewriter that writes papers for you. Debby Ratt and Cam Lindsey think of the money any student who pays.





# Quotes

...ING THE WRONG ANSWERS in the book. Bob Clay, Kevin Diebeus, and Scott Smith give an up and down...



Mike Harvey: The problem with problems is a problem.

David Hess: Look at others to make a better man.

Karina Hill: The most important thing in life is friendship, for without friends, you have nothing.

Tracie Hochwart: Live each day to its fullest, for it may be your last.

Susan Hohwa: Sicks and stones bruise the skin, but words break the spirit and the soul.

Stephanie Horn: "You ain't got it kid." Columbia Pictures executive to Harrison Ford.

Teresa Houde: Smile! It makes people wonder what you've been doing.

Kris Howard: Friends are those rare people who ask how we are and then wait to hear the answer.

Mondae Hutchinson: Don't be dismayed at good-byes. A farewell is necessary before you can meet again. And meeting again, after moments of absence, is certain for those who are friends.

Necole Javernick: There is no cure for birth nor death except to enjoy the interval.

Mark Jensen: If you don't get a tingly feeling all over, it's not worth the effort.

Dana Johnson: Have a nice day.

Dean Johnson: I hope my experiences here help make me a more capable and responsible person. I've screwed up so many times. I'm bound to learn my lesson someday.

Shelly Johnson: To frown we exercise 87 muscles, to smile we exercise only 15. We work overtime. A smile is a light in the window of the soul, indicating that the heart is at home.

Val Jurnies: The past is full of memories. The future is full of dreams.

Mendy Kaultman: Since he weighs nothing, even the stoutest dreams can fly without wings. W. H. Auden.

Kevin Keegan: Fame is a vapor, popularity an accident, riches take wings, and that is character.

Susan Kelly: After all is said and done, you only remember what you want to know what happened.

Bonnie Kendrick: Thanks to all my friends for making my high school years the best ever.

Chris Kennon: Design your spectrum of life as if you are building a rainbow. C & T.

Christine Kettlewell: Stop following the paths of others for someday no one will be there and who will you follow?

Robin Keys: The way I see it, if you want the rainbow, you gotta put up with the rain.

Natasha Krogstad: The future belongs to only those who dare.

Rebecca Kashmaul: I feel life is a challenge. I took many challenges and although I didn't always succeed, I will never regret going forward any more.

Peggy Kyle: "Have a positive attitude toward yourself and others and live life to its fullest. Dedicated to Enlist."

Anne Marie Larson: Take your time and choose the road you want. Opportunity is only as big as your fantasy. You live the dream with every step you take.

Andy Latta: The time is always right to do what is right.

Richard Llewellyn: After 32 years, I wonder how we are doing. I am doing well.

Arlson Lloyd: He who hesitates is...

Kevin Avergood: We the willing, led by the unknowing, are doing the impossible for the ungrateful. We have done so much for so long with so little, we are now qualified to do anything with nothing.

Jon Magoni: You only live once, but if you live it right once is enough.

Joe Malet: Success is not never failing, but arising after you fall. Vince Lombardi.

Carmen McCash: Memory is the power to gather roses in the winter. Thanks for a ways being there. A T F W R T.

Scott McNeil: Yea, though we walk through the valley of the shadow of death we will fear no evil, for we are the meanest SOB's in the valley.

Becky McPheters: Always hold onto your dreams because there the one thing that no one can take away from you. If you always have a dream you always have something to live for.

Sam Meade: The greatest loss in life is loss of human potential. Die hard's die not.

Kristin Money: All things start with a first step, our future lies ahead. All we have to do is take the first step.

Dawn Moore: Swap a smile trade some cheer. Let's be happy while we're here. bye Henry!

Mike Muck: There is no cure for birth nor death except to enjoy the interval.

Kassie son: In everything you do do your best. In every one you meet recognize the good, and treat each day as if it were your last, because it might be.

Elaine Nielson: The door to the future is open now so grab all you can and shut the door when you leave the past behind you.

Lisa Ouel: God made man with two ends, one to sit on and one to think with. Our success in life depends upon the end we use the most. Heads-we win, tails-we lose.

Ken Olsen: They dared to do where no one would try, they chose to fly where eagles dare from Ma den.

Chris Olson: If you think you can, if you think you can't, you're right.

Elizabeth A. Otterness: Knowledge is the key to your future, use it wisely and you can open endless doors.

Margaret Ourada: If you love something, set it free. If it comes back to you, it's yours. If it doesn't, try again.

Ana Outhet: It is better to be silent and thought a fool than to speak and remove all doubt.

Geoff Pankey: I am holding my life in my hands and I am totally powerless to keep it from dropping through my fingers. Kurt Vonnegut.

Jenny Payne: Life's a beach!

Ana Peltier: Argue for your limitations and sure enough they're yours. Richard Bach.

Troy Peuz: Cherish always the knowledge acquired throughout life, realize too that nothing is impossible or out of reach.

Vick Peters: It is only with the heart that one can see rightly, what is essential is invisible to the eye. Antoine DeSaint Exupery.

Beth Peet harn: Sk the steep and deep. R B the 1st Meet me at Lamination.

Lagoon 'Rock on'!

Chris Piscione: Live a little, Laugh a lot, Love enough.

Chris Pousson: I think. Therefore I am, I think.

Brian Powell: Life is serious but art is fun.

Pam Pratt: Your friends will know you better in the first minute you meet than your acquaintances will know you in a thousand years. Richard Bach.

Kristi Pugh: Thanks so much Joann for making my last year here so special and exciting.

Pamela Reeves: Life is like a bed of roses. One cannot forever live in one's imagination without getting stuck by the sharp thorns of realism.

Matt Rehl: "I understand that a man is born into the world with his own pair of eyes, and he is not responsible for his vision-he is merely responsible for his personal honesty. To keep close to this persona, honesty is my supreme ambition." Stephen Crane.

Travis Rhine: A conscience doesn't always keep us from doing something. It just keeps us from enjoying it. Tom Watson. So don't worry about it and reach for your highest dream. Good luck everyone.

John Richardson: Each of us is a mixture of good qualities and some, perhaps, not so good qualities. In considering our fellow people, we should remember their good qualities and realize that their faults only prove that they are, after all, human.

Mike Rishel: On homework: "The sun will engulf the earth in 244 billion years, so why do it?"

Jeffrey D. Rist: Stand never, idol but go always round. Matthew Arnold 1849.

Donna Rodenback: Dreams are the Secret Power that make us rich an Hour. Then fling us poor out of the Purple Door into the precinct raw possessed before. Emily Dickenson.

Brian Ropp: Those who bring upon themselves the pain of fat and tiny elves will no longer live a hearty life, for fear that it might end in strife.

Troy Rose: A true hunter hunts in the bush, only shoots once, and eats what he kills.

Grant Roy: You don't get a second chance to make a good first impression.

Tasha Savage: Yo! La Cuck Savage. Mum Schorn Johanna. Once a P.W. always a P.W. The Originals graduated V.P.S.I. One lost but not forgotten. Kaysa Brena.

Matt Shona: Some days it seems like I can't do anything right. Friends lose their patience and yell at me. Today was one of those days. Just remember, I'm doing the best I can.

Sheri Schafer: If you don't learn to laugh at trouble, you won't have anything to laugh at when you're old.

Christa Schlag: We're full of laughter, full of cheer. We're on our way, we have no fear.

Diedre Schmidt: Without dreams there is no need to work. Without work there is no need to dream.

# Quotes

Stacy Scruggs Thanks for the memories

Christy Sewell I love you, Brian!

Eric Sneeley It's not who you know it's who you "yes"

Darc Siverick As you leave through life keep a song in your heart and you'll always have gladness to share

Matt Simko My life has started on down the road Where it ends I don't know  
To many people advising me But they don't know what my eyes see Long Live  
the Die Hards!

Uma Smart If you succeed in overcoming your bad habits, what are ya gonna do  
or fat

Jean Smith There are only 2 kinds of people the ones you like and the ones you  
don't know

Michelle Smith If you can dream it, you can achieve it

Sandra Snesaker Life's something to laugh At

Eric Standley To the Gang We only live once so let's die trying

Tom Staiger Look to this day for yesterday is but a dream and tomorrow is  
only a vision But today well lived makes every yesterday a dream of happiness  
and every tomorrow a vision of Hope

Jason Strope When you think things are bad, when you feel sour and blue, when  
you start to get mad you should do what I do Just tell yourself "Duckie you're  
really quite lucky" Some people are much more oh ever so much more oh  
much y much much more unlucky than you" Dr. Seuss

Jim Struthers Some friends are new and some are old but all the same they last  
like gold. I'll miss ya and I won't forget ya! Please remember me!

Kyna Swanson Take time to be aware It's the opportunity to help others Take  
time to be friendly it's the road to happiness. Take time to love and be loved it's  
God's greatest gift

Anthony Thomas "Walk softly with heavy feet and never draw first blood"

Jenny Thornburg To my parents Thank you! We have been through a lot  
together I love you both very much! Also to Mr J.F. King who has always  
encouraged me to 'be the best I can' He has had a great impact on my  
life B A L B

Lisa Todhunter To go through life without looking could cause you to hit a few  
walls

Kevin Torrey Some of the smallest things in life can be the most thrilling and  
rewarding

Tracy Tueler What's Happening

Michelle Ulen If I should see you after many long years how should I greet you  
with laughter or tears?

Jimmy Voi If first you don't succeed then bag it!

Shannon Walker The life of being a kid is now over we now have to grow up  
and join the real world. But we can still party!

Eric Watson Think just don't drink accidents cause people

Tam Wardle If all else fails, immortals can be assured by spectacular error

Miss Watkins Those who don't take their chances will always have memories of regret

Kimberly Westover Have you ever considered that if you don't make waves, nobody  
including yourself, will know that you are alive

John W. White If you dream you hold the key that opens the door to let you be free  
and you don't

Michelle Wicks Life's like a ferris wheel No matter how low you feel remember the  
bottom chair will always come to the top again

Donna Wood A promise to the world is a promise to yourself

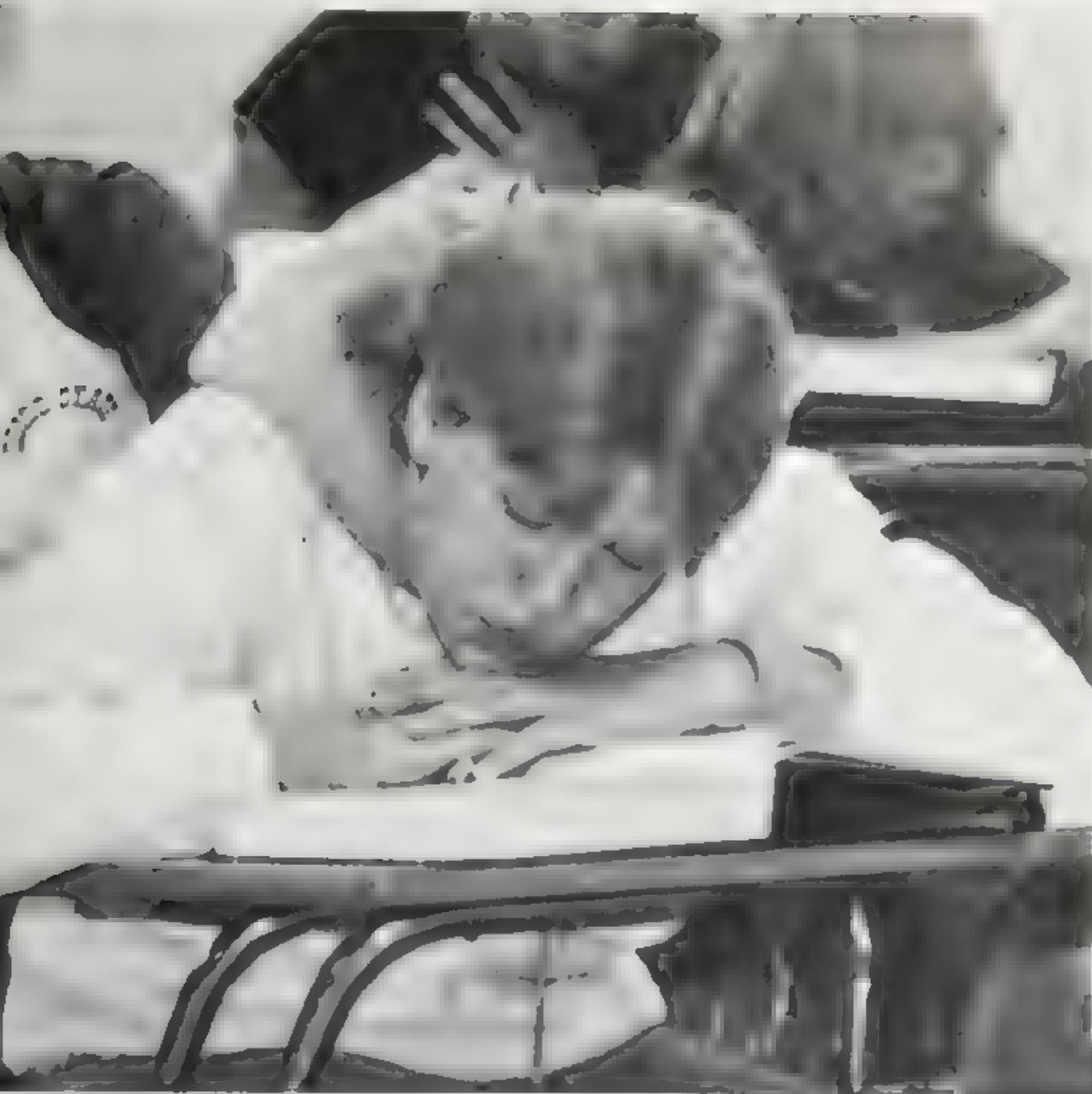
Theresa Wood Time passes much too quickly when we're together remembering I will miss  
you and the good times

Marnie Yare Sweet memories flashing very quickly by reminding me and giving me a  
reason why Rush 211!

Math man  
-Be a man  
like me  
nail  
Belova  
I was  
glad  
in one class  
have you  
fact!  
Summer  
on well  
Phanna  
Jampson



## 14 P



MONSTRATING ONE OF THE BOOKS IN THE  
LIBRARY TO THE STUDENTS OF THE LIBRARY

STUDENT OF THE LIBRARY

*They lead, organize, design, and plan . . .*  
*The Junior Experience*



As that early morning alarm buzzes on, I wonder what made me ever want to be on student council and go to meetings at 7:30 am, every Tuesday. But once I'm dressed and have a little food in my stomach, I realize it's not so treacherous getting up a little earlier on Tuesdays, and actually the meetings are quite fun. I really enjoy getting to know the officers of different classes and I have made a lot of new friends.

The silence is quickly broken in 238 as the ASB

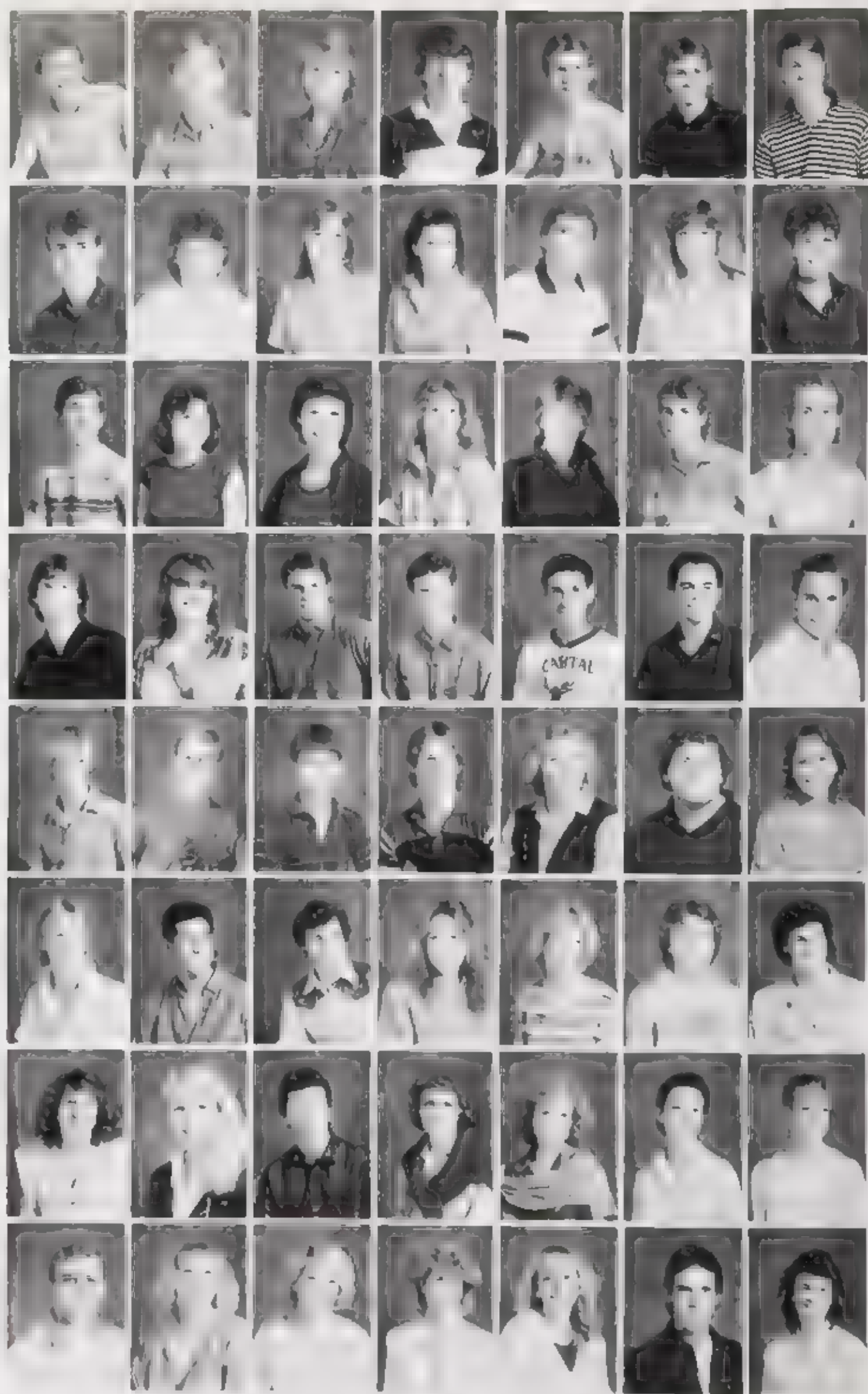
SHOWING NATURAL JUNIOR determination Tracy Robb, Julie Wolf, Karene Smith and Rosanne Singer, exert extreme effort tugging their end of the rope during Homecoming Week.





The senior officers are Post R.W. Army Sargent, Sr.,  
every Pres Sara Pivney V Pres Secy [redacted] w. [redacted]  
Zanora Rep, Nancy Nelson Rep Kasey [redacted]







*They're sophisticated, good-lookin', and . . .*

## *Well Wheeled Juniors*

As the sound of the last bell rings, students rush to their lockers to retrieve their keys and head for the car. After obtaining the belongings they spent their last precious money on, they will be off to school, ready to start another day of trying to make the most of what is left of the year.

Depression is a word that many students use to describe the way they feel about the state of the world. It is a feeling that is not just a word, but a feeling that is real. It is a feeling that is not just a word, but a feeling that is real.

Parking conditions are just horrendous' here in the city.

It is a feeling that is not just a word, but a feeling that is real. It is a feeling that is not just a word, but a feeling that is real. It is a feeling that is not just a word, but a feeling that is real. It is a feeling that is not just a word, but a feeling that is real.

It is a feeling that is not just a word, but a feeling that is real. It is a feeling that is not just a word, but a feeling that is real. It is a feeling that is not just a word, but a feeling that is real.









*They rush home from school to grab their kleenex so they can be . . .*

## *Sobbing Over Soaps*

As Bo slowly leaned towards Hope and told her of his love for her, he gently touched her lips with his. As the moment intensified, an ear piercing bbaamm boated through the room, and Hope slowly fell limp in Bo Brady's arms. While shock, anger and grief rolled through Bo's eyes, he turned to the door to see someone wearing a black mask

still holding a gun. As the person removed the mask, Bo was stunned to see that it was

Like sands through the hour glass so are the days of our lives.

Soap operas are the love of most girls and even some guys but why do, or even, why don't people watch continual episodes of soap operas? According to Jonathon Wall, "Soaps, like drugs

are addictive." That is why he doesn't watch but another Junior Margo Cooke, disagrees, "Soaps are fun and interesting to watch. You can pick among them because they are all the same."

The true reason although to watching or not watching is yet to be discovered. Frank Young said "I watch soaps merely because there is nothing to do." And Bren

da Allen thought "It is like reading a book." All of these previously stated opinions contributed to discovering the underlying reason and most obvious reason that, in a way, soap operas represent the things we like and don't like about our own lives in general.



ALL THREE MONITORS ARE USED BY THE JUNIORS TO LEARN ABOUT THE COMPUTER.

*Although it may not keep the doctor away Juniors have fun learning with . . .*

## *An Apple A Day*

Bob had used his chair so that it was comfortable for him. He was sitting in the middle of the room. The others with their arms and legs spread out, were sitting on the floor. They were all looking at the computer. They were all looking at the computer. They were all looking at the computer.

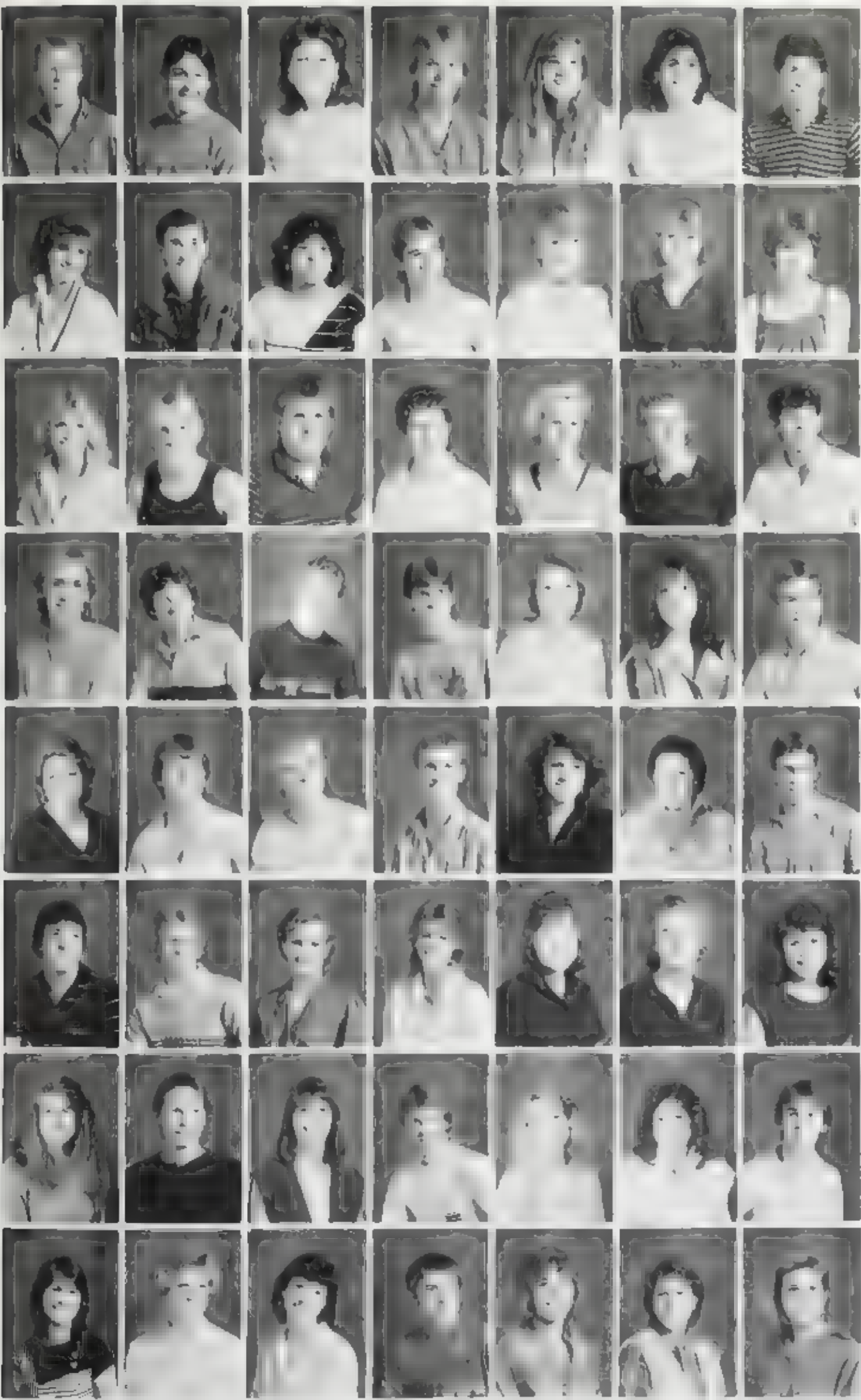
Computers are a whole new world. They are a whole new world. They are a whole new world. They are a whole new world. They are a whole new world.

They are a whole new world. They are a whole new world. They are a whole new world. They are a whole new world. They are a whole new world.

Bob's friend, who was sitting next to him, was also looking at the computer. He was also looking at the computer. He was also looking at the computer. He was also looking at the computer. He was also looking at the computer.







THE 1990-1991 YEARBOOK OF THE  
SOUTH GAVELIN HIGH SCHOOL  
CLASS OF 1991

*Although at times they may be somewhat left out . . .*

## *Juniors Do Exist*

Jan arrived at school with about three minutes to spare. As she raced to class a senior grabbed her by the arm. "Hey!" he ordered.

Show this sophomore where room 356 is. Jan tried to explain to the senior that room 356 was clear on the opposite side of the school. "Take him!" the senior screeched. The sophomore tried apologizing but Jan wasn't paying attention. This delay made her

considerably more late.

An announcement soon after the tardy bell reminded the student body of the shortened class periods because of the upcoming assembly. "Wonderful!" Jan thought. Another assembly? Jan didn't like assemblies very well. It seemed like the juniors were always left out. The seniors got to sit under the big SENIORS sign and they got most of the candy

out of the spirit box. The sophomores were always teased and Mickey Mouse was always sung to them at least five times during the assembly.

The rest of the day went much the same way. When Jan arrived at home she decided that she would write a letter to the school's newspaper about what it was like to be a junior. First she needed to get the pros and cons out. She started

with the cons but nothing came to mind except sometimes being left out. For the pros she listed many things like: made it through sophomore year, only one more to go, and many others. Her smile grew with each pro she wrote. When she finished she knew exactly what her letter would say. "Being a Junior is Awesome!"









ALLIED HIGH  
 JUNIOR CLASS  
 1954-1955





SEVERAL STUDENT MEMBERS have been  
successful in winning awards for their  
efforts.





*For now, but not for long, Sophomores are*  
***Low Men on the Totem Pole***

As newcomers to Capira, the unrepresented Sophomore class had to choose a student council to represent them. Only a few brave souls decided to go before the entire Sophomore body. But when all was said and done, six representatives had been chosen: Becky Clayton, president; Brenna Choukwa, vice-president; Jana Bunderson, secretary; Kevin Zachreson, treasurer; Mirdi Mooney; and Seemeen Bazghi, Sophomore representatives. After the results were in and everyone knew who was who, the six representatives went to work on a Drug and Alcohol Prevention Program along with

their inherited dances. Give a hand, and you'll get a hand. The Sophomores always provide them with the best of work. Their work never went unappreciated. All their hard work, the Sophomore Student Council could honestly say they had worked not only for the Sophomores, but also for Capira High.

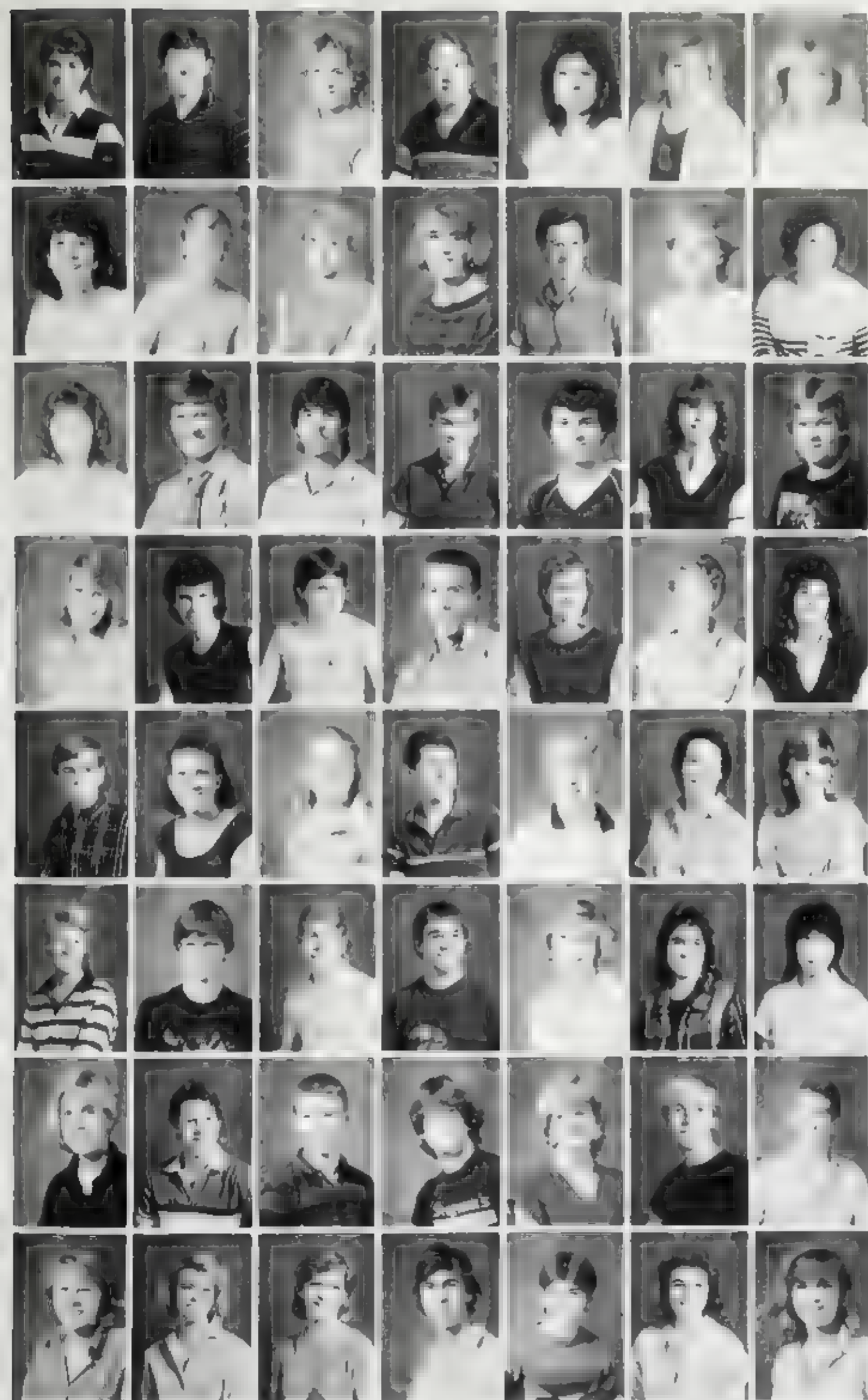
When asked what she thought of student council president Becky Clayton said, "It takes a lot of time, but it's fun." The Sophomore class was well represented with this group of students. Sophis!



[illegible]

1. *Journal of the American Medical Association*, 1997; 277: 1039-1043.









## *Sophomores Request Respect*



It's time to bring a whole new class of sophomores to the front of the school. After a week of work with the rest of the school, Mike M. Myers, Squaw Valley, and others, they will be the first to receive a New Respect.

After a long night of the school's activities, most of the sport games and the assemblies are over. The school is now in the hands of the students. As the school is now in the hands of the students, the school is now in the hands of the students.

As the school is now in the hands of the students, the school is now in the hands of the students.

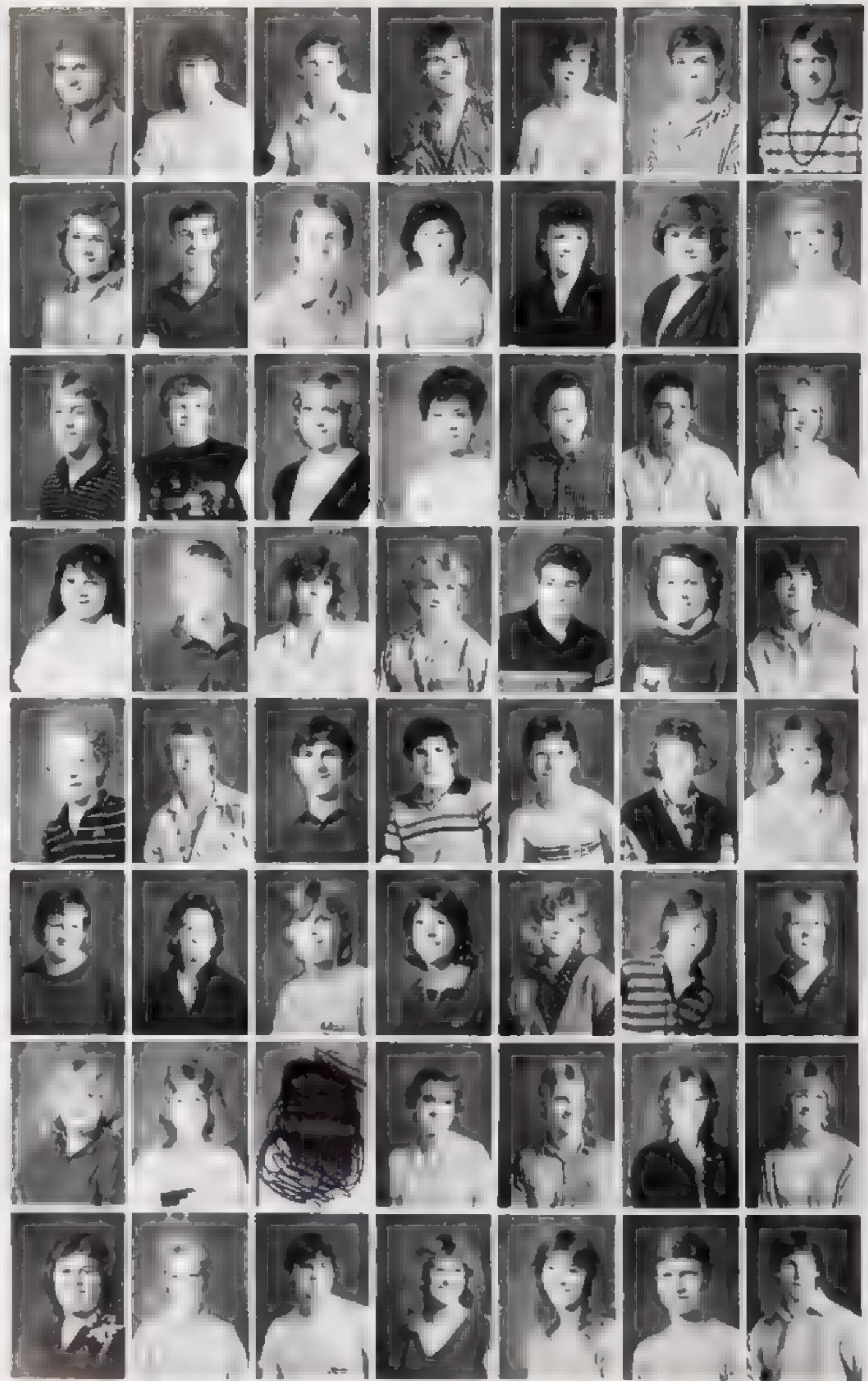


selves better at the assemblies and might even be victorious at shaving a balloon. Maybe someday one sophomore will be able to park his or her car in the 'Seniors Only' section of the parking lot. But no hope holds out for the poor soul who tries it.

As the year went along upperclassmen found that sophomores could no longer be sold another false elevator pass or be fooled into going to the wrong room. In fact sophomores gained a new air of acceptability around the school.

**DURING HOMECOMING WEEK,** sophomores successfully defeat upper classmen in the Bug Staff









# Early Arrivals Anticipate Day



At 5:00, the radio begins to play Thompson Twins' 'Doctor Doctor'. I slowly dragged my tired body out of my warm bed and walked to the window. A groan escaped my groggy throat as I raised the shade. Still cold and dark outside. I quietly remind myself it is time to get up and go to school.

The streets are bare as I make my way to where I will spend most of my day. Mine's the only car at the intersection where I wait. As I pull into Capital's parking lot, I see only one or two more people. I check my wrist watch once more to see what time it is, 6:15am. Shivers go down my spine as the cold slowly eats through to my bone. Why do I do

BY KIM PASSING PERIOD Nick Rayner and Stacie Bah  
STACIE BAH



this? I asked myself

Many students go to school earlier than they are required to for many reasons such as drill team practice and early busses. "I hate it!" complained several students who ride the bus. "I have to get up so early!" Amy Pollard, one of the Capital High School Golden Girls, said. "I don't mind coming to school so early because I enjoy what I get out of it in the end." Many of the students said that if they had a choice of coming to school early, they would. So, if you feel that you are one of the unlucky ones that come to school early, don't feel so bad. There are many who would gladly change your places.

FOR THE EXPERIMENT, IN ORDER TO BE SUCCESSFUL, WE NEED YOUR HELP. PLEASE WRITE AND PLACE IT IN THE BOXES PROVIDED.



NAME  
ADDRESS  
CITY  
STATE  
ZIP

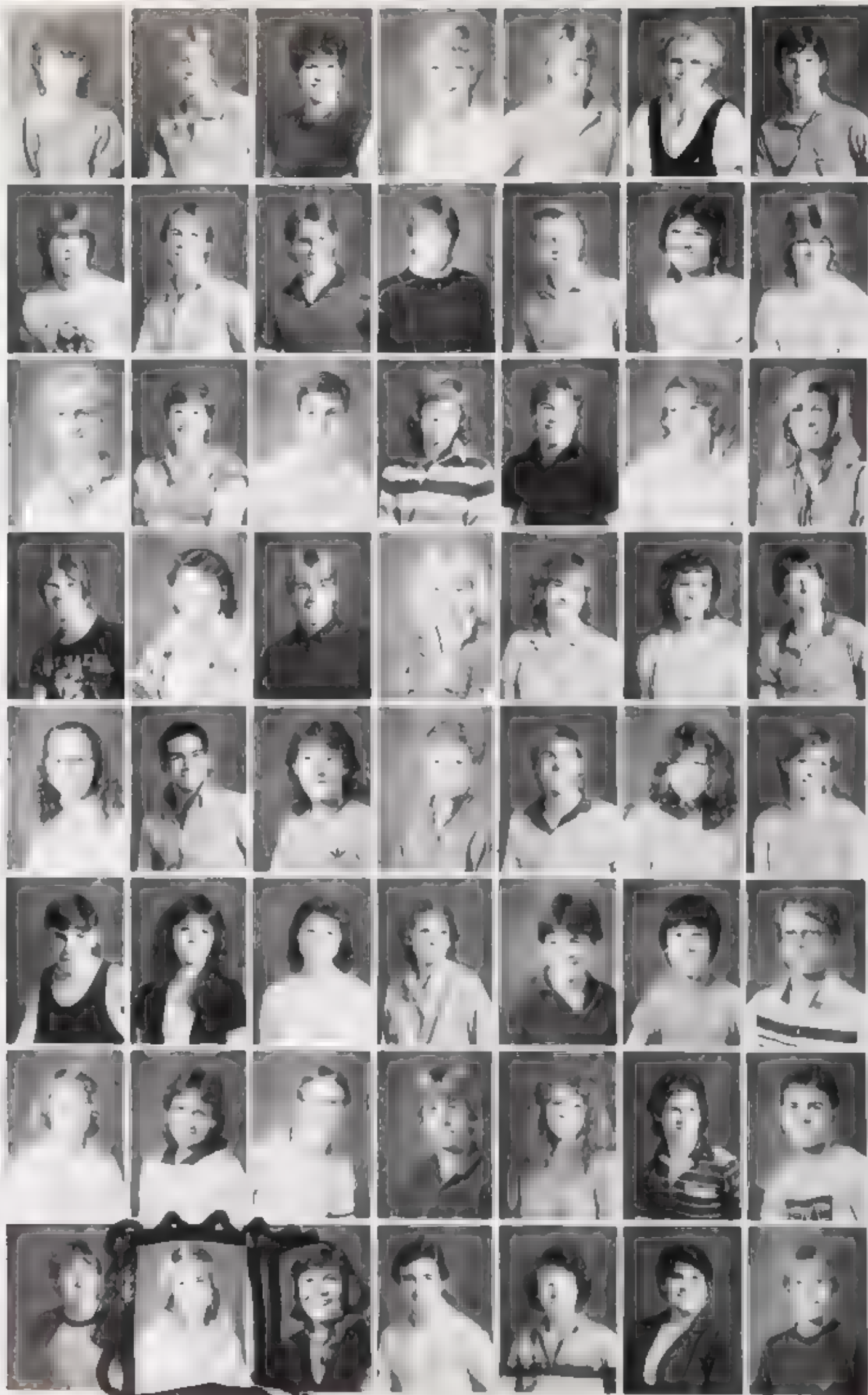
NAME  
ADDRESS  
CITY  
STATE  
ZIP

NAME  
ADDRESS  
CITY  
STATE  
ZIP

NAME  
ADDRESS  
CITY  
STATE  
ZIP

NAME  
ADDRESS  
CITY  
STATE  
ZIP





HEY  
MR. RD.S



CHAMPION GOWN: The winner of the 1991-1992 Homecoming Queen contest is the lovely and talented Miss Kelli Smith.

## Traffic Report

This is the first time we have ever had your 805 Capital High traffic report. There has been a lot of problems in the principal's office. Fortunately, there are no injuries and no lives are being retrieved. A steady flow of traffic is moving toward the gym. Be careful and watch for the fire trucks speeding for their lockers before the tardy bell. Bus companies were called for once again the halls and stairways of our school are crowded with students scurrying to every possible destination within the school. One of the most problem areas is the gym, especially before sixth period where a student could never make up the stairs to get to the gym. It is not a pleasant way to P.E. class without being late. A major problem is encountered when a speed limit sign is posted and a new bus tracks a road and once it is in the lane it is in the lane. It is a very embarrassing incident. The school is now with a traffic report.

**MICKY MOUSE** So be sure to watch for the new Lookie. You could always slow down and say that someone is paying for it. Watch the crowd. Who knows maybe it could make a new friend or even start a new party.



## *Now We're Eagles, too!*

At the beginning of the school year, two arch rivals, the Hillside Rams and the Fairmont Falcons, packed away their natural grudges, left the safe familiar confines of junior high school, and became united as the 1986 Capital High School Sophomore Class.

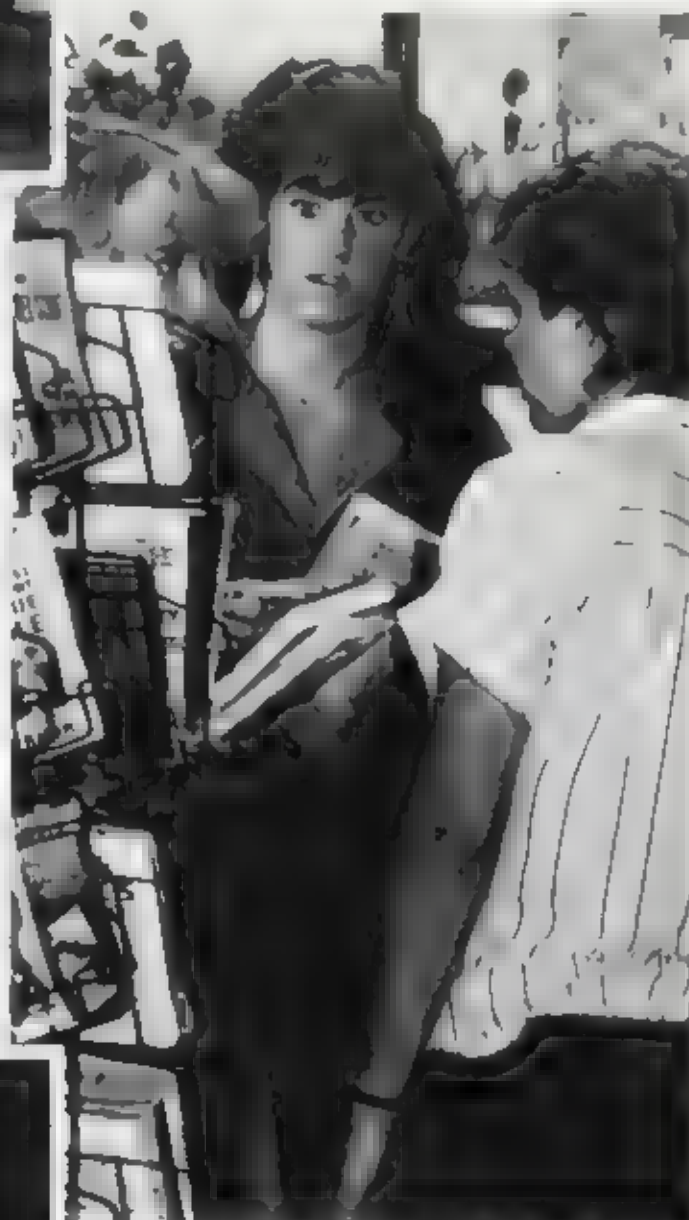
At the outset, almost all of us were excited about coming to Capital High School and that very first day at school we were thrilled, if a bit awed, with the prospect before us. But day to day, as the first months progressed, we found we didn't like high school as much as we had anticipated in August.

We were called "Squashmores" or "Baby Eagles," at first. Juniors and Seniors serenaded us with the "Mickey Mouse" song at our first assembly. Eventually, most of us accepted the

harassment, were able to laugh it off, and started to enjoy our education once again. Slowly, as we got used to the new routine of the larger school, we were accepted by the upper classes, not as outcast Rams and Falcons, but as real Capital Eagles who would, in two short years, be the Senior Class of 1988. We were asked to join so many clubs and participate in so many extra-curricular activities, that we were often overwhelmed. By the end of the school year, most of us had become confident that we belonged with the rest of the student body in the "Eagles Nest." We could show our pride like the Juniors and Seniors because, finally, we were Eagles, too!







THE NEW YORKER: A young man and woman in a library.

THE NEW YORKER: A young man and woman in a library.



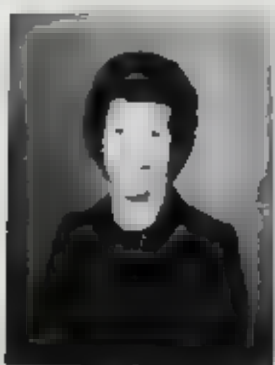
THE NEW YORKER: A young man and woman in a library.





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 ... .. W  
 ... .. F  
 ... .. S  
 ... .. S

A. A. ...  
 Resource Officer



A. Applegate  
 Sheriff's Office



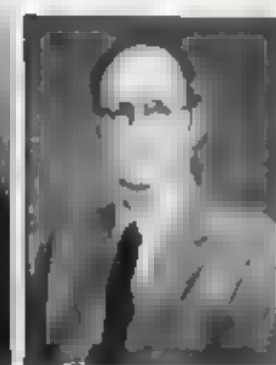
B. B. ...  
 Manager



J. B. ...  
 Sheriff's Office



R. ...  
 Manager



N. Barber  
 Counselor



V. Brown  
 Resource Officer



N. Butler  
 PI



J. ...  
 Sheriff



...  
 Sheriff







CLARENCE FROM MUSEUMS Mr. F. K. Newsway, Jr.  
and family

WHILE LOOKING AT the exhibit Mr. Tenenbaum  
in New York City



MR. TENENBAUM, A  
FEDERAL AGENT, IN  
NEW YORK CITY



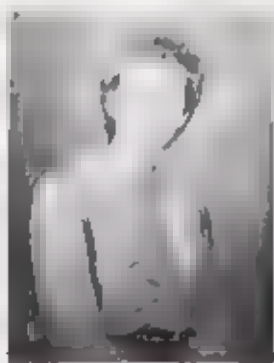
RAY  
ED

ELI  
B. G. A.

B. G. A. and  
F. G. A.

F. G. A.  
S. G. A.

G. G. A.  
F. G. A.



F. G. A.  
F. G. A.

M. D. G.  
A. G. A.

F. G. A.  
F. G. A.

F. G. A.  
S. G. A.



With 1 AK, 4C, A, 3H, AK, four Aces, M. T. were obtained a paper sack and 3000 instead of paper bags.



*Favorites are Friends.*

That, we must state, there is a way is not to encourage the teacher who is paid or persuaded to grow Capitalism by convincing that it is the only way in that people are there are as well as a few of the better teachers of Capitalism who are staying on for specific reasons.

After the survey, the respondents were then interviewed separately. The respondents were interviewed individually, with the group and the snowball sampling technique. The respondents were interviewed in the Westside sublocation.

— Mrs. Clarke. He likes her because she is a good  
dancer, and she is the only one that  
Mrs. Healey has seen since she got to  
— Mrs. Healey. I don't know any state its who she  
— Mr. Healey. At the top of their list. He likes a  
— Mrs. Healey. At the same time. Margie  
— Mrs. Healey.

It is clear that every



1. **Introduction**  
2. **Background**

[illegible]

1975

R. K. L.  
 A. J. L.

$t_1 = 1, t_2 = 2$   
 $\alpha_1 = 1, \alpha_2 = 2$

L. Heller  
Language Arts

f. Hens  
N. 10000

Large type Army

1. 1000

1. Negative or  
Highly

The first of the  
 series is a portrait of  
 a young man in a  
 white shirt and tie, looking  
 directly at the camera.



The  
 Director



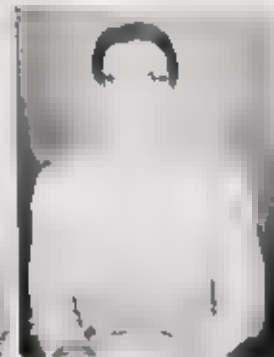
The  
 Manager



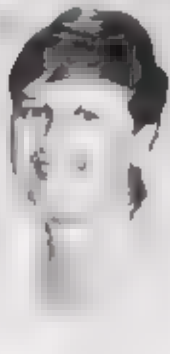
The  
 Secretary



The  
 Treasurer



The  
 Member



The  
 Member

The  
 Secretary

The  
 Member



# Teachers Who Teach the Elite



St. Natalie's Honor classes are not taking asked. After a Senior I took the toughest one, Ann Lottor's English, accelerated, as I did, as physics, advanced history, accelerated chemistry, and advanced placement biology. I repaid Natalie a favor. I remember taking these classes. They were hard, but the teachers taught me a lot," said A. J.

The type of student who takes accelerated courses is usually intelligent, willing, and hard working, that's known, but what kind of teacher teaches the advanced classes? He must be the type who care about the students' growth and prosperity. Joanne Thompson is one of those teachers who, with her ability to teach AP Biology, was chosen Idaho State Teacher of the Year in 1985. Mr. Gray, who teaches Honors English 6, commented, "Honor students are a challenge, they're very bright, but teaching them can be very rewarding. It is indeed a pleasure to see the creative, critical eye of thinking of the work of student put to use."

When it comes down to facts, there are no Honor Students without Honor Teachers.

ALL ST. NATHAN'S HONOR TEACHERS

Joanne Thompson  
English Language



Spencer Cass McGee  
K-12



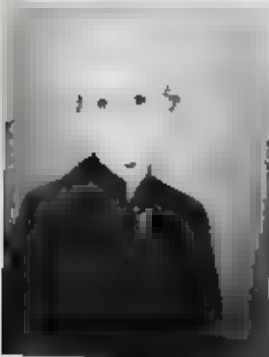
J. M. Doherty  
PE



W. M. Moore  
Science



J. Moore  
American



J. Moore  
Office



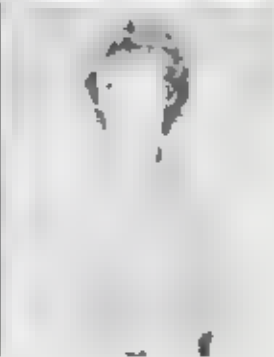
J. Moore  
Language Arts



D. Nelson  
Mathematics



T. K. Miller  
Special Staff



D. Turner  
Special Staff



# Teachers Who Opt To be Sponsors

I definitely do not do it for the money. I guess really do it because I like to watch the kids grow. I like the feeling that I am helping them achieve a 'high'—the 'high' of success. It's not only their high that makes it all worthwhile—it's the high that I get from helping them. I enjoy the spark that glimmers in their eyes when they finally 'get it,' said Debate sponsor Edd Olson.

Many teachers at Capital are involved with some sort of activity. Some instructors are into sports while others are involved in academic organizations. Most teachers agree with Mr. Olson's

opinion of being a sponsor.

However, the students can appreciate the energy spent by the teachers in their roles as sponsors. Sometimes we forget what the job is for us when we are mad because we didn't get our way, but we never cease to be amazed when they show up with a pizza as a peace offering or offer to take one of us home. I will never forget the times I have been saved by my sponsor. I really appreciate they help they have given us. stated Senior Tina Tine.

WITH EATING HIS pie, Mr. DeLoach is a sponsor.

RENCH CLASS AT



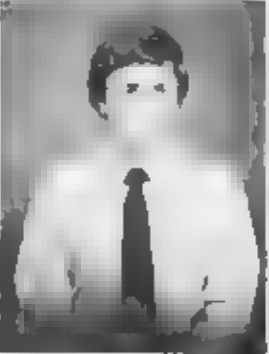
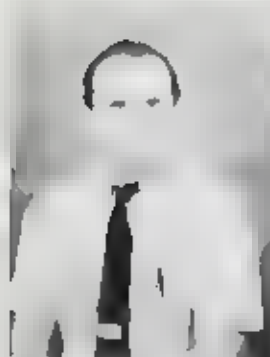
S. S. S. S. S.  
S. S. S. S. S.

L. Smith  
Foreign Language

R. Stancin  
Mathematics

A. S. S. S. S.  
Literature

E. S. S. S. S.  
S. S. S. S. S.



D. Stevens  
P.E.

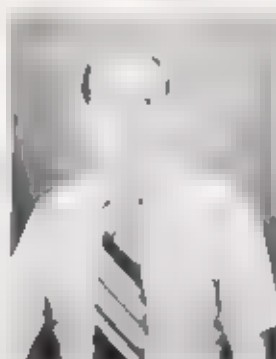
R. Stoor  
Special Services

D. Swanson  
Art Industrial Art

S. S. S. S. S.  
Mathematics

E. S. S. S. S.  
S. S. S. S. S.



[illegible]

1991 10 16 76 17

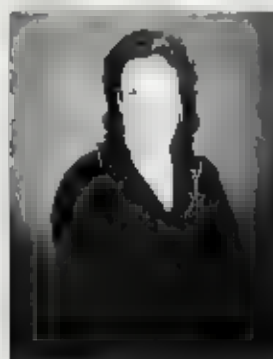
## *Coaches Pave the Pathway to Excellence*

[illegible]
$$\frac{d}{dt} \left( \frac{\partial L}{\partial \dot{x}} \right) = \frac{\partial L}{\partial x}, \quad \text{where } L = T - V.$$

After the arrival of people from Springfield the  
stage is the prearranged date to meet  
for a conference at the stage. The warmers  
re-appoint their leaders for the next year  
and the arrangements for the next year are  
made. The success of the year is a matter  
of the year, and the year is a matter  
of the year, and the year is a matter  
of the year.

[illegible]

1. *Yusuf* 21



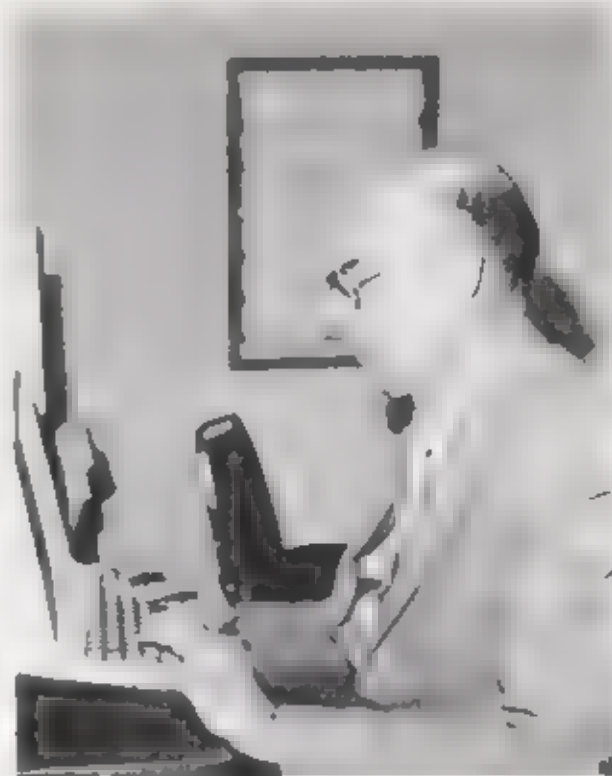
R 7.57  
J. H. H. H. H. H.



## Assistance for the Future

[illegible][illegible][illegible]

1. 在 1990 年 1 月 1 日以前，  
 2. 在 1990 年 1 月 1 日以后，  
 3. 在 1990 年 1 月 1 日以后，


$$S = \{ \langle \sigma, \tau \rangle \mid \sigma \in \Sigma^* \wedge \tau \in \Sigma^* \wedge \sigma \neq \tau \}$$


---

[illegible]



## A

*B*

C

Cady, Jude 62, 164  
Ca, Brandee 34, 70, 164  
Cahoon, Margaret C. 5, 54, 162  
Cailgan, Patrick 95, 175  
Camp, Heidi 164  
Campbell, Blake 100, 164  
Campbell, Deanna 174  
Campbell, Greg 175  
Campbell, Lori 34, 46, 41, 70, 174  
Campbell, Patricia 114, 165  
Cannon, Billy 175  
Cannon, Mike 77, 175  
Card, Robin 75, 10, 1, 23, 146  
Carey, Nora 50, 41, 114, 75  
Car, Mary 48, 164  
Carwin, Brian 164  
Carlson, Kimberly 34, 175  
Carlson, Theodore 46  
Carnes, David 66, 115, 164  
Carnes, Kevin 65, 66, 67, 75, 136, 146  
Carr, Al 164  
Carpenter, Vicki 175  
Carr, Mark 38, 66, 164  
Cassady, Mike 46  
Cassat, Greg 100, 118, 164  
Cates, Amy 48, 49, 175  
Cattaneo, Michele 48, 164  
Cattlee, Sean 175  
Cattler, Steven 146  
Challenger, Elizabeth 47, 275  
Challenger, Ted 46, 47, 164  
Chaloupka, Berna 175  
Chaloupka, Tony 164  
Chandler, Debbie 75, 77, 164  
Chandler, Furler 175  
Chandler, Glenn 49, 175  
Chapman, Jeanette 69, 73, 118, 164  
Charlton, Samuel 177  
Chauncey, Lind 77  
Cheney, Charles 34, 70, 137, 148, 149  
Cheney, Lorette 34, 70, 115, 277  
Chirambio, Jesse 115, 164  
Chism, Bladley 164  
Christensen, Brent 38, 177  
Christensen, Candy 55, 56, 118, 139  
Christensen, Kristy 60, 77, 139  
Christensen, Rob 33, 46, 38, 39, 69, 149  
Clayton, Mark 1, 5, 164  
Clark, Gregory 48, 164  
Clark, Lisa 48, 54, 69, 114, 118, 164  
Clark, Tyler 100, 10, 164  
Clarke, Kenneth 18, 49, 66, 15, 39, 146  
Clarke, Ronald 177  
Clayton, Becky 18, 30, 51, 88, 118, 277  
Clayton, Bob 50, 52, 65, 74, 118, 149  
Cleere, Scott 177  
Clement, Rhonda 177  
Clements, Tene 48, 49, 45, 149  
Coffey, Bob 1, 4, 164  
Coffey, Kyle 100, 162, 164

[illegible]

Crampton, David 50  
 Crandall, L. 71 56 99 161  
 Crawford, John 10 31 30 11  
 Creasey, Angie 45 52 54  
 Cress, Jennifer 48  
 Cullen, A. 112  
 Croft, Kate 59  
 Culpepper, Melissa 90 11  
 Cunningham, Beth 34, 70 11  
 Cunningham, Mona 77 130  
 Cunningham, Nan 11  
 Cunningham, Robert 47 11  
 Cunniff, R. 11  
 Cunniff, M. 11

## D

[illegible]

*E*

Eagar Doug 164  
Eberlein, Eric 66 164  
Ebersole Tom 164  
Eck Jason 164  
Eck Jeff 100, 164  
Eckenroed, Andrew 164  
Eddins, Lori 38 39 112, 177 187  
Eland, Ron 44 177 53, 67 75 91 92  
Edam James 78, 85 100 177 187  
Edam John 14, 75 83 97 144  
Edhorn L 1 1 1 1  
Edwards, Steve  
Edwards, Paul  
Edmond, Brian  
Egert, Samantha 114 164  
Eid, Larry 164  
Eid, Robbie 164  
Eldridge, Kevin  
Elliott, Sandra 75 85 95 105 115 125 135 145 155 165 175 185  
Elson, Kara 38 44  
Elsworth, Sandra  
Elsworth, Todd 16 140  
Elmore, Troy 38  
Elm, Mark  
Elminger, Cheryl 77 17  
Eshe, Ann, Terry 164  
Eschler, Kevin 53 66, 140  
Ettridge, Cindy 164  
Evangelho, Karen 53 65 74 111 124 125

## F

Farrington, William  
Farrington, Kyle  
Farshaw, Carl  
Farmer, Hayden 17  
Farris, Jody 41 197 54 67 75 91 109  
Farrington, Jack H.  
Farrera, Chris 76 77 140  
Farrington, Eric  
Farrington, Shana  
Farrington, Nicole  
Farrington, Lisa  
Farrow, Beth 47 59 91 1  
Farkowski, Frank  
Farkowska, Jeff  
Ficks, David 177  
Fieler, Brian 2 25 48 49 75 118, 135 140  
Fields, Holly 34 53 70 1  
Fields, Kurt 161  
Fields, Robert 55 56  
Fields, Steven 53, 118 161  
Fielding, Stephen

Fischer Dore 177  
Fisher Heather 34 48 53 70 46 143  
Fisher Michael 53 67 68 118 140 147  
Fisher Ray 67 140  
Fivecoat Todd 56 164  
Fletcher Chad 81 83 103 140 103 145  
Fletcher Jill 52 164  
Flowers Robin 164  
Fowler Patrick 164  
Fong Susan 177  
Foore Jennifer 59 161 177  
Ford Aaron 164  
Fomander David 177  
Forrey Brett 177  
Forrey Sean 140  
Fowers Nick 164  
Fowers Tamara 38 39 110 147 177  
Fowler Greg 164  
Fowler Sean 164  
Fox Lawnya 177  
Fussell Todd 85 177  
Foyer Brent 85  
Franks Sheila 34 76 164  
Frederick Jenny 49 64  
French Doug 64  
Frashee Amy 34 70 164  
Fuhrman Tr 177  
Fulcher Sue 50 140  
Fulkerson Cheryl 34 41 49 104

## G

Gabbert Lisa 19 46 94 166 164  
Gale Howie 164  
Game Danny 17  
Game Thomas  
Ganawer Tim 104 166 78 84 151  
Gardner William  
Gardner Kenneth  
Gardner Ann  
Garness Amy 99  
Garrabrandt David 41  
Garratt John  
Garratt Angela 77 164  
Garringer Brend 166  
Garringer Steven 177  
Garus Dena 164  
Garus Terrie 166  
Gaskel Brad 77  
Gates Heather 67  
Garby Jeff 81 84 104 141 103 154  
Gee Dixie 141  
Gee Grant 166  
George Bill 104  
George Jennifer 141  
George Robert 45 47 4  
Gehrig Christ 34 45 141  
Gerber Michelle 19 31 141  
Gerdes Johann 65 166  
Giere Bill 94  
Gibson Owen 48 51 53 166  
Gibson Kimberly 177  
Gibson Mark 52 121 14  
Giesler Tricia 164  
Giles

Glebert Holly 62, 73, 177  
Giles, Lata 177  
Goad, Jenna 76, 141  
Goade, Alyssa 177, 181  
Godfrey, Cheryl 54, 177  
Godfrey, Deborah 141  
Gottin, Troy 177  
Güder, Daniel 177  
Güden, Katie 125, 161  
Gosse, Jerry 166  
Gonzales, David 141  
Gonzalez, Ladonna 14  
Goodhue, Richard 166  
Gorman, Erica 88, 166  
Gould, Darren 118, 167  
Grabbe, Fay 89, 112, 166  
Grabie, Fran 38, 166  
Graham, Angela 177  
Graham, Erissa 118, 119, 166  
Green, Mike 65, 83, 121, 111  
Greer, Dessie 166  
Gregory, Gwen 77, 166  
Gregory, Matt 91, 166  
Gregory, Shelly 59, 166  
Grensing, Becky 166  
Griffir, James 142  
Griffith, Dana 56, 59, 166  
Grigg, Jenn 62, 177  
Griggs, Troy 166  
Grigsby, Lisa 94, 99, 70, 166  
Grime, Wendy 78  
Grimes, Larry 166  
Grimes, Nick 7, 178  
Grindstaff, Rhonda 51, 14  
Gisham, Mary 53, 166  
Groenier, Matt 118, 166, 174  
Grothaus, Dorna 142  
Gruner, Lisa 78  
Grunerson, Chris 48, 39, 40, 55, 14  
Gunn, Vera 166  
Gunn, Brian 178

H

Hais, Elena 122, 123, 142  
Hadley, Amy 78  
Hagen, Dennis 142  
Hagerman, Lori 178  
Haggerty, Barbara 45, 142  
Hahn, Deborah 166  
Hahn, Jennifer 19, 55, 36, 66  
Hal, Michele 18, 23, 48, 52, 53, 142  
Hal, Randall 41, 178  
Halweg, Roberta 166  
Hancock, Rudy 83, 178  
Hansen, Charles 84, 85, 78  
Hansen, Erikka 58, 53, 118, 166  
Hansen, Stacy 48, 166  
Hanson, Heather 34, 70, 178  
Haraszk, Mike 166  
Haring, Charlie 100, 120, 121, 166  
Harding, Cheryl 7, 53, 70, 76, 77, 142  
Harding, Jennifer 59, 178  
Harding, Kim 34, 166  
Hardy, Dana 56, 166

Harenberg, Jan 38, 49, 178  
Harris, Lori 166  
Harned, Kathleen 166  
Harper, Ann 59, 178  
Harper, Kevin 49, 53, 55, 56, 65, 67, 68, 166  
Harper, Travis 118, 178  
Harriss, Ron 166  
Harris, Dutch 48, 49, 166  
Harris, Jeff 80, 166  
Harsin, Martin 178  
Hartman, Lisa 166  
Hartman, Ryan 178  
Hartwick, Karen 178  
Harvey, Mike 48, 75, 118, 142  
Harwood, Wendy 44, 53, 166  
Hatch, Karen 59, 178  
Hatten, John 100, 101, 115, 178  
Hawes, Elizabeth 40, 178  
Hawkes, Scott 166  
Hawley, Jess 121, 142  
Hazen, John 178  
Hearne, Stelanie 166  
Heck, Christian 48, 65, 142  
Heiges, Ron 65, 142  
Heim, Tiffany 48, 49, 55, 57, 75, 111, 115, 117, 166  
Helms, Pat 115, 178  
Henderson, Dan 66, 85, 176  
Henderson, Lisa 34, 142  
Henderson, Matt 14  
Henderson, Paul 115, 178  
Hendricks, Judy 34, 178  
Hendricks, Kristy 19, 51, 163, 166  
Herke, Fern 51, 166  
Herrin, Tina 90, 91, 111, 178  
Henry, Jennifer 65, 75, 86, 111, 142  
Henry, Kristie 178  
Henry, Shawna 48, 53, 167  
Henson, Travis 178  
Hernandez, Shree 45, 141  
Herman, Darren 100, 167  
Hernandez, Lisa 178  
Hernandez, Robert 85, 178  
Herron, Rhonda 17, 178  
Hess, David 142  
Hess, Laura 49, 178  
Hewman, Mary 59, 178  
Heusser, Scott 178  
Hett, Angela 115, 178  
Hill, Jonathan 142  
Hill, Marceen 178  
Hill, Norma 178  
Hoban, Brett 100, 167  
Lockhart, Tracie 45, 76, 77, 142  
Hodges, Jamie 178  
Hodgins, Heather 60, 178, 179  
Hoerig, Karen 178  
Hoff, Bob 103, 167, 103, 140, 103, 145  
Hogan, Jeff 142  
Hohstadt, Susan 48, 49, 10, 49, 142  
Holanger, Shawna 27, 38, 39, 167  
Hooper, Jennifer 167  
Hoplenspurger, Kristen 167  
Hopkins, Lynda 179  
Hopkins, Steve 142  
Hoppins, Mike 11, 75, 82, 83, 97, 142  
Hoppins, Sherilyn 34, 179  
Hopt, Sheri 179  
Horn, Stephanie 19, 55, 56, 142

Houde, Debbie 167  
Houde, Richard 167  
Houde, Teresa 11  
House, Glen 49, 93, 167  
Howard, Chris 15, 65, 75, 116, 142  
Howard, Cynthia 167  
Howard, Heidi 62, 116, 179, 183  
Howen, Julie 49, 66, 121, 142, 167  
Howle, Jesse 14  
Hudgins, Arnold 142  
Humphrey, Keith 83, 103, 142, 152  
Humphreys, Robert 179  
Hunt, Michael 85, 179  
Hunt, Robert 85, 179  
Hunter, Lue 85, 179  
Hunter, Lisa 59, 178  
Huntington, Leann 116, 14  
Huskinson, Bryan 167  
Husky, Marla 167  
Husky, Melody 179  
Hutchinson, Mondae 53, 135, 142

I

Ikel, Catherine  
Ilett, John 16  
Israel, Kim 19, 96, 87, 111, 179  
Isaac, Melissa 90, 19, 161, 179  
Irish, Stacie 179  
Irwin, Bruce 60, 179  
Irving, Russ 51, 62, 167  
Iverson, Heather 48, 49, 167

J

Jackson, Veronica 179  
Jacobs, Tedd 167  
Jacobsen, Erica 46, 47, 142  
Jacobsen, Jason 85, 179  
Jacobsen, Matt 62, 93, 179  
Jakobsson, Susanne 65, 142  
Jakomeit, Amanda 53, 179  
Jarvis, Brett 167  
Jarvis, Duane 27, 100, 167  
Javernick, Nicole 53, 77, 142  
Jensen, Julie 179  
Jensen, Lori 45, 60, 61, 145  
Jensen, Mark 5, 49, 145  
Job, Jason 41, 179  
Johns, Brent 179  
Johns, Lauri 145  
Johnson, Damion 45, 55, 62, 63, 167  
Johnson, Dana 145  
Johnson, Dara 143, 145  
Johnson, Dean 145  
Johnson, Erica 179  
Johnson, Gary 16  
Johnson, Lola 60, 167  
Johnson, Jeff 120, 121, 179  
Johnson, Jennifer 34, 167, 179  
Johnson, Kenneth 14

Johnson, Kevin 179  
Johnson, Kristine 59, 114, 118, 167  
Johnson, Lauri 45  
Johnson, Paul 74, 75, 83, 143, 145  
Johnson, Phil 74, 75, 83, 45  
Johnson, Ron 59, 167  
Johnson, Sara 41, 48, 39, 49, 69, 18, 167  
Johnson, Shelly 27, 55, 56, 68, 69, 72, 73, 118, 119, 135, 152  
Johnston, Bonnie 47, 179  
Jolley, Sonny 86, 87, 111, 135  
Jones, Angie 113, 167  
Jones, Ceena 179, 166  
Jones, James 167  
Jordan, Kristina 60, 179  
Joshyn, Thomas 46, 179  
Jurnes, Amy 45, 135

K

Kaiser, Jeff 167  
Kaiser, Tony 115  
Kaldenburg, Debbie 57, 75, 80, 167, 171  
Kawatsky, John 179  
Kauffman, Melinda 135  
Keegan, Kevin 83, 145  
Keehan, Jennifer 6, 179, 167  
Keller, Mike 37, 167  
Kelle, Timothy 85, 179  
Kelley, Glenn 78, 167  
Kelley, Tina 167  
Kelley, Vicki 167  
Kelly, Gary 48, 179  
Kelly, Susan 52, 74, 45  
Kelson, Kurt 179  
Kendrick, Bonnie 123, 45  
Kendrick, Eric 79  
Kennon, Chris 45, 77, 145  
Kern, Susan 44, 167  
Kester, Susan 79  
Kettlewell, Christine 65, 70, 145  
Keys, Robin 17, 74, 75, 110, 111, 116, 45  
Kibble, Lisa 43, 60, 65, 167  
Kimmel, Jimmy 66, 84, 85, 179  
King, James 145  
King, Shannon 70, 167  
Kirk, Christopher 179  
Kirk, Heather 179  
Kirk, Kirby 167  
Kirk, Marc 60, 61, 179  
Kirk, Michelle 180  
Klinger, Duane 180  
Knaper, James 180  
Knickerelman, David 180  
Knight, Karin 53, 118, 180  
Knudson, Brett 169  
Kopp, Anthony 169  
Koppes, Charles 145  
Koppes, Michele 111, 114, 180  
Kreihmann, Robin 88, 112, 180  
Kovama, Kevin 53, 180  
Kovama, Philip 45  
Krahnke, Al 80  
Krogstad, Chad 169  
Krogstad, Natasha 20, 49, 53, 135, 145



Katz, Michael 59, 45  
 Keenest, Nicole 180  
 Keldie, Pam 60, 80  
 Kenz, Tris 145  
 Kishima, Rebecca 64, 61, 65, 73, 145  
 Kye, Peggy 52, 145  
 Kynaston, Kim 59, 80, 187

## L

Lakere, Greet 65, 145  
 Lambert, Paul 62, 180  
 Lamont, Mike 160  
 Landis, Michele 145  
 Lane, Eric 85, 88  
 Langenhahn, Paul 145  
 Langhus, Gunnar 66, 160  
 Lara, Julian 59, 160  
 Larsen, R. Jane 59, 180  
 Larson, Arne 145  
 Larson, Curt 69, 180  
 Larson, Kevin 87  
 Larson, Kristine 48, 39, 145  
 Larson, Lorene 62, 160  
 Latta, Andy 80, 83, 145, 195  
 Lauber, Heidi 180  
 Lauber, Kel 115  
 Lawson, Matt 43, 108, 160  
 Leach, Elizabeth 55, 105  
 Leach, Jeffrey 180  
 Leahy, Steve 69  
 Leas, Jonah 180  
 Lee, Dena 180  
 Lee, Pat 104, 160, 74, 75, 80, 83, 103, 148  
 Lee, Tracy 65, 145  
 Lehoucq, Debbie 34, 160  
 Lenz, Julie 59, 80  
 Leslie, Brad 145  
 Levanger, Nathan 66, 89  
 Lewis, Evan 19, 54, 54, 55, 56, 63, 67, 160  
 Lewis, Rachel 60, 160  
 Lewis, Rick 76, 77, 145  
 Lewiston, Marc 76, 77, 145  
 Levsay, Brent 180  
 Lightfield, Darren 180  
 Lightfoot, Evelyn 49, 73, 180  
 Lima, Adrienne 34, 70, 145  
 Lind, Kar 77, 160  
 Linsey, Cameron 145  
 Link, Matt 180  
 Link, Robert 80  
 Link, Tony 145  
 Linseman, Byron 36  
 Little, Charlotte 59, 180  
 Little, Erik 68, 118, 180  
 Little, Rick Lynn 59, 160  
 Liversgood, Kelly 38, 40, 73, 110  
 Ellewellyn, Heather 180  
 Ellewellyn, Richard 123, 144  
 Lloyd, Alison 56, 44  
 Lombard, Roman 46, 37, 38, 39, 40, 140  
 Logan, Doug 53, 66, 145  
 Longsmith, Heidi 69  
 Longsmith, Holly 38, 160  
 Lopez, Diego 160

Lopez, Juana 160  
 Luulow, Ewendyn 180  
 Lundgreen, Kim 180  
 Luther, Russ 103, 145  
 Lutzman, Theron 48, 49, 180  
 Lydum, Joanie 160  
 Lynch, Sean 94, 94, 160  
 Lysne, Craig 62, 63, 160

## M

Mabey, Evan 160, 160  
 MacFarland, Tanya 180  
 Madaris, Susan 66, 160  
 Magnum, Jon 75, 83, 103, 146  
 Malet, Joseph 75, 83, 141, 146  
 Mangum, Jon 75, 103, 113, 116, 160  
 Mankin, Kelly 75, 113, 116, 160  
 Mann, Kevan 41, 48, 49, 53, 65, 66, 160  
 Mansfield, Georgea 180  
 Mauree, Michael 180  
 Marinkowski, Katrina 180  
 Marrow, Steve 180  
 Marsh, Jared 66, 146  
 Marsh, Nathan 180  
 Martinez, Matt 81, 93, 160  
 Mathison, Aiden 146  
 Mathern, Michelle 54, 160  
 Matlock, Dina 36  
 Maurer, Kristal 98, 99, 180  
 Maxwell, Debra 48, 116, 180  
 McAmis, Kimberly 180  
 McCarroll, Jon 180  
 McClish, Lauren 145  
 McConnell, Robert 50, 180  
 McConan, Christy 48, 51, 65, 146  
 McCrene, Jon 85, 80  
 McCutchen, John 68, 160  
 McDaid, Eric 180, 160  
 McDaniel, Kurt 180  
 McLuan, JeNede 41, 48, 160  
 McFarland, Jennifer 66, 180  
 McInnes, Tommy 180  
 McCull, Lynn 180  
 McGinty, Frank 160  
 McKenney, Mick 160  
 McKinnis, Mike 94, 95, 160  
 McLaughlin, Doreen 7, 85, 180  
 McLean, Kathy 160, 160  
 McNeil, Qwanda 160  
 McNeil, Scott 49, 125, 147  
 McNeely, Tomlin 66, 160  
 McPhearson, Stacie 180  
 McPheters, Jennifer 180  
 McPheters, Rebecca 117  
 McWhorter, Michael 83, 180  
 Meade, Sam 75, 117  
 Meekof, Timothy 147  
 Meissner, Brandi 59, 180  
 Melander, Greg 64, 66, 160  
 Melton, Gary 180  
 Menke, Amy 180  
 Merril, Mike 160  
 Mew, Marge 49  
 Meyer, Glenn 160

Meyer, Matt 95, 160  
 Meyers, Kim 116, 180  
 Meyers, Rich 160, 66, 147  
 Michael, Todd 97, 99, 160  
 Middleton, Grant 66, 180  
 Milanowski, Randy 180  
 Mabum, Joy 180  
 Mier, Emily 34, 53, 160  
 Mier, Tracy 160  
 Mills, Dave 160  
 Mills, Tim  
 Mistead, Theresa 147  
 Minas, Jeff 160  
 Moday, Michele 160  
 Modrell, Scott 147  
 Mohr, Doc 33, 91, 174  
 Mohr, Nathan 180  
 Monk, Jeff 160  
 Mooney, Kristen 51, 147, 152  
 Mooney, Mardi 47, 88, 180  
 Moore, Dawn 47, 52, 56, 147  
 Moore, Jim 167  
 Moore, Marcy 6  
 Moore, Mary 45  
 Moore, Nathan 147  
 Moore, Shannon 44, 160, 160  
 Morgan, Kelli 48, 160  
 Morris, Christy 160  
 Morris, Gina 48, 49, 160  
 Morris, Katie 161, 160  
 Morse, Jane 31, 180  
 Mort, Christina 44, 160  
 Mottern, Cheryl 180  
 Mudd, Jim 147  
 Muleck, Mike 12, 43, 49, 54, 65, 66, 67, 68, 75, 115, 140, 121, 147  
 Munoz, Debbie 180  
 Murphree, LaVonna 160  
 Murphy, Matt 160  
 Murphy, Perry 180  
 Murgrove, Gina 6, 64, 118, 125, 160  
 Musser, Troy 160  
 Myers, Karen 53, 66, 147

## N

Nace, Allen 117  
 Nace, Jane 180  
 Naylor, Mery 49, 53, 66, 160  
 Neitzer, Ken 160  
 Nelson, Amy 34, 53, 65, 147  
 Nelson, Elaine 27, 40, 47, 70, 117  
 Nelson, Lance 14  
 Nelson, Christina 117, 113, 180  
 Nelson, Courtney 116, 180  
 Nelson, Julie 180, 187  
 Nelson, Nancy 53, 59, 163, 160  
 Nelson, Shannon 160  
 Nelson, Tony 76, 141, 138  
 Nelson, Travis 8, 14, 180  
 Nelson, Brett 160  
 Newberry, Michelle 180  
 Newby, Greg 148  
 Newham, Julie 160  
 Ney, Karen 160

Ney, Mary 180  
 Nichols, Carlene 34, 59, 160  
 Niederer, Michele 34, 180  
 Nielson, Christopher 59, 180  
 Nielson, Jackie 160  
 Nielson, Tiffanie 38, 39, 51, 63, 118  
 Nielson, Tiffany 34, 34, 70, 148, 160  
 Nishitani, Brad 14, 16, 74, 75, 80, 83, 104, 148  
 Nope, Juanita 160  
 Norris, Nick 59, 173, 180  
 Norton, Kimberly 27, 55, 56, 86, 87, 18, 148

## O

Obenshain, Jason 62, 63, 148  
 Odeh, Lisa 53, 77, 148  
 Olier, Christine 180  
 Olen, Ken 56, 57, 48  
 Olsen, Tom 93, 95, 160  
 Olson, Christopher 48, 39, 40, 148  
 Olson, Lance 180  
 Olson, Sean 180  
 Olson, Stephanie 180  
 Orr, John 148  
 Orr, Sher yn 49, 88, 160  
 Oster, Mike 59, 180  
 Ostrogorsky, Tanya 65, 89, 160  
 Oswald, Ryan 160  
 Oterness, Liz 54, 93, 148  
 Ourada, Margaret 38, 49, 48, 40, 60, 148  
 Ourada, Rachel 180  
 Outlet, Ana 41, 53, 148  
 Outlet, John 34, 48, 180

## P

Packard, Greg 94, 182  
 Packard, Mike 148  
 Panner, Linda 45, 148  
 Pankey, Jeff 64, 148  
 Park, Martin 182  
 Patra, Jason 1330, 97, 114, 115, 111, 110, 5, 13, 32, 65, 110, 100, 114, 111, 97, 1003, 187  
 Parsons, Andrea 182  
 Patchin, Michele 45, 148  
 Patten, Shaun 180  
 Patten, Terry 170  
 Patterson, Race 170  
 Pavcek, Matt 67, 180  
 Pavsek, Tieneko 48, 89, 187  
 Payne, David 66, 70  
 Payne, Jenny 20, 148  
 Pearce, Kathi 64  
 Peck, Rhonda 49  
 Peckham, Andrea 38, 39, 180  
 Pelk, Adam 170  
 Pelletier, Ana 148  
 Pena, Dusty 91, 182

Penz Troy 148  
 Perry, Bretta 182  
 Peters Vicki 45, 148  
 Petersen Jason 84  
 Peterson Kyle 45, 148  
 Peterson Sam 170  
 Peterson Troy 182  
 Petersen, Heinrich 65, 114  
 Pettibon Beth 48, 49, 53, 56, 66, 148  
 Peugh, Denise 148  
 Phillips Dana 59, 170  
 Phillips Ken 182  
 Phillips Tina 182  
 Platt Wes 170  
 Picotti Carol 46, 47, 49, 54, 53, 75, 124, 125, 148  
 Picotti Lynn 54, 182  
 Pigruse, Leslie 68  
 Pierson, Kenneth 182  
 Piacome Chris 47, 124, 148  
 Pickett Travis 170  
 Pitzer Chris 170  
 Plummer Brett 6, 73, 90, 91, 148  
 Poland Bar 170  
 Pluard Amy 84  
 Poole Brandon 170  
 Post Sean 46, 170  
 Potter Eric 182  
 Potter Yun 51, 73, 123, 148  
 Poutson, Chris 47, 48, 148  
 Powers, Brian 46, 47, 148  
 Pratt, Julene 59, 66, 170  
 Pratt Pam 43, 49, 53, 67, 73, 148, 208  
 Preston, Robert 49, 65, 182  
 Prestwich, Kevin 182  
 Price Keira 34, 114, 182  
 Prows, Marty 53, 56, 170  
 Puga, Jodi 47, 182  
 Pullman John 93  
 Puffer Margie 59, 60, 182  
 Puropon Danielle 116, 182  
 Purkerson, Nicole 60, 61, 73, 148  
 Pursley Ben 100, 182  
 Pursley Sara 5, 62, 63, 65, 163, 170

## Q

Quaman, Heidi 60, 61, 170  
 Query Travis 48  
 Quinn, Dana 184  
 Quinn, Terry 148

## R

Radhoro, Bob 83, 151  
 Radowsky Meissa 59, 182  
 Rainey Scott 170  
 Rainford Deann 170  
 Rambo, Debbi 34, 70, 151  
 Ramsrrom Charles 83, 101, 182  
 Randolph Brian 48, 39, 40, 151  
 Rasmussen Leshe 47, 182  
 Rawls, Ivan 182  
 Rayborn, Robbie 38, 39, 47, 170  
 Raybourn, Jennifer 182  
 Rayner Nikki 182  
 Read, Debora 59, 182  
 Reherry Brian 85, 182  
 Recla, Corey 85, 182  
 Recla, Craig 85, 182  
 Reed, David 151  
 Reed, Martha  
 Reed, Matthew 182  
 Reeves, Pam 46, 47, 53, 55, 56, 151  
 Reglin, Tracy 53, 75, 91, 123, 151  
 Rehl, Matthew 151  
 Reich, Paula 59, 170  
 Renk Brian 170  
 Reynolds, Raquel 182  
 Rhine Travis 75, 77, 151  
 Rhoades, John 182  
 Rhoades, Marc 66, 120, 121, 182  
 Rhoades, Amy 182  
 Rhodes, Steve 26, 47, 91, 184  
 Rice, Allen 83, 183  
 Rice Jeff 170  
 Rice Jerry 183  
 Rich, Wendy 184  
 Richardson, Dean 184  
 Richardson John 2, 151  
 Richardson, Michael 151  
 Richardson Scott 184  
 Rico, Oscar 65, 118, 170  
 Riebe Karl 184  
 Riebs, Lisa 59, 170  
 Riley Nancy 59, 77, 170  
 Riley Nikki 184  
 Ringert Beth 28, 44, 70, 170  
 Riple Jim 30, 38, 49, 30, 83, 183  
 Rahell, Mike 3, 34, 68, 115, 135, 151  
 Rat Jeffrey 151  
 Rivera, Devon 170  
 Robb, Tracy 162, 168, 170  
 Roberts Amanda 181, 185  
 Roberts, Chad 170  
 Roberts, Chase 151  
 Robertson Jason 66, 67, 170  
 Robinson, William 43, 5  
 Robinson, Michael 170  
 Robinson, Tim 50, 138, 151  
 Rockwell, James 10, 148  
 Rodgers, Mark 48, 84  
 Rogers, Michael 84  
 Rogers, Lana 184  
 Robin, Marina 53, 118, 184  
 Roark Teresa 59, 151  
 Root Bill 34  
 Roper Josh 184  
 Ropp, Bryan 53, 56, 75, 83, 151  
 Rose Angela 170  
 Rose, Jody 170  
 Rose Michele 170  
 Rose Troy 103, 151, 83, 93, 103, 135  
 Ross Jennifer 184  
 Ross, Lona 38, 39, 151  
 Russiter Deryk 170  
 Rose Kelly 184  
 Rounsavel, Nicole 67  
 Rowel Diane 170  
 Rowland, Michelle 59, 60, 171, 113, 135, 151  
 Roy Grant 66, 132, 151

Roy, Jennifer  
 Ruby, Tom 183  
 Rudd, Timothy 183  
 Rue Kim 54, 77, 170  
 Rundle M  
 Russell, Shane 48, 80, 171  
 Russell, Vickie 171  
 Rutrick Mike 85, 60, 171, 11  
 Ryan, Grant

## S

Samer Joe 88, 151  
 Sanchez Maria 183  
 Sanchez Siva 34, 70, 183  
 Sanders, Camille 183  
 Sanders, Nicole 86, 88, 151  
 Sanders, Robert 170  
 Sanford Amy 163, 171  
 Santos, Todd 46, 47, 53, 65, 125, 171  
 Sasser, Andrea 17, 151  
 Savage Tasha 26, 46, 47, 49, 60, 86, 151, 191  
 Sawyer Karen 62, 183  
 Saxton, Christine 48, 88, 183  
 Saxton, Mark 171  
 Shona, Matt 27, 54, 55, 56, 151, 194  
 Scaraglino, Sean 66, 171  
 Schafer, Shari 198, 151  
 Schaeffer Jeff 53, 171  
 Schietelbein, Barbara 171  
 Schiers, Teresa 171  
 Schiff, Alisa 184  
 Schilling John 183  
 Schilling, Tamarla 77, 171  
 Schulz, Elizabeth 183  
 Schlag, Christa 45, 151  
 Schmidt, Dieder 151  
 Schneider Pat 38, 40, 171  
 Schoenwald Lori 65, 171  
 Schomberg Diana 46, 47, 151  
 Schone, Derek 48, 171  
 Schneider, Ker 84  
 Schubert Tom 1  
 Scott, Tammy 171  
 Seavie, Michele 48, 39, 171, 151  
 Scruggs, Dawn 38, 39, 73, 183, 135, 151  
 Scruggs, Staci 48, 39, 45  
 Seasse, Steven 75, 115, 151  
 Sechrist, Jason  
 Seifert, Wendy 86, 151  
 Seideman, Paul 59, 18  
 Senkbeil, Bethany 34, 184  
 Sevier, Duane 64  
 Sevier, Stelli 53, 17  
 Sewell, Christa 44  
 Sewell, Kathy 89, 117, 118, 183, 145, 151  
 Shaffer, Natalie 60, 184  
 Sharp, Tammy 171  
 Shaver, Darrell 151  
 Shaw Mike 60, 85, 122, 181  
 Sheesley Eric 2, 53, 68, 115, 151  
 Sheets, Ronni 184  
 Shepard Penny 59, 103, 74, 184, 145, 151  
 Shinn Jeff 17  
 Shippy, Patrick 152  
 Shrivetick, Darcy 77, 151  
 Shoecraft Brian 184  
 Shrum, Laurie 184  
 Siciliano, Jason 184  
 Sieber, Joe 184, 12, 115, 183, 135, 151  
 Siggelkow, Gary 152, 155  
 Simon, Matt 170  
 Simmons, Terry 118, 181  
 Simon, Melissa 170  
 Simpson, Sarah 44, 170  
 Sims, Jerry 184  
 Singer, Rosanne 116, 17  
 Sade, Kevin 51



SHOWING THEIR DISAPPROVAL of the other team, the Capital fans make use of Sunday papers.

Slaughter Scott 184  
 Smart Lisa 45 152  
 Smith Anthony 184  
 Smith Brett 100, 121, 171  
 Smith Bryan 184  
 Smith Dennis 85 184  
 Smith Jesse 38, 39, 184  
 Smith Julie 55, 56, 149, 152  
 Smith Kazene 34, 70, 162, 172  
 Smith Kim 172  
 Smith Mark 184  
 Smith Michelle 53, 61, 68, 69, 157  
 Smith Ruth 184  
 Smith Scott B 97, 143, 152  
 Smith Scott D 49, 97, 121  
 Smith Shari 77 184  
 Smith Susan 184  
 Snout Willie 121, 184  
 Sneaker Sandra 45, 62, 152  
 Spahr Stacie 30, 38, 39, 40, 184  
 Speizer Jeremy 120, 184  
 Spencer Gary 84  
 Squires Vicki 49 184  
 St Michel Eric 97, 172  
 St Michel Robert 100, 184, 113, 184, 155, 151  
 Stack Dean 48, 49, 152  
 Stalman Steve 20, 27, 46, 47, 162  
 Stalaker Dan 49  
 Standlee Paige 66, 126, 127, 184, 35, 151  
 Standley Donald 184  
 Standley Eric 46, 47, 96, 152  
 Standley Robert 113, 172  
 Stanfield Scott 172  
 Stanger Tom 77, 152  
 Stanley Tamara 184  
 Stans Erica 60, 184  
 Stapley Susan 184  
 Starke Carrie 77, 172  
 Steele Annie 66, 184  
 Steele Gerald 184  
 Stephens Bryan 152  
 Stevens Brigid 172  
 Stoler Barbara 154  
 Stolp Randy 172  
 Storm Tracie 184  
 Stone Jonathan 34, 144, 154  
 Stowel Timothy 154  
 Streeby David 184  
 Strey Cand 154  
 Strobe Jason 53, 65, 67, 77, 154  
 Strathers Jan 56, 60, 61, 76, 77, 116, 141, 154  
 Struthers Nicole 59, 60, 112, 184  
 Swan Kenneth 64, 172  
 Swanson Kyna 61, 44, 70, 154  
 Swarthout Jim 154  
 Swartly David 65, 83, 84  
 Swearingen Stacy 184  
 Sweeten Nicole 172  
 Swinde Mike 68, 80, 83, 94, 121, 154  
 Syes Dan 172  
 Symonds Fred 172

## T

Tadlock Helen 184  
 Tadlock Stephen 154  
 Tancon Lisa 184  
 Taylor Anne 49, 52, 172  
 Taylor David 118, 126, 177, 184, 135, 151  
 Taylor Jerry 172  
 Taylor John 118, 184  
 Taylor John M 91, 184  
 Taylor Tonne 154  
 Teeter Garth 46, 47, 172  
 Teeter Melinda 47, 154  
 Tegnell Lisa 73, 76, 77, 154  
 Tenne Tony 47, 184  
 Terry William 172  
 Thacker Tammy 184  
 Thieson Todd 49, 53, 67, 69, 172  
 Thistewood Jerad 56, 172  
 Thomas Bersv 184  
 Thomas Mike 115, 184, 187  
 Thomas Tony 16, 64, 76, 83, 154, 151  
 Thomas Troy 184  
 Thompson Johanna 38, 39, 184  
 Thompson Raymond 75, 154  
 Thornburg Jenny 38, 39, 40, 154  
 Thorne Tony 100, 122, 123, 184  
 Thomson Sean 172  
 Thrupp Susan 184  
 Tier Kichelle 184  
 Tippetts Kim 49, 172  
 Tippetts Troy 154  
 Tipton Mike 172  
 Toal Katrina 172  
 Todd Arnie 113, 184  
 Todd Preston 42, 43, 51, 75, 90, 85, 154  
 Todhunter Lisa 38, 39, 47, 154  
 Toney Tina 56, 60, 154  
 Touman Jim 20, 55, 56, 154  
 Touman William 172  
 Torrey Kevin 19, 55, 132, 154  
 Toshcotti Brian 83, 154  
 Tracy Shannon 47, 172  
 Treasure Bobbie 46, 47, 184  
 Trees Aiana 44, 70, 172  
 Treng Jovlynn 38, 39, 184  
 True Shane 172  
 Turner David 97, 98, 172  
 Turner Tracy 154  
 Tweedy Lytina 49, 184  
 Tylnski Chad 172

## U

Uren Michelle 54, 55, 56, 138, 154  
 Uzzie Bev 172

## V

Van Dyck Leah 49, 172  
 Vermeulen Teresa 47, 59, 172  
 Vitale John 184  
 Volney 75, 113, 154

Voss Christine 184  
 Voss Cynthia 184  
 Vott Stephen 172  
 Voyles Barbara 184

## W

Waddel James 80, 172  
 Walker Glenn 94, 184  
 Walker Jeff 115, 154, 206  
 Walker John 184  
 Walker Julie 44, 56, 70, 172  
 Walker Shannon 55, 56, 75, 83, 103, 154  
 Wall Jonathon 48, 55, 56, 65, 67, 172  
 Wallace Mike 172  
 Walsh Ken 62, 83, 154  
 Walsh Michelle 172  
 Walsh Mike 118, 184  
 Walsh Paul 85, 184  
 Waters Alison 49, 53, 59, 172  
 Waters Laura 172  
 Waton Erich 16, 154  
 Waton Lynn 172  
 Ward Can 112, 114, 184  
 Ward Dante 172  
 Ward Layne 90, 91, 172  
 Ward Sasha 38, 39, 118, 172  
 Wardle Brent 93, 184  
 Wardle Brian 85, 92, 93, 184, 185  
 Wardle Ron 2, 19, 75, 83, 92, 93, 154  
 Wardle Tami 48, 55, 65, 67, 69, 70, 154  
 Wardle Teri 112, 184  
 Ware Debbie 184  
 Warnock Scott 184  
 Watt James 38, 40, 40, 41, 184  
 Warren Ned 154  
 Watkins Melissa 48, 54, 64, 74, 75, 78, 111, 118, 155  
 Watt Deran 98, 99, 172  
 Weathers Bev 184  
 Weaver Kent 184  
 Weber Angie 38, 40, 49, 172  
 Weber Brett 184  
 Weidner Melanie 59, 184  
 Weiden Ron 184  
 Welsh Cary 49, 172  
 Welsh James 85, 184  
 Westover Kim 19, 34, 70, 71, 155  
 Whale Cheryl 172  
 White James 155  
 Whiteman Amy 53, 184  
 Whitney Holly 60, 77, 172  
 Wiedel James 184  
 Wiedle John 93  
 Wiens Mark 45  
 Wilbur Martie 53, 60, 172  
 Wilde Ken 172  
 Wilde Lynn 184  
 Willey Davynn 48, 184  
 Williams Eric 91, 155  
 Williams Karana 91, 172  
 Williams Kory 77, 172  
 Williams Ricks 67, 91, 155  
 Williams Tammy 172  
 Williams Todd 27, 55, 56, 100, 172

Williamson John 184  
 Williamson Ladd 56, 172  
 Wilson David 184  
 Wilson Heidi 184  
 Wilson Jason 38, 39, 40, 172  
 Wilson Kory 172  
 Wilson Laron 118, 165, 172  
 Wilson Tracee 59, 172  
 Winton John 172  
 Windley Bill 184  
 Winget Robert 184  
 Winkler Justin 184  
 Winn Richard 85, 121, 184  
 Winslow Kevin 47, 184  
 Winick Michele 36, 38, 39, 53, 56, 57, 155  
 Winick Scott 172  
 Wolf Julie 34, 53, 70, 162, 172  
 Wolt Tag 172  
 Wote Avon 186  
 Wong Ray 186  
 Wood Donna 155  
 Wood James 62, 172  
 Wood Jonathon 38, 39, 172  
 Wood Melanie 186  
 Wood Ron 103, 172  
 Wood Shannon 172  
 Wood Steve 172  
 Wood Theresa 27, 46, 47, 53, 55, 56, 157  
 Wood Thomas 172  
 Woodall Stacy 48, 155  
 Woodward William 85, 186  
 Word James 155  
 Work Karen 38, 49, 86  
 Workman June 34, 49, 65, 155  
 Wray Willie 172  
 Wrhel Martina 186  
 Wright Donald 186  
 Wrett Harmony 172

## X

## Y

Yates Aaron 184  
 Yates Marrie 155  
 Yoder John 186  
 Young Craig 48, 114, 115, 155  
 Young Danielle 65, 172  
 Young Frank 38, 39, 40, 172  
 Young Jeff 38, 39, 64, 115, 172  
 Young Julie 60, 186  
 Young Ronnie 172  
 Young Trent 47, 48, 186  
 Yursa Shawndel 34, 49, 53, 65, 70, 71, 172

## Z



Zachreson, M. Kenneth 54, 96  
Zachreson, Rachel 54, 77, 79, 82, 83, 84, 87  
Zachreson, Sarah 80, 85  
Zachreson, David 81, 84, 87  
Zachreson, Susan 87  
Zachreson, David 87

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*Special Thanks to:* Dave Boehlke, The Statesman. All the parents of these staff members. The Pratt Family.

# "Our Own Dear Capital"

All our pleasures, all our trials  
All our victories so grand  
We have shared them here at our school  
It's the best in all the land  
It's the place we'll ever cherish  
It's the place we all love well  
It's our own dear Alma Mater  
Our own dear Capital

We are proud to wear the colors  
Of our silver and our gold  
We are proud to be the Eagles  
Who are always strong and bold  
We will strive to keep our spirit  
Ever soaring ever high  
That our school may be the finest  
Our dear Capital. -Bert Burda



GOING OFF IN THEIR own directions students  
have for home - must be ready for tomorrow



STANDING PROUD Jeff Walker receives a new  
award for his graduation class



THE INSIDE CAP AREA OF THE  
CAPITOL



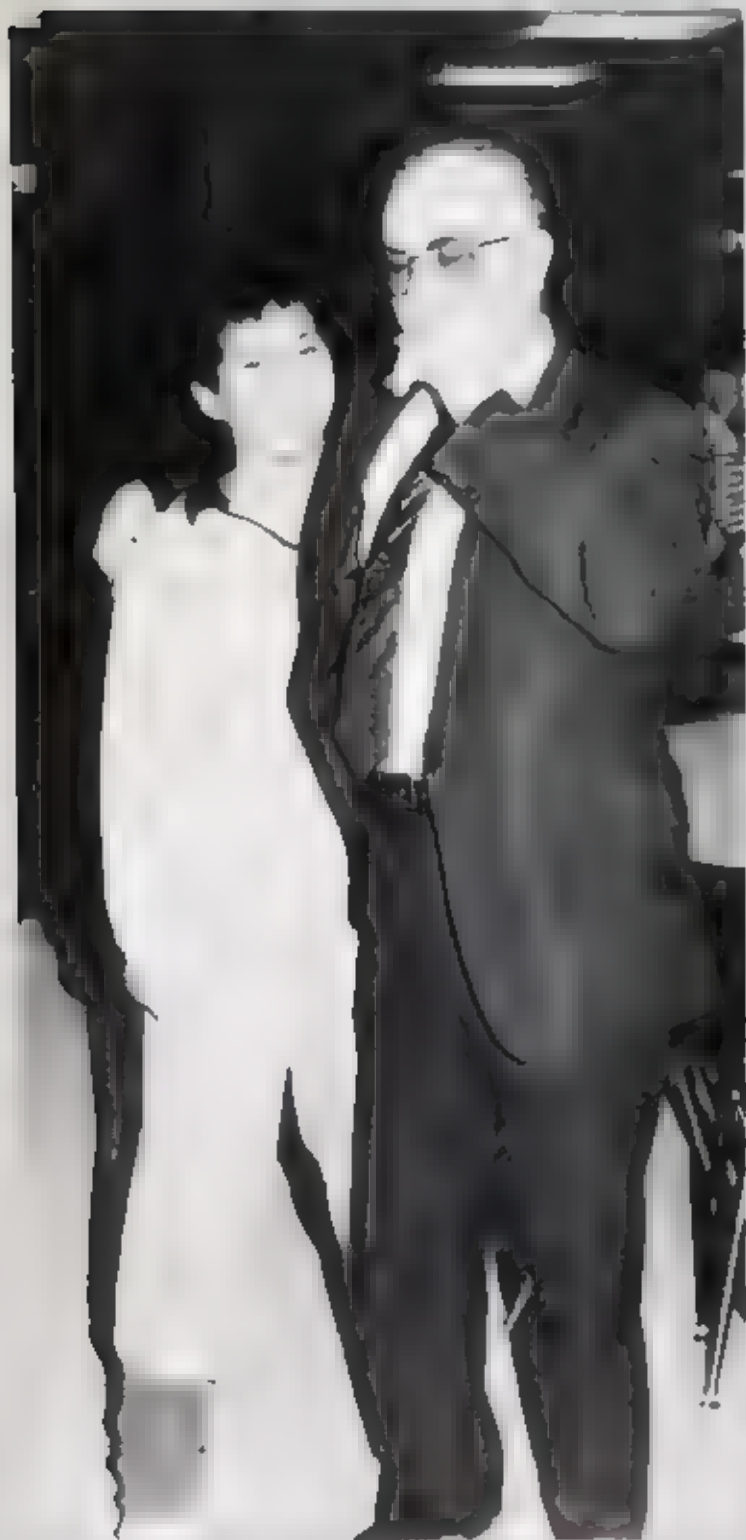
THE CAPITOL INSPIRES great pride as does our  
own Capita

BEHIND THIS SIGN ma ~~CHANGES~~ SAVE THE  
EARTH



*After months of fun, frustration and just plain hard work the memories are*  
*Preserved for a Lifetime*

DURING LUNCH, Mr. Johnson says that the food bar he is eating is as sweet as the memories.



Twenty years from now if you look back at this book and a few memories return, we have been successful. I can think of at least 1,500 people who deserve a ton of thanks but, for lack of space I can only thank those who contributed directly to production

- Herft Jones for completing the final product
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  - My family for all their support
- Also I'd like to thank the student body for allowing me to edit their yearbook and I'd like to wish the Senior Class good luck in all their endeavors for I have grown to love them

Thanks  
 Pamela E. Pratt



ONE LONE SOUL lingers behind as the hall's empty for Christmas vacation

**CAPITAL**  
*One Word Says It All*









Matt,  
been pretty  
fucking cool and all  
been great in PK.  
Call man ones will go to  
a Porter Gerald  
322-0603

Matt deal -  
Hasn't English been just too  
fun? But, hey, at least  
you, Kelly + I got to  
help you "choose your  
women"! Have some  
summer and be  
good! Amanda

Matt,  
It's been  
one massive  
party this year!  
It's gonna be  
better next  
year!  
Party  
happy  
13C 01

"I"  
"WANT TO"  
"BE A COWBOY"

Matt,  
It's been great havin' ya  
sit next to me in Vander-ass!  
Take care of your "wild woman".  
I sure hope you get to drive  
your camaro some day.  
Have a fun, fucking  
radical summer  
and I hope to see  
you at a party.  
Love Kelly Koyama

"LET'S GO ALL THE WAY"

Matt,  
It was great having  
ya. We are gonna have  
to get fucked up some  
times. See ya soon.  
crowd  
323-0898  
Rhonda  
Dean

John  
Fucking  
Dean  
Love  
Kelly  
Koyama  
323-0898  
Rhonda  
Dean

